

Contents

<i>Foreword</i>	ix
<i>Preface</i>	xi
<i>List of Abbreviations</i>	xiv
Part I General Principles	1
1. Core Concepts of Good Psychopharmacology	3
2. Targets of Treatment: Categories versus Dimensions of Psychopathology	25
3. Interpreting and Using the Literature: Integrating Evidence-Based Trials with Real-World Practice	47
4. Placebo and Nocebo Effects	73
5. Tailoring the Fit: Moderators and Mediators of Treatment Outcome	89
6. Complex Regimens and Rationale-Based Combination Drug Therapies	107
7. Laboratory Values and Psychiatric Symptoms: What to Measure, What Not to Measure, and What to Do With The Results	129
8. Pharmacogenetics: When Relevant, When Not	149
9. Cross-tapering and the Logistics of Drug Discontinuation	169
10. Managing Major Adverse Drug Effects: When to Avoid, Switch, or Treat Through	192
11. Novel Drug Therapeutics: Nutraceuticals, Steroids, Probiotics, and Other Dietary Supplements	221
12. Human Diversity and Considerations in Special Populations	244
Part II Targets of Pharmacotherapy	279
13. Disordered Mood and Affect	281
14. Disorders of Impulsivity, Compulsivity, and Aggression	333
15. Psychosis	353
16. Deficit States and Negative Symptoms	389
17. Anxiety	400
18. Addiction and the Reward Pathway	425
19. Trauma and Post-traumatic Stress Disorder	447
20. Personality Disorders and Traits	465
21. Cognition	485
22. Putting it All Together	500
<i>References</i>	508
<i>Index</i>	568