

Contents

<i>Foreword by Yvonne Crichton-Hill</i>	vii
<i>Figures and tables</i>	x
<i>About the authors</i>	xi
<i>Preface</i>	xiii
<i>Acknowledgements</i>	xvii

1	Social work knowledge, theory and practice	1
2	Frameworks, models and practice	24
3	Systems theories: Ecological and crisis intervention approaches	47
4	Onion-peeling theories: Psychodynamic and person-centred approaches	72
5	Faulty-engine theories: Behavioural, cognitive behavioural and mindfulness approaches	98
6	Story-telling theories: Strengths-based, narrative and solution-focused approaches	120
7	Mountain-moving theories: Feminist, Indigenous and anti-oppressive approaches (with contribution by Shawana Andrews)	140
8	Reflective practice and theory	164
	Concluding thoughts	179