

SELF-CONTROL, DECISION THEORY, AND RATIONALITY

Thinking about self-control takes us to the heart of practical decision making, human agency, motivation, and rational choice. Psychologists, philosophers, and decision theorists have all brought valuable insights and perspectives on how to model self-control, on different mechanisms for achieving and strengthening self-control, and on how self-control fits into the overall cognitive and affective economy. Yet these different literatures have remained relatively insulated from each other. *Self-Control, Decision Theory, and Rationality* brings them into dialog by focusing on the theme of rationality. It contains eleven newly written essays by a distinguished group of philosophers, psychologists, and decision theorists, together with a substantial introduction, collectively offering state-of-the-art perspectives on the rationality of self-control and the different mechanisms for achieving it.

JOSÉ LUIS BERMÚDEZ is Professor of Philosophy and Samuel Rhea Gammon Professor of Liberal Arts at Texas A&M University.

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SELF-CONTROL, DECISION
THEORY, AND
RATIONALITY

New Essays

EDITED BY
JOSÉ LUIS BERMÚDEZ
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