CHAPTER 1
A Grand Tour of the Heavens

AIMS
1. Survey the Universe and the methods astronomers use to study it (Sections 1.1, 1.2, and 1.4).
2. Learn the measurement units used by astronomers (Section 1.1).
3. See how the sky looks in different seasons (Section 1.3).
4. Understand the value of astronomy to humans (Section 1.5).
5. Assess the scientific method and show how pseudoscience fails scientific tests (Sections 1.6 and 1.7).

ORIGINS
We comment on “Origins” and “Structure and Evolution” as organizing themes.

Astronomy is in a golden age, filled with the excitement of new discoveries and a deeper understanding of the Universe, our home—and what an enthralling universe it is! We have explored all the planets in the Solar System, revealing an astonishingly wide variety of terrains and moons. We have realized that there are even more dwarf planets, not to mention hundreds of thousands of smaller objects in our Solar System. We have discovered planets orbiting other stars, increasing our confidence that life exists elsewhere. We have solved many of the mysteries surrounding stellar birth and death, revealing among other things how the chemical elements inside our bodies, like calcium and oxygen, formed inside stars. With the Hubble Space Telescope, the Chandra X-ray Observatory, and other space telescopes, we are examining galaxies shortly after their birth, deducing important clues to the origin and evolution of our own Milky Way Galaxy. When we refer to our Milky Way Galaxy, we say “our Galaxy” or “the Galaxy” with an uppercase “G.” When we refer to other galaxies, we use a lowercase “g.”

We have witnessed explosions of stars three-quarters of the way across the visible Universe whose power is so tremendous that it rivals a galaxy containing 100 billion normal stars. Indeed, we are lucky that none has recently occurred too close to Earth, for we wouldn’t survive. We have detected black holes—strange objects whose gravitational pull is so strong that nothing, not even light, can escape. We have found strong evidence that what we thought was “empty space” actually contains a dark, gravitationally repulsive kind of energy that is causing the Universe to expand faster and faster with time. The origin of this “dark energy” is a complete mystery, but an understanding of it may revolutionize physics. Most recently, we have detected gravitational waves, an entirely different type of energy than the particles or gamma rays/x-rays/ultraviolet/visible/infrared/radio so-called “electromagnetic waves” that we have, up to now, used to study our Universe.

The study of astronomy enriches our view of the Universe and fills us with awe, increasing our appreciation of the Universe’s sheer grandeur and beauty. We hope that your studies will inspire you to ask questions about the Universe all around us and show you how to use your detective skills to search for the answers. Get ready for a thrilling voyage unlike any that you’ve ever experienced!
1.1 PEERING THROUGH THE UNIVERSE: A TIME MACHINE

Astronomers have deduced that the Universe began almost 14 billion years ago. Let us consider that the time between the origin of the Universe and the year 2019, or 14 billion years, is compressed into one day. If the Universe began at midnight, then it wasn’t until slightly after 4 p.m. that Earth formed; the first fossils date from 6 p.m. The first humans appeared only 2 seconds ago, and it is only $\frac{1}{500}$ second since Columbus landed in America. Still, the Sun should shine for another 9 hours; an astronomical timescale is much greater than the timescale of our daily lives (Fig. 1–1).

One fundamental fact allows astronomers to observe what happened in the Universe long ago: light travels at a finite speed, 300,000 km/s (equal to 186,000 miles per second), or nearly 10 trillion km per year. As a result, if something happens far away, we can’t know about it immediately. Light from the Moon takes about a second to reach us (1.3 seconds, more precisely), so we see the Moon as it was roughly one second ago. Light from the Sun takes about eight minutes to reach us. Light from the nearest of the other stars takes over four years to reach us; we say that it is over four “light-years” away. Once we look beyond the nearest stars, we are seeing much farther back in time (see Figure It Out 1.1: Keeping Track of Space and Time).

The Universe is so vast that when we receive light or radio waves from objects across our home, the Milky Way Galaxy (a collection of hundreds of billions of stars bound together by gravity), we are seeing back tens of thousands of years. Even for the most nearby other galaxies, light has taken hundreds of thousands, or even millions, of years to reach us. And for the farthest known galaxies, the light has been traveling to us for billions of years. New telescopes on high mountains and in orbit around Earth enable us to study these distant objects much better than we could previously. When we observe these farthest objects, we see them as they were billions of years ago. How have they changed in the billions of years since? Are they still there? What have they evolved into? The observations of distant objects that we make today show us how the Universe was a long, long time ago – peering into space, we watch a movie of the history of the Universe, allowing us to explore and eventually understand it.

Building on such observations, astronomers use a wide range of technology to gather information and construct theories to learn about the Universe, to discover what is in it, and to predict what its future will be. This book will show you how we look, what we have found, and how we interpret and evaluate the results.

1.2 HOW DO WE STUDY THINGS WE CAN’T TOUCH?

The Universe is a place of great variety – after all, it has everything in it! At times, astronomers study things of a size and scale that humans can easily comprehend: the planets, for instance. Most astronomical objects, however, are so large and so far away that we have trouble grasping their sizes and distances. Many of these distant objects are fascinating and bizarre – ultra-dense pulsars that spin on their axes hundreds of times per second, exploding stars that light up the sky and incinerate any planets around them, giant black holes with a billion times the Sun’s mass.
Throughout this book, we shall generally use the metric system, which is commonly used by scientists. The basic unit of length, for example, is the meter, which is equivalent to 39.37 inches, slightly more than a yard. Prefixes are used (Appendix 1) in conjunction with the word “meter,” whose symbol is “m,” to define new units. The most frequently used prefixes are “milli-,” meaning $\frac{1}{1000}$, “centi-,” meaning $\frac{1}{100}$, “kilo-,” meaning 1000 times, and “mega-,” meaning one million times. Thus 1 millimeter is $\frac{1}{1000}$ of a meter, or about 0.04 of an inch, and a kilometer is 1000 meters, or about $\frac{3}{10}$ of a mile.

As we describe in Figure It Out 1.2: Scientific Notation, we keep track of the powers of 10 by which we multiply 1 m by writing the number of tens we multiply together as an exponent; 1000 m (1000 meters), for example, is $10^3$ m, since 1000 has three zeros following the 1 and thus represents three tens multiplying each other.

The standard symbol for “second” is “s,” so km/s (or km s$^{-1}$) is kilometers per second. Astronomers measure mass in kilograms (kg), where each kilogram is $10^3$ grams (1000 g).

We can keep track of distance not only in the metric system but also in units that are based on the length of time that it takes light to travel. The speed of light is, according to Einstein’s special theory of relativity, the greatest speed that is physically attainable for objects traveling through space. Light travels at 300,000 km/s (186,000 miles/s), so fast that if we could bend it enough, it would circle the Earth over 7 times in a single second. (Such extreme bending takes place only near a black hole, though; for all intents and purposes, light near the Earth goes straight.)

Even at that fantastic speed, we shall see that it would take years for us to reach the stars. Similarly, it has taken years for the light we see from stars to reach us, so we are really seeing the stars as they were years ago. Thus, we are looking backward in time as we view the Universe, with distant objects being viewed farther in the past than those nearby.

The distance that light travels in a year is called a light-year; note that the light-year is a unit of length rather than a unit of time even though the term “year” appears in it. It is equal to $9.53 \times 10^{12}$ km (nearly 10 trillion km) – an extremely large distance by human standards.

A “month” is an astronomical time unit, based on the Moon’s orbit, and a “year” is an astronomical time unit, based on the Earth’s orbit around the Sun. The measurement of time itself is now usually based on processes in atoms, which are used to define the second. So the second from atomic timekeeping is slightly different from the second that we think of as a sixtieth of a minute, which is a sixtieth of an hour, which is a twenty-fourth of a day, which is based on the rotation of Earth on its axis. For some purposes, weird stars called pulsars keep the most accurate time in the Universe. In this book, when we are talking about objects billions of years old, it won’t matter precisely how we define the second or the year.

In astronomy, we often find ourselves writing numbers that have strings of zeros attached, so we use what is called either scientific notation or exponential notation to simplify our writing chores. Scientific notation helps prevent making mistakes when copying long strings of numbers, and so aids astronomers (and students) in making calculations.

In scientific notation, which we use in A Closer Look 1.1: A Sense of Scale, included in this chapter, we merely count the number of zeros, and write the result as a superscript to the number 10. Thus the number 100,000,000,
In addition to taking photographs of celestial objects, astronomers break down an object’s light into its component colors to make a spectrum (see Chapter 2), much like a rainbow (Fig. 1–2). Today’s astronomers, thanks to advances in telescopes and in devices to detect the incoming radiation, study not only the visible part of the spectrum, but also its gamma rays, x-rays, ultraviolet, infrared, and radio waves. We use telescopes on the ground and in space to observe astronomical objects in almost all parts of the spectrum. Combining views in the visible part of the spectrum with studies of invisible radiation gives us a more complete idea of the astronomical object we are studying than we could otherwise have (Fig. 1–3). Regardless of whether we are looking at nearby or very distant objects, the techniques of studying in various parts of the spectrum are largely the same.

The tools that astronomers use are bigger and better than ever. Giant telescopes on mountaintops collect visible light with mirrors as large as 10 meters across, and with still larger telescopes under construction or planned (Fig. 1–4). Up in space, above Earth’s atmosphere, the Hubble Space Telescope sends back very clear images (Fig. 1–5), and we await the launch in 2021 of NASA’s James Webb Space Telescope, larger than Hubble and with extended infrared capability. Many faraway objects are seen as clearly with Hubble as those closer to us appear with most ground-based telescopes. This accomplishment enables us to study a larger number of distant objects in detail. (But ground-based astronomers have developed methods of seeing very clearly, too, over limited areas of the sky in certain parts of the spectrum.) The Chandra X-ray Observatory produces clear images of a wide variety of objects using the x-rays they emit (Fig. 1–6).

a 1 followed by eight zeros, is written \(10^8\). The superscript is called the exponent. (In spreadsheets, such as Microsoft Excel, the exponent is written after a caret, \(^\wedge\), as in \(10^8\).) We also say that “ten is raised to the eighth power.”

When a number is not an integer power of 10, we divide it into two parts: a number between 1 and 10, and an integer power of 10. Thus the number 3645 is written as \(3.645 \times 10^4\). The exponent shows how many places the decimal point was moved to the left.

We can represent numbers between zero and one by using negative exponents. A minus sign in the exponent of a number means that the number is actually one divided by what the quantity would be if the exponent were positive. Thus \(10^{-2} = \frac{1}{100} = 0.01\). As a further example, instead of working with 0.00256, we would move the decimal point three places to the right and write \(2.56 \times 10^{-3}\).

Powers of 1000 beyond kilo- (a thousand) are mega- (a million), giga- (a billion), tera- (a trillion), peta-, exa-, zetta-, and yotta-. It has been suggested, not entirely seriously, to use groucho- and harpo- after two of the Marx Brothers, for the next prefixes.
1.3 FINDING CONSTELLATIONS IN THE SKY

When we look outward into space, we see stars that are at different distances from us. But our eyes don’t reveal that some stars are much farther away than others of roughly the same brightness. People have long made up stories about groups of stars that appear in one part of the sky or another. The major star groups are called constellations. These constellations were given names, occasionally because they resembled something (for example, Scorpius, the Scorpion), but mostly to honor a hero or other subject of a story.

The International Astronomical Union put the scheme of constellations on a definite system in 1930. The sky was officially divided into 88 constellations (see Appendix 6) with definite boundaries, and every star is now associated with one and only one constellation. But the constellations give only the directions to the stars, and not the stars’ distances. Individual stars in a given constellation generally have quite different distances from us (Fig. 1–7); these stars aren’t physically associated with each other, and they were born at different times and locations.

Thus, the constellations show where things appear to be in the sky, but not what they are like or what they are made of. In most of this book, you will study the “how and why” of astronomy, not merely where things are located or what they are called. Still, it can be fun to look up at night and recognize the patterns in the sky. Only starting in 2016 has the International Astronomical Union been systematically naming stars, based on the advice of a committee on which one of us (J.M.P.) serves, following the naming of a few dozen exoplanets and the stars they orbit the preceding year, after a worldwide popular submission of naming possibilities.

Some groupings of stars are very familiar to many people but are not actually constellations. These configurations, made of parts of one or more constellations, are known as asterisms. The Big Dipper, for
1.3a The Autumn Sky

As it grows dark on an autumn evening, you will see the Pointers in the Big Dipper – the two end stars – point upward toward Polaris. Known as the “north star,” Polaris is not one of the brightest or nearest stars in the sky, but it is well known because it is close to the direction of the celestial north pole. As we will see in Chapter 4, that means it uniquely appears almost motionless in the sky throughout the night and provides a bearing that can help you get safely out of the woods. Almost an equal distance on the other side of Polaris is a “W”-shaped constellation named Cassiopeia (Fig. 1–8). In Greek mythology, Cassiopeia was married to Cepheus, the king of Ethiopia (and the subject of the constellation that neighbors Cassiopeia to the west). Cassiopeia appears sitting on a chair.

As we continue across the sky away from the Pointers, we come to the constellation Andromeda, named for Cassiopeia’s daughter in Greek mythology. In Andromeda, on a very dark night you might see a faint, hazy patch of light; this is actually the center of the nearest...
Finding constellations in the Sky

large galaxy to our own, and it is known as the Andromeda Galaxy. Although at about 2.4 million light-years away it is one of the nearest galaxies to us, it is much farther away than any of the individual stars that we see in the sky, since they are all in our own Milky Way Galaxy.

Southwest in the sky from Andromeda, but still high overhead, are four stars that appear to make a square known as the Great Square of Pegasus. One of the corners of this asterism is actually in the constellation Andromeda.

If it is really dark outside (which probably means that you are far from a city and also that the Moon is not full or almost full), you will see the hazy band of light known as the “Milky Way” crossing the sky high overhead, passing right through Cassiopeia. This dim band with ragged edges, which marks the plane of our disk-shaped galaxy (see Chapter 16), has many dark patches that make rifts in its brightness.

Moving southeast from Cassiopeia, along the Milky Way, we come to the constellation Perseus; he was the Greek hero who slew the Medusa. (He flew off on Pegasus, the winged horse, who is conveniently nearby in the sky, and saw Andromeda, whom he saved.) On the edge of Perseus nearest to Cassiopeia, with a small telescope or binoculars we can see two hazy patches of light that are really clusters of hundreds of stars called “open clusters,” a type of grouping we will discuss in Chapter 11. This “double cluster in Perseus,” also known as h and χ (the Greek letter “chi”) Persei, provides two of the open clusters that are easiest to see with small telescopes. (They already appeared in Figure 1–3.) In 1603, Johann Bayer assigned Greek letters to the brightest stars and lowercase Latin letters to less-bright stars (Fig. 1–9), but in this case the system was applied to name the two clusters as well.

Along the Milky Way in the other direction from Cassiopeia (whose “W” is relatively easy to find), we come to a cross of bright stars directly overhead. This “Northern Cross” is an asterism marking part of the constellation Cygnus, the Swan (Fig. 1–10). In this

Star Party 1.1 Using the Sky Maps

Because of Earth’s motion around the Sun over the course of a year, the parts of the sky that are “up” after dark change slightly each day. A given star rises (and crosses the meridian, or highest point of its arc across the sky) about 4 minutes earlier each day. (Note that stars relatively close to the visible celestial pole don’t rise or set, but they still cross the meridian about 4 minutes earlier each day.) By the time a season has gone by, the sky has apparently slipped a quarter of the way around at sunset as Earth has moved a quarter of the way around the Sun in its yearly orbit. Some constellations are lost in the afternoon and evening glare, while others have become visible just before dawn.

In December of each year, the constellation Orion crosses the meridian at midnight. Three months later, in March, when Earth has moved through one-quarter of its orbit around the Sun, the constellation Virgo crosses the meridian at midnight, when Orion is setting. Orion crosses the meridian at sunset (that is, 6 hours earlier than in December – consistent with 4 minutes/day × 90 days = 360 minutes = 6 hours). Another three months later, in June, Orion crosses the meridian an additional 6 hours earlier – that is, at noon. Hence, it isn’t then visible at night. Instead, the constellation Ophiuchus crosses the meridian at midnight.
Because of this seasonal difference, inside the front and back covers of this book we have included four Sky Maps, one of which is best for the date and time at which you are observing. Suitable combinations of date and time are marked. Note also that if you make your observations later at night, it is equivalent to observing later in the year. Two hours later at night is the same as shifting later by one month.

Hold the map above your head while you are facing north or south, as marked on each map, and notice where your zenith is in the sky and on the map. The horizon for your latitude is also marked. Try to identify a pattern in the brightest stars that you can see. Finding the Big Dipper, and using it to locate the pole star, often helps you to orient yourself. Don’t let any bright planets confuse your search for the bright stars – knowing that planets usually appear to shine steadily instead of twinkling like stars (see Chapter 4) may assist you in locating the planets.

You might also (or instead) want to use one of the numerous smartphone apps that show the positions of constellations and planets in the sky. Many of these even provide interesting information about the objects, if you touch the appropriate places on the screen.

Come back and look at Sections 1.3a–d at the appropriate time of year – even after you have finished with this course.

direction, spacecraft detect x-rays whose brightness varies with time, and astronomers have deduced in part from that information that a black hole is located there. Also in Cygnus is a particularly dark region of the Milky Way, called the Northern Coalsack. Dust in space in that direction prevents us from seeing as many stars as we see in other directions of the Milky Way.

Slightly to the west is another bright star, Vega, in the constellation Lyra (the Lyre). And farther westward, we come to the constellation

Figure 1–8 The constellation Cassiopeia is easily found in the sky from its distinctive “W” shape. During this exposure, a meteor from the Perseid meteor shower (August 11 or 12 each year) flashed by.
Hercules, named for the mythological Greek hero who performed twelve great labors, of which the most famous was bringing back the golden apples. In Hercules is an older, larger type of star cluster called a "globular cluster," another type of grouping we will discuss in Chapter 11. It is known as M13, the great globular cluster in Hercules. It resembles a fuzzy mothball whether glimpsed with the naked eye or seen with small telescopes; larger telescopes have better clarity and gather more light, and so can reveal the individual stars.

1.3b The Winter Sky

As autumn proceeds and winter approaches, the constellations we have discussed appear closer and closer to the western horizon for the same hour of the night. By early evening on January 1, Cygnus is setting in the western sky, while Cassiopeia and Perseus are overhead. To the south of the Milky Way, near Perseus, we can now see a group of six stars close together in the sky (Fig. 1–11). The tight grouping tends to catch your attention as you scan the sky. It is the Pleiades (pronounced “pleé-a-deez”), traditionally the Seven Sisters of Greek mythology, the daughters of Atlas. (We can usually see six stars with the unaided eye now, so either one of the stars has faded over the millennia or it was never visible and the association with the Pleiades myth was loose.) These stars are another example of an open cluster of stars. Binoculars or a small telescope will reveal dozens of stars there, whereas a large telescope will ordinarily show too small a region of sky for you to see the Pleiades well. So a bigger telescope isn’t always better.

Farther toward the east, rising earlier every evening, is the constellation Orion, the Hunter (Fig. 1–12). Orion is perhaps the easiest constellation of all to pick out in the sky, for three bright stars close together in a line make up its belt. Orion is warding off Taurus, the Bull, whose head is marked by a large "V" of stars. A reddish star, Betelgeuse ("bee-tl-juice" is an acceptable pronunciation, though some say “beltl-jouz”),
marks Orion’s armpit, and symmetrically on the other side of his belt, the bright bluish star Rigel (“rye jel”) marks his heel. Betelgeuse is an example of a “red supergiant” star; it is more than a billion kilometers across, far bigger itself than Earth’s orbit around the Sun!

Orion’s sword extends down from his belt. A telescope, or a photograph, reveals a beautiful region known as the Orion Nebula. Its general shape can be seen in even a smallish telescope; however, only photographs that have detected much light clearly reveal the vivid colors – though whether it is reddish or greenish in an image depends on what kind of film is used. It is a site where new stars are forming right now, as you read these words.

Rising after Orion is Sirius, the brightest star in the sky. Orion’s belt points directly to it. Sirius appears blue-white, which indicates that its surface is very hot. Sirius is so much brighter than the other stars that it stands out to the naked eye. It is part of the constellation Canis Major, the Big Dog. (You can remember that it is near Orion by thinking of it as Orion’s dog.)

Back toward the top of the sky, between the Pleiades and Orion’s belt, is a group of stars that forms the “V”-shaped head of Taurus. This open cluster is known as the Hyades (“hy a-deez”). The stars of the Hyades mark the bull’s face, while the stars of the Pleiades ride on the bull’s shoulder. In a Greek myth, Jupiter turned himself into a bull to carry Europa over the sea to what is now called Europe.

1.3c The Spring Sky

We can tell that spring is approaching when the Hyades and Orion get closer and closer to the western horizon each evening, and finally are no longer visible shortly after sunset. Now Castor and Pollux, a pair of equally bright stars, are nicely placed for viewing in the western sky. Castor and Pollux were the twins in the Greek pantheon of gods. The constellation is called Gemini, the twins.

On spring evenings, the Big Bear (Ursa Major) is overhead, and anything in the Big Dipper – which is part of the Big Bear – would spill out. Leo, the Lion, is just to the south of the overhead point, called the zenith (follow the Pointers backward). Leo looks like a backward question mark, with the bright star Regulus, the lion’s heart, at its base. The rest of Leo, to the east of Regulus, is marked by a bright triangle of stars. Some people visualize a sickle-shaped head and a triangular tail.

If we follow the arc made by the stars in the handle of the Big Dipper, we come to a bright reddish star, Arcturus, an example of a “red giant.” It is in the kite-shaped constellation Boötes, the Herdsman.

Sirius sets right after sunset in the spring; however, a prominent but somewhat fainter star, Spica, is rising in the southeast. It is in the constellation Virgo, the Virgin. It is farther along the arc of the Big Dipper through Arcturus. Vega, a star that is between Sirius and Spica in brightness, is rising in the northeast. And the constellation Hercules, with its notable globular cluster M13, is rising in the east in the evening at this time of year.

1.3d The Summer Sky

Summer, of course, is a comfortable time to watch the stars because of the generally warm weather. Spica is over toward the southwestern horizon in the evening. A bright red supergiant, Antares, is in the constellation Scorpion, the Scorpion, to the south. (“Antares” means “compared with Ares,” another name for Mars, because Antares is also reddish.)

Hercules and Cygnus are high overhead, and the star Vega is prominent near the zenith. Cassiopeia is in the northeast. The center of our Galaxy is in the dense part of the Milky Way that we see in the constellation Sagittarius, the Archer, in the south (Fig. 1–13).

Around August 12 every summer is a wonderful time to observe the sky, because that is when the Perseid meteor shower occurs. (Meteors, or “shooting stars,” are not stars at all, as we will discuss in