

# §. VIII.

Notes of principall things in John Leo his eight Booke of the Historie of Africa.

He most noble and famous Province of Egypt [II. vi. 832.] bordering Westward upon the Desarts of Barca, Numidia, and Libya; Eastward upon the Desarts lying betweene Egypt it selfe and the Red Sea; and Egypt foure Northward upon the Mediterran Sea; is inclosed South- hundred and ward with the Land of the foresaid people called Bugiha, long. and with the River of Nilus. It stretcheth in length from the Mediterran Sea to the Land of the people called Bugiha, about foure hundred and fiftie miles: but in breadth it is very narrow; so that it contayneth nought but a small distance betweene both the bankes of Nilus, and the barren Mountaynes bordering upon the foresaid Desarts, being inhabited onely in that place where Nilus is separate from the said Mountaynes: albeit, towards the Mediterran Sea it extendeth it selfe somewhat broader. For Nilus about fourescore miles from the great Citie of Cairo is divided into two branches, one whereof running in his Chanell Westward, returneth at length into the mayne streame from whence hee tooke his originall, and having passed about threescore miles beyond Cairo, it divideth it selfe into two other branches, whereof the one runneth to Damiata, and the other to Rosetto. And out of that which trendeth to Damiata issueth another branch, which discharging it selfe into a Lake, passeth through a certaine gullet or strait into the Mediterran Sea, upon the banke whereof standeth the most ancient Citie of

The Course of



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Tenesse: and this division of Nilus into so many streames and branches causeth Egypt (as I have beforesaid) to bee so narrow. All this Province is plaine, and is most fruitfull for all kind of Graine and Pulse. There are most pleasant and greene Medowes, and great store of Geese The Countrey people are of a swart and other Fowles. and browne colour: but the Citizens are white. Garments they weare which are strait downe to their wastes, and broad beneath, and the sleeves likewise are strait. cover their heads with a round and high habit, called by the Italians a Dulipan. Their shooes are made according to the ancient fashion. In Summer they weare Garments of parti-coloured Cotton: but in Winter they use a certayne Garment lined with Cotton, which they call Chebre: but the chiefe Citizens and Merchants are apparelled in cloth of Europe. The Inhabitants are of an honest, cheerefull, and liberall disposition. For their victuals they use a kind of new and extreme salt Cheeses, and sowre Milke also artificially congealed: which fare albeit they account very daintie, yet cannot strangers digest it, and into every Dish almost they put sowre Milke.

Turbant.

A division of Egypt.

Since the Mahumetans were Lords of Egypt, it hath beene divided into three parts. For the Region from Cairo to Rosetto is called the shoare of Errif: and from Cairo to the Land of Bugiha, it is called Sahid, that is to say, The firme Land: but the Region adjoyning upon that branch of Nilus, which runneth towards Damiata and Tenesse, they call by the name of Bechria or Maremma. All Egypt is exceeding fertile: but the Province of Sahid excelleth the two other parts for abundance of Corne, Cattle, Fowles and Flaxe: and Maremma aboundeth with Cotton and Sugar. Howbeit, the Inhabitants of Maremma, and Errif are farre more civill then the people of Sahid: because those two Provinces lye neerer unto the Sea, and are more frquented by European, Barbarian, and Assyrian Merchants: but the people of Sahid have no conversation with strangers, except it be with a few Æthiopians.

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The Egyptians (as Moses writeth) fetch their original The ancient from \*Mesraim the Sonne of Chus, the Sonne of Cham, the Sonne of Noe; and the Hebrewes call both the Countrey and the Inhabitants of Egypt by the name of Mesraim. Gen. 10. 6. The Arabians call Egypt it selfe Mesre, but the Inhabitants \*Mesraim is And Chibith (they say) was the man, that first recorded to be Chibith. tooke upon him the Government of this Region, and the Brother of beganne first to build houses thereon. Also the Inhabi- Sonne of Cham tants call themselves by the same name: neither are there Chibith. left any true Egyptians, besides a few Christians, which are at this present remayning. The residue embracing the Mahumetan Religion, have mingled themselves amongst the Arabians and the Moores. This Kingdome was governed many yeares by the Egyptians themselves, as namely, by the Kings that were called Pharao, (who by their Monuments and admirable Buildings, seeme to have beene mightie Princes) and also by the Kings called Ptolomæi. Afterward, being subdued unto the Romane Empire, this Kingdome since the comming of Christ was converted unto the Christian Religion, under the said Romane Government: since the decay of which Empire, it fell into the possession of the Emperours of Constanwho being very carefull to maintayne this Kingdome, were at length deprived thereof by the Mahumetans, under the conduct of Hamrus the Sonne of Hasi, being appointed Captaine Generall over the Arabian Armie of Homar, the second Califa or Mahumetan Patriarke of that name: who permitting all men to have their owne Religion, required nought but Tribute at their The said Captaine built upon the banke of Nilus, a certaine Towne called by the Arabians Fustato, which Fustato. word signifieth in their Language a Tabernacle: for when he first undertooke this Expedition, he marched through wild and desart places void of Inhabitants, so that his Armie was constrayned to lye in Tents. The common people call this Towne Mesre Hatichi, that is to say, the ancient Citie; in comparison of which Cairo may not unfitly be called the New Citie.



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Neither Cairo nor any place neere unto it, can by any likelihood challenge that they were at any time inhabited by the ancient Pharaos. But heere it is to be noted, that [II. vi. 833.] the Nobilitie of the ancient Egyptians dwelt in times past in the Region of Sahid beyond Cairo, in the Cities of Fium, of Manfichmin, and in other such famous Cities. Howbeit, after Egypt was conquered by the Romanes, the Egyptian Nobilitie planted themselves in the Region of Errif, upon the Sea shoare thereof, namely, about the Cities of Alexandria, Rosetto, and other famous Townes retayning as yet the Latine names. Also when the Romane Empire was translated into Greece, the said Nobilitie still inhabited upon the Sea shoare, the Emperours Lieutenant residing at Alexandria: but after the Mahumetans got the Dominion of Egypt, the foresaid Nobilitie retyred themselves into the in-land, hoping thereby to reape a double commoditie: namely, first, in that they might bee a meanes to pacifie the Kingdome on both sides of them; and secondly, that they might bee free from the invasions of the Christians, whereof they should have beene in danger, had they remayned any longer upon the Sea Coast.

The qualitie & temperature of the Ayre in Egypt. Raine unwholsome.

The Ayre of this Countrey is hot and unwholesome: and it rayneth heere very seldome or never. And Raine is the cause of many Diseases in Egypt: for in raynie weather some of the Egyptians are subject unto dangerous Rheumes, and Fevers; and others unto a strange kinde of swelling in their privy Members: which swelling the Physicians impute unto Salt Cheese and Beefe, which are the common Dyet of the Egyptians. In Sommer time this Countrey is most extremely hot, for a remedie of which heat they build in every Towne certaine high Towres, having one doore aloft, another beneath, right over against the houses, through the tops whereof the wind passing down-ward, doth somewhat coole and refresh the Ayre: otherwise in regard of the intolerable heat of the Sunne it were impossible for any man to live there. Sometime the Pestilence is so hot among them, especially

Extreame Pestilence.



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at Cairo, that sometimes there dye twelve thousand persons thereof on a day. But with the French Poxe, I thinke, that no other Countrey under Heaven is so molested, nor that contayneth so many people infected About the beginning of Aprill, they reape their Corne, and having reaped it, they presently thrash the same; neyther shall you see one eate of their Corne standing till the twentieth of May.

The French Maladie most rife in Egypt.

The increase of

The inundation or overflow of Nilus beginneth about the middest of June, increasing afterward for the space of fortie dayes, and for the space of other fortie dayes also decreasing: during which time all the Cities and Townes of Egypt are like unto Ilands, which none can come unto but by Boats and Barges. At this time also Nilus is very fit to be sailed upon with vessels of burthen; some whereof are so bigge that they will contayne sixe or seven thousand bushels \*of Corne: and some hundreds of Cattell \*Moggia. together: and in these Vessels they sayle onely downe the streame: for against the streame or without the overflowing time they would scarsly passe emptie. Egyptians according to the increase of Nilus, doe foresee the plentie or dearth of the yeere following: as wee will more at large declare, when wee come to speake of the Iland of Nilus over against the olde Citie, where the inundation of Nilus is measured. Neither is it our purpose in this place particularly to describe all the Cities of Egypt, because our African Writers are of divers opinions thereabout; for some would have Egypt to bee a part of Africa, but others are of a contrary minde. Divers there are that affirme, that part of Egypt adjoyning upon the Desarts of Barbarie, Numidia and Libya, to belong unto Africa. Some others ascribe unto Africa all those places that border upon the principall and mayne Channell of Nilus: but as for other places, as namely, Manf, Fium, Semenud, Damanhore, Berelles, Tenesse, and Damiata, they thinke them not to be situate in Africa: which opinion, I my selfe, also upon many and great reasons take to be true. Wherefore my purpose is to



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describe none other Cities but such as stand neere the mayne and principall Channell of Nilus.

The Citie of Bosiri.

The ancient Citie of Bosiri built by the Egyptians upon the Mediterran Sea, and standing twentie miles Westward from Alexandria, was in times past environed with most strong wals, and adorned with most beautifull and stately Buildings. At this present, it is compassed with many possessions or grounds bearing Dates, whereof no man taketh charge nor reapeth any commoditie: for when Alexandria was wonne by the Christians, the Inhabitants abandoned this Citie, and fled towards the Lake called

The great Citie of Alexandria in Egypt.

The great Citie of Alexandria in Egypt, founded by Alexander the Great, not without the advise of most famous and skilfull Architects, upon a beautifull point of Land stretching into the Mediterran Sea, and being distant fortie miles Westward of Nilus, was in times past, till it grew subject unto the Mahumetans, most sumptuously and strongly built, as divers and sundry Authors beare Afterward this Citie decaying, many yeares together, was deprived of the ancient renowne and honour, and remayned in manner desolate, because no Merchants of Greece nor of any other part of Europe exercised any longer Traffique therein. Howbeit, a certaine craftie Mahumetan Patriarke made the rude people beleeve, that by the Prophesie of Mahumet, most ample Indulgences were granted unto all such as would inhabit the Citie or guard it for certaine dayes, and would bestow some Almes for a publike benefit: by which wily stratageme the Citie

Indulgences of Mahumet.

houses neere unto the Citie wals, and many Colledges of Students, and divers Monasteries for the reliefe of Pilgrims. The Citie it selfe is foure square, and hath foure Gates [II. vi. 834.] to enter in at: one standing on the East side towards Nilus, another on the South side towards the Lake of

was in short time filled with forraine people, which from all places resorted thereunto: by whom were built many



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and the fourth towards the Mediterran Sea and the Haven;

whereat stand the Searchers and Customers, which ransacke Searchers

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strangers even to their very shirts: for they demand custome, not onely for wares and Merchandize, but also some allowance in the hundred for all kinde of money. Neere unto this Citie-walles there are two other Gates also, being divided asunder by a faire walke, and a most impregnable Castle, which standeth upon the Strand or Wharfe of the Port, commonly called Marsa el Bargi, that is to say, the Port of the Castle: in which Port ride the principall and best ships, namely, such as come from Venice, Genoa, Ragusa, with other Ships of Europe. For hither resort the English, the Low Dutch, the Biscaines, Ancient trafthe Portugals, and men of all other Nations in Europe for fique of the traffique sake. Howbeit, this Port is most usually Alexandria. frequented by the Ships of Appulia, Sicilia, and of Greece, which are Turkish Ships; all which resort into this Harbour to save themselves from Pyrats, and from tempestuous weather. Another Port there is also, called Marsa Essil Sela, that is to say, the Port of the Chaine, wherein the Ships of Barbary, namely, those of Tunis and of the Ile of Gerbi harbour themselves. The Christians This in Leos are constrained to pay about the tenth part of all wares time 1526. that they bring in and carry out, but the Mahumetans pay but the twentieth part: and whatsoever wares are carried by land to Cairo pay no custom at all. And at this present that part of the Citie which is next unto Cairo, is the most famous and best furnished with Merchandize brought by Merchants from all places of the world. The other parts of this Citie are destitute both of Civility and Inhabitants: for except one long street, and that part of the Citie next

English unto

King of France, being restored to liberty by the Soldan, Alexandria the King of Cyprus with a fleet, partly of Venetians, and surprised and partly of French-men suddenly assailed Alexandria, and king of with great slaughter surprized and sacked the same. But Gyprus.

the Haven which is full of Merchants shops, and inhabited by Christians, the residue is void and desolate. Which desolation happened at that time, when Lewis the fourth,



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the Soldan comming with an huge armie to rescue Alexandria, so discouraged the Cyprians, that they burnt downe the houses thereof, and betooke themselves to Whereupon the Soldan repairing the walles, and building a Castle neere unto the Haven, the Citie grew by little and little into that estate, wherein it standeth at

Pharos.

Alexandria

vaulted. The water of Nilus brought by a sluce into Alexandria.

The pillar and a pilld Fable thereof.

In the Citie of Alexandria there is a certaine high Mount, fashioned like unto the place called Testaccio at Rome, whereon, although it hath no naturall situation, are found divers earthen Vessels of great antiquity. Upon the Watch Tower. top of the said Mount standeth a Turret, where a certaine officer is appointed to watch for such Ships as direct their course towards the Citie, who for every ship that he giveth notice of unto the Customers, receiveth a certain fee: but if he chanceth to fall asleepe, or to be out of the way at the arrivall of any Ship, whereof he certifieth not the Customers, he paieth double for his negligence into the Soldans Exchequer. Under each house of this Citie there is a great vaulted Cisterne built upon mighty Pillars and Arches: whereinto the water of Nilus at every inundation is conveied under the walles of the Citie, by a certaine wonderfull and most artificiall sluce standing without the But these Cisternes growing sometime Citie it selfe. corrupt and foule, are often in Summer the occasion of many diseases and infirmities. This Citie standeth in the midst of a sandy Desart, and is destitute of Gardens and Vines, neither is the soile round about it apt to beare Corne; so that their Corne is brought them from places forty miles distant. Howbeit, neere the foresaid sluce, whereby the water of Nilus is conveied into the Citie, Sickely fruits. are certaine little Gardens, the fruits whereof being growen to ripenesse, are so unwholesome, that they breed Fevers and other noysome diseases among the Citizens. miles Westward of Alexandria, among certaine ancient buildings, standeth a pillar of a wonderfull height and thicknesse, which the Arabians call Hemadussaoar, that is to say, the pillar of trees. Of this pillar there is a Fable



