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Psychopathology

Carter's *Psychopathology* is an accessible, engaging, and well-organized text covering the study, understanding, diagnosis, treatment, and prevention of psychological disorders. Fully integrating gender and culture in the presentation of mental disorders, and using sensitive and inclusive language to encourage an empathic approach to psychopathology, this introductory textbook offers students a strong foundation of the socio-cultural factors influencing how we treat mental disorders. Featuring boxes such as "the power of words," promoting the use of respectful, empathic language, and "the power of evidence," demonstrating that scientific evidence can answer questions about psychopathology treatments; real-world case studies and examples; "concept checks" questions to test the student's mastery of the material covered in each section; chapter summaries listing the "take-home" points discussed; and key terms and glossary highlighting terms that students will need to understand and become familiar with, this textbook provides a hands-on approach to the study of psychopathology.

KENNETH CARTER is Charles Howard Candler Professor of Psychology and interim Dean at Oxford College of Emory University, where he teaches introductory courses in psychopathology as well as advanced courses in clinical psychopharmacology, research methods, and personality. Before joining the Oxford College faculty in 1994, Carter served as a senior assistant research scientist in the Centers for Disease Control and Prevention's prestigious Epidemic Intelligence Service, with a research focus on smoking as a risk marker for suicidal behaviors in adolescents. He has published extensively in both academic and lay publications, actively engaging in the translation of research in psychology into everyday language. His articles have been published in magazines such as *Psychology Today* and *Women's Health*, and he has appeared on programs such as *CNN Tonight* and NBC's *Today* show and hosted NBC's *Mind of a Motorhead*. His most recent book is *Buzz! Inside the Minds of Thrill-Seekers, Daredevils, and Adrenaline Junkies* (Cambridge University Press, 2019).

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Psychopathology

Understanding Psychological Disorders

Kenneth Carter

Oxford College, Emory University



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> To my clinical supervisors and clients who helped me understand the world through the experiences of others.

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