

# Basic Practical Skills in Obstetrics and Gynaecology

**Participant Manual** 



Royal College of Obstetricians and Gynaecologists

# Basic Practical Skills in Obstetrics and Gynaecology

## **Participant Manual**

Third edition of Basic Surgical Skills







#### **CAMBRIDGE**UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom

One Liberty Plaza, 20th Floor, New York, NY 10006, USA

477 Williamstown Road, Port Melbourne, VIC 3207, Australia

4843/24, 2nd Floor, Ansari Road, Daryaganj, Delhi – 110002, India

79 Anson Road, #06-04/06, Singapore 079906

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9781108407038

© Royal College of Obstetricians and Gynaecologists (2007, 2010) 2017

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2007 Second edition 2010 Third edition 2017

Printed in the United Kingdom by Clays, St Ives plc

A catalogue record for this publication is available from the British Library

ISBN 978-1-108-40703-8 Paperback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

Every effort has been made in preparing this book to provide accurate and up-to-date information which is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to the information provided by the manufacturer of any drugs or equipment that they plan to use.



## Contents

Basic Practical Skills in Obstetrics and Gynaecology Pionee	er
Working Group	vi
Acknowledgements	vii
Introduction	1
Outline of the course	3
Module 1 Basic open general surgical techniques	5
Module 2 Obstetric skills	34
Scenario 1	41
Scenario 2	49
Scenario 3	62
Scenario 4	72
Module 3 Gynaecological procedures, hysteroscopy and laparoscopy	77
Index	116



**More Information** 

Cambridge University Press 978-1-108-40703-8 — Basic Practical Skills in Obstetrics and Gynaecology 3rd Edition Frontmatter

٧

# Basic Practical Skills in Obstetrics and Gynaecology Pioneer Working Group

Rina Agrawal MRCOG

Sabaratnam Arulkumaran FRCOG, President, RCOG

Louise Ashelby MRCOG

Maggie Blott FRCOG, Vice President, Education, RCOG

Andrew Loughney MRCOG

Sandeep Mane MRCOG

Brenda Nathanson, Education Development Officer, RCOG

Manjit Obhrai FRCOG

Mark Roberts MRCOG

Clive Spence-Jones FRCOG



vi

# Acknowledgements

The authors of this edition are thanked for their contributions: Asma Aziz MRCOG, Madhavi Kalidindi MRCOG, Stamatios Karavolos MRCOG and Wasim Lodhi FRCOG.

The following Specialty trainees contributed to sections of the manual: Beth Laverick MRCOG, Henna Rather MRCOG, Sophie Relph MRCOG and Sivatharjini Priya Sivarajasingam MRCOG.