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Letters on the Improvement of the Mind

Originally published in 1773 in two volumes, and now reissued here together in one, this work by the writer Hester Chapone (1727–1801), a renowned proponent of female education, contains advice delivered in the form of letters to her niece. The first volume deals primarily with matters of religion and morality, while the second volume addresses questions of behaviour and schooling. Unusually for self-improvement books of this era, Chapone recommends that a young woman should have a rigorous education in a wide variety of subjects, including ancient history and geography, as well as instruction in ladylike deportment and mastery of household matters. She exhorts young ladies to avoid vanity and other vices through devoted study of scripture, and writes of the importance of choosing worthy and sensible friends who can be trusted to offer good advice. Chapone's posthumously published works, in two volumes, are also reissued in this series.



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Letters on the Improvement of the Mind

Addressed to a Young Lady

HESTER CHAPONE





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LETTERS

ON THE

IMPROVEMENT

OF THE

M I N D.

ADDRESSED TO A YOUNG LADY.

1 CONSIDER AN HUMAN SOUL WITHOUT EDUCATION, LIKE MARBLE IN THE QUARRY,
WHICH SHEWS NONE OF ITS INHERENT
BEAUTIESTILL THE SKILL OF THE POLISHER
FETCHES OUT THE COLOURS, MAKES THE
SURFACE SHINE, AND DISCOVERS EVERY
ORNAMENTAL CLOUD, SPOT AND VEIN THAT
RUNS THRO'THE BODY OF IT- EDUCATION,
AFTER THE SAME MANNER, WHEN IT WORKS
UPON A NOBLE MIND, DRAWS OUT TO VIEW
EVERY LATENT VIRTUE AND PERFECTION,
WHICH WITHOUT SUCH HELPS ARE NEVER
ABLE TO MAKE THEIR APPEARANCE.

ADDISON.

IN TWO VOLUMES.

DUBLIN:

Printed for J. Exshaw, H. Saunders, W. Sleater, J. Potts, D. Chamberlaine, J. Williams, and R. Moncrieffe.

MDCCLXXIII.





TO

Mrs. MONTAGU.

MADAM,

Believe, you are persuaded that I never entertained a thought of appearing in public, when the desire of being useful to one dear child, in whom I take the tenderest interest, induced me to write the following Letters:—perhaps it was the partiality of friendship, which



iv DEDICATION.

fo far biassed your judgment, as to make you think them capable of being more extensively useful, and warmly to recommend the publication of them. - Though this partiality could alone prevent your judgment from being confidered as decifive in favour of the work it is more flattering to the writer than any literary fame; if, however, you will allow me to add, that some strokes your elegant pen have corrected these Letters, I may hope, they will be received with an attention, which



DEDICATION. v

which will enfure a candid judgement from the reader, and perhaps will enable them to make fome useful impressions on those, to whom they are now particularly offered.

They only, who know how your hours are employed, and of what important value they are to the good and happiness of individuals, as well as to the delight and improvement of the public, can justly estimate my obligation to you for the time and consideration you have bestowed on this little work.—

As you have drawn it forth, I may claim



vi DEDICATION.

claim a fort of right to the ornament and protection of your name, and to the privilege of publicly professing myself, with the highest esteem,

your much obliged friend,
and most obedient
humble servant,

THE AUTHOR.



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II. { On the Study of the holy III. { Scriptures.

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VII. On Oeconomy.

VIII. On Politeness and Accomplishments.

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LET-