

Cognitive Discourse Analysis

Analysing language data systematically and looking closely at how people formulate their thoughts can reveal astonishing insights about the human mind. Without presupposing specific subject knowledge, this book gently introduces its readers to theoretical insights as well as practical principles for systematic linguistic analysis from a cognitive perspective. Drawing on Thora Tenbrink's twenty years' experience in both linguistics and cognitive science, this book offers theoretical guidance and practical advice for doing Cognitive Discourse Analysis. It covers areas of analysis as diverse as attention, perspective, granularity, certainty, inference, transformation, communication, and cognitive strategies, using inspiring examples from many different projects. Simple techniques and tools are used to allow readers new to the subject easy ways to apply the methods, without the need for complex technologies, whilst the cross-disciplinary approach can be applied to a diverse range of research purposes and contexts in which language and thought play a role.

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Cognitive Discourse Analysis

An Introduction

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Preface

This book is the result of twenty years of engagement with a seemingly simple idea: we use language to express our thoughts. At first glance, you might find this rather trivial: isn't this what language is for, what we do all the time? But then you might wonder how much research is really out there that examines discourse in order to identify people's thoughts. There is some, but there could be more – after all, what could be more fascinating than the human mind? This train of thought is what motivated me to look more closely into methodology and develop Cognitive Discourse Analysis (CODA).

Initially inspired by a few fascinating studies that used language to access central human concepts, I started experimenting with this approach myself. Over the years, I benefited tremendously from collaborating with experts across various disciplines, who shared the desire to learn something specific about the human mind – and trusted me enough to believe my suggestion that language provides a unique way of accessing it. Each of my collaborators has contributed in their own way to the refinement of CODA as it is presented here. I am grateful to all of them, as well as to the generations of students who have done linguistic analysis in my classes and tutorials, creating ever-new perspectives on how language represents thought. Based on this personal experience and the host of relevant literature now available, I strongly believe that CODA is useful for gaining insights about the human mind across disciplines. I hope this book will help to spread the method and develop it further.



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