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978-1-108-06982-3 - Notes on Military Hygiene for Officers of the Line: A Syllabus of Lectures Formerly Delivered at the U.S. Infantry and Cavalry School

Alfred A. Woodhull

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### **Notes on Military Hygiene for Officers of the Line**

For those engaged in military conflict at the end of the nineteenth century, infection and disease were still as formidable enemies as the guns of an opposing army. Yet advances in sanitary science and understanding continued to help officers keep their troops in optimal fighting condition. After serving as an assistant surgeon for the Union Army during the American Civil War, Alfred Alexander Woodhull (1837–1921) began to publish on the topics of hygiene and sanitation, and how they related to military effectiveness. Arguably his most important publication, the present work was based on lectures he delivered at the US Infantry and Cavalry School. It covers such varied topics as the selection of men, uniform design, and the management of waste. First published in 1890, it was recommended as a textbook by the surgeon general of the time. Reissued here is the revised third edition, which appeared in 1904.

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NOTES  
ON  
MILITARY HYGIENE

FOR OFFICERS OF THE LINE.

*A Syllabus of Lectures*

FORMERLY DELIVERED AT

*THE U. S. INFANTRY AND CAVALRY SCHOOL.*

BY

ALFRED A. WOODHULL, A.M., M.D., LL.D. (*Princ.*)  
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## PREFATORY NOTE.

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THESE notes represent the essence of the lectures on Military Hygiene delivered to the class of 1889 at the Infantry and Cavalry School. The lectures were expansions of this syllabus, and were chiefly compilations with additions, comments, and illustrations from personal experience. Parkes's great work is the chief but not the only source whence the principles were drawn.

Originally prepared for the convenience of student officers, it has been thought that this abstract might be acceptable to officers of the line generally.

FORT LEAVENWORTH, May, 1890.

iii

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### NOTE TO THE THIRD EDITION.

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THE text has been changed when necessary to correspond with the present regulations for the army, and with the state of sanitary science.

The essay upon the care of troops in the field, especially in warm climates, was prepared for the second edition at the outbreak of the Spanish war. It is an expansion of parts of the body of the work, and to that extent duplicates what has been said in a fragmentary way. It is retained, revised and somewhat enlarged, under the belief that the subject merits this more connected discussion notwithstanding the required duplication. The aim throughout has been to stand in the place of a line officer anxious to take care of his command, and to find answers for his natural questions. As far as possible matters that belong exclusively to the medical staff have been omitted

PRINCETON, December, 1903.

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## CONTENTS.

	PAGES
I. SELECTION OF SOLDIERS . . . . .	1-23
II. MILITARY CLOTHING . . . . .	24-42
III. FOOD . . . . .	43-87
IV. HABITATIONS . . . . .	88-117
V. CAMPS AND MARCHES . . . . .	118-135
VI. SEWERS AND WASTE . . . . .	136-149
VII. WATER . . . . .	150-173
VIII. PREVENTABLE DISEASES . . . . .	174-184
IX. CARE OF TROOPS IN THE FIELD . . . . .	185-214
X. ADDENDA (Asepsis; Inspection). . . . .	215-224
BOOKS OF REFERENCE . . . . .	225
INDEX . . . . .	227-238

vii