

CONTENTS.

PART I.

CHAPTER I.

PAGE

Leave Calcutta—proceed through Plassey to Moorshedabad—cross the Ganges near Bauleah—arrive at Rungpore—Calamatty.—Tuffoon, or tremendous Hurricane.

—Mungulhaut, respectable for its Manufactory.—Zeenkaubs.—First View of the Mountains of Bootan.—Cooch Bahar.—Bungalo—singular Custom in this District—extensive Woods—Practice of felling Timber—wild Elephants—Pine-apples, present Abundance of—first Introduction into India.—Inroad of the Moguls into Assam—Fate of the Invaders.

3

CHAPTER II.

Chichacotta—Frontier of Bootan —Approach to Buxadewar—noxious Quality of the Atmosphere beneath this Range of Mountains—its Effects on the Inhabitants —fatal to Captain Jones, and great Part of the Troops that served under him—Colonel Sir John Cuming another Instance of its injurious Consequence.—Tangun Horse, a Species peculiar to these Mountains—Ascent and Entry into Buxadewar.—Chong, and Arra, the Spirit prepared from it.—Character of the People.—Visit the Soobah—Impediment to our Advance—Curiosity, and Urbanity of the Soobah—invited to accompany him during the Performance of a religious Ceremony—Description of the Ceremony—its Design.—Beautiful Scenery in the Vicinity of Buxadewar.—Skilful Archers.—Commencement of the rainy Season.—Dispatches from the Daeb Raja.—Prepare to proceed.—Poorungheer.—Short Stricture on the Manner and Character of the Soobah.—View of Buxadewar—Etymology of its Title.—Mode of travelling in Bootan.

18

CHAPTER III.

Leave Buxadewar.—Ascend Peachukom Mountain—its prodigious Altitude.— Caution of the Booteeas.—Gigantic Creepers.—Bamboos, a peculiar Species.—



CONTENTS.

XX

PAGE

Sheenshilla.—Pheadinchim.—Fatal Accident.—Gygoogoo.—Post of Communication.—Tehintchieu, Hatchieu, Patchieu Rivers.—Snow upon the Summits of the Mountains.—Tangun Horses, their surprising Energy.—Pipes conducting Water for the Accommodation of Travellers.—Bridge and Cataract.—Sheenshilla.—Approach to Murichom—laborious Employment of the People, in which the female Sex bear a heavy Share—extensive Use of the Bamboo.— Village of Murichom—Advantage of Situation—Fertility of the adjacent Lands. -Teezpaut, a Species of Cinnamon.-Remarkable Instance of great Age.-Pestiferous Fly.—Tetim.—Terrible Disaster.—Baboosoo and Merifaka Mountains. -Peanjoo.-Minzapeezo, a most copious Waterfall.-Ingenious Method of constructing Roads along the Sides of Precipices .- Awful Scenery .- Dewta Tehuptehup.—Peculiar Way of passing deep Ravines.—Chain Bridge of Chuka -Castle of Chuka.—Change in the Face of the Country—Temperature of the Weather - natural Productions. - Punugga. - Hatchieu. - Kepta. - Lomeela Mountain.—Selo-cha-zum.—Durbee Castle.—Mudwallahs for the Defence of Hill Fortresses.—Pauga.—Tehintchieu, Patchieu.—Noomnoo.—Poës.—Wangoka.—Symtoka.—Bridge over the Tehintchieu.—Valley of Tassisudon.

CHAPTER IV.

Tassisudon-my Arrival notified at the Palace-the Raja or Lama occupied in religious Ceremonies-strict Observance of all Duties appertaining to their Religion.-Message from the Daeb Raja-Interview-Zoompoon, Zoondonier, Zempi-Citadel-Audience Chamber-Ceremony of Introduction-Particulars of the Interview-Tea-local Observance-extensive Fashion-peculiar Mode of preparing it.—Polite Attention of the Raja—Dress, of the religious Order -Manner of our Reception.-Second Interview.-Silk Scarfs-their Use on all Occasions of Ceremony or Compliment.—Comparative View of Manners.— Natural Productions.—Peculiar Sentiments of the Rajah—Variety of Expression -Art of Drawing-Mr. Davis's superior Skill .- Visit to the chief Officers under Government-Tasse-Zompoon, Zoondonier, Zempi-Outline of their Rank and Authority.—I undertook to mediate the Peace of the Zeenkaubs, who are pardoned, and re-admitted into favour-Instance of implicit Obedience to the Will of their Chief.—General Design of the present Work.—A Bootan Repast. -Boora Soobah, or Toonso Pilo. -Bees. -Benevolent and humane Sentiment. -Order of Gylongs-regulated Periods for religious Service-some Rules of the $Society_Ablutions_Temperance_Cleanliness_general\ Appearance_endemial$ Disorder termed Gheig, or Aubi.



CONTENTS.

xxi

CHAPTER V.

PAGE

The Valley of Tassisudon.—Palace of the Chief—its extensive Accommodation, containing all the Officers of State, a very numerous establishment of Gylongs, and a Temple of Worship.—Coldness of the Season—Buildings ill calculated to obviate its Effects.—The Rajah's Stud.—Ancient Site of Tassisudon—Palace of Lam' Ghassatoo.—Mode of supplying the Valley with Water from the surrounding Hills.—The sacred Sentence enclosed in Temples, inscribed on Tablets, on Flags, and on Rocks.—Brahmennee, or sacred Bull.—Artisans—Paper Manufactory.—Season of the Rains moderate—general Salubrity of our Situation.—Poshtee.—An Excursion.—Wandeechy.—Settlements of the Religious.—A Recluse.—Caution of the Daeb.—Mr. Saunders taken ill—Incantations for his Recovery.

89

CHAPTER VI.

Commotions—excited by Wandipora Zoompoon and a degraded Chief.—Punukka Zoompoon arrives at the Capital to pay the customary Duty of Allegiance.— Popular Administration of the present Daeb Raja.—Ascribed Cause of the Rebellion-prudent Precautions-Subjects called upon for their Allegianceweak Condition of the Capital-extreme Vigilance-general Alarm-Letter from the Rebel Leader-Insurgents gather Strength-Skirmishes between the contending Parties-some Loyalists badly wounded with Arrows-their Dread of Poison-strong Position of the Rebels.-Invited to visit the Rajah-his compassionate Concern for the deluded Mob, and confident Expectation the Tumults would soon be quelled .- Miserable Artillery-humane Motive for desiring to employ it - cautious Conduct of the Combatants - general Trait of these Warriors—the Rebels, after an obstinate Contest, totally defeated.—Military Character of the Booteeas—not deficient in Courage—feeble Attack—want of Discipline—Accoutrements and Arms—Use of Poison.—Raja Mocum Narrain -his Vakeel.-Wandipore invested by Zoondonier and Punukka Zoompoon. -General Thanksgivings.-Reduction of the Castle.-Flight of the Rebels.-Plunder and Spoils.—The Raja meditates a Visit to Wandipore, to settle Affairs in the disturbed Districts—announces his Design—invites me to meet him. - 106

CHAPTER VII.

The Raja proceeds to Wandipore—sends a Messenger—we prepare to follow—pass Symtoka—dreariness of the Way—meet a Party of the Daeb Raja's.—

d



xxii

CONTENTS.

PAGE

Improving Appearance of the Country.—A Procession.—Faculty of prolonging the Sound of wind Instruments-instanced also in Bengal.-Matchieu-Patchieu-Tahantchieu Rivers.—Bijnee—Berhampooter—Wandipore.—Liberal Supply of Refreshments from the Raja.-Miserable Quarters.-Lines of the Besiegers-Advantages of Position.—Castle of Wandipore—Tradition regarding it.—Bridge -Lightness and Beauty of its Structure. - Mineral Springs. - General Ignorance of the Contents of these Mountains.—Curious Effect of a strong Current of Wind.—Turbulent Situation of Wandipore.—Process of making Butter.— Departure from Wandipore.—Tame Elephant.—View of the Mountain of Ghassa—Snow—hot Bath.—Palace of Punukka.—Matchieu-Patchieu Valley— Banks of the River—sheltered Situation.—Expensive Decoration of the Palace. -Gardens-Variety of Fruits-advantageous Site for Horticulture.-Laborious Services imposed upon the Female Sex.—Zemrigatche.—Nymphæa Nilotica its religious Estimation in Bootan as well as in Egypt.—Propitiatory Offerings to the Dewtas.-Narrainee, particular Account of.-Leave Punukka.-Telagong.-Stupendous Mountains.-Hunnoowunt.-Muttura.-Madejee Sindia.-Jumna.—Ultimate Defeat of the Rebels. 124

CHAPTER VIII.

Return of the Raja to Tassisudon—our Visit to him—anxiety to hear our opinion of his favourite Seat—displeased that we were refused admittance—recital of what appeared peculiarly striking.—His marked approbation of Mr. Davis.—Buxa Soobah.—A Buffoon.—Electrical Machine.—Mechanic turn of the Raja—medical Genius.—Ipecacuanha.—Wandeechy.—Fatal accident to our Camp Equipage.—Tibet Dogs.—Entertainment at the Villa.—Marvellous Stories of the Raja—of a Gigantic race of Men—of People with Tails—of Unicorns.—The Rajah's Pilgrimage to the sacred Shrine of Pootalah.—Temple of Wandeechy.—Repast—Bull Fight.—Return of the Rajah to the Palace.—Messengers from Tibet.—Durga Pooja.—The great Autumnal Festival of the Hindoos.—Dussera.—Dewali.



CONTENTS.

xxiii

PART II.

CHAPTER I.

Take leave of the Daeb Raja, and the principal Officers of his Durbar. Depart from Tassisudon.—Ascend the lofty Mountain of Pomæla—pass Phajudee, famed for the Birth of the present Lam' Rimbochay.—Extensive Monastery.—Religious Associations, their obvious Tendency on Population.—Cross the Summit of Pomæla-descend to Paimaitong -Tibetian Custom of taking Tea-Appendages of Dress-gross Superstitions of these Mountaineers. - Paibesa -- Picturesque View from Dalai-jeung-hospitable Entertainment of its Keeper-Review of the Way.-Paro.-Patchieu.-Paro Pilo, his Extent of Jurisdiction.-Seccum Raja. -Castle of Paro, Parogong, or Rinjipo.-The Valley-its Extent.-Mookhytemporary Edifices-Exercise of Archery-Market-Manufactures-Mechanics -Thrashing.-Market-place of Paro.-Zeenkaub, Attention of his Friends.-Brood of Tangun Horses. - Fortress of Dukka-jeung. - Snow-Harvest romantic Scenery.—Sana—last Post in Bootan—Guard-house—Patchieu Bridge. -The Yak of Tartary, particular Description of. -Gloomy Wilds. -Rude Region of the Frontier .- Of Bridges in Bootan .- Vast Difference between the muscular Form of the Booteea and Tibetian .- Social Groupes of Mountaineers. -Ghassa.-Lama of Phari.-Dhy, Kummuz of the Tartars.-Tartar Herdsmen. -Dukba.-Elevation and bleak Site of Soomoonang. 167

CHAPTER II.

Small Banners, the Boundaries between Bootan and Tibet.—Plain of Phari—low Mount dedicated to funeral Rites.—Fortress.—Chassa Goombah, Station of the Lama of Phari—his Jurisdiction.—Là, or Musk Deer.—Ghouz—Severity of the Cold—Range of snowy Mountains.—Chumularee.—Hindoo Superstitions—Tongla—Tartar Tents.—Goorkhaw.—Homage to Chumularee.—Superior Elevation of this Part of Tibet—deduced from the Sources of Rivers, the cold Temperature of the Air, and the Mountains clothed perpetually with Snow.—Teuna—feeble Vegetation—numerous Herds—dreary Aspect.—Tempestuous Character of the Frontier.—Mineral Springs—fossil Alkali—Natron.—Dochai.—Lake Ramtchieu—vast Resort of Water-fowl.—Encampment.—Sedjy mutti.—Sublime Scenery—a Tibet Village.—Farther Traits of Superstition.—Dogs of Tibet—their Ferocity.—Comparison between Bootan and Tibet.



xxiv

CONTENTS.

CHAPTER III.

PAGE

218

Deserted Villages—fatal Effects of the Small-pox—Ignorance of its Treatment—a serious Calamity—Occasion of the Removal of the Seat of Government and Monastery from Teshoo Loomboo to Chamnamning.—Gangamaar—hot Bath—Surface of the Ground adjacent—Labourers in the Fields—rude Expression of Surprise.—Place of Fragments—huge Idol—Mahamoonie—a religious Rite.—Shoohoo.—Nainee--improving Appearance of the Country.—Tehukku.—Jhansu-jeung.—Valley of Jhansu.—Woollen Manufactory—Economy in Dress.—Monastery of Jhansu.—Beggars.—Dukque.—Corricle.—Castle of Painom—Bridge—Town.—Keesoo.—Tsondue.—Distant View of Teshoo Loomboo—Enter the Monastery.

CHAPTER IV.

Messages of Compliment and Congratulation from the Regent and Soopoon Choomboo-Custom of presenting a white Scarf-favourable Tokens of a friendly Disposition.—Preparations for our Reception—Hall of Audience—Lama's Throne-Introduction to the Regent-The Regent's Assurance of the Identity of the Lama-his Friendship for the Governor General in his pre-existent State—Attention and Respect paid him at the Court of China—his Regeneration acknowledged by the Emperor-Satisfaction derived from the Receipt of the Governor General's Dispatches .- Projected Removal of the Lama to Terpaling -the Monastery prepared for his Reception-Tea-Dismission.-Sketch of the Person-Manner-Dress of the Regent.-Bells, a Summons to Devotion.-Visit to Soopoon Choomboo .-- Emperor of China--his Influence-a Votary of the Tibet Faith.—Umbas--Jasoos--Gesub Rimbochay—Dalai Lama—Soopoon Choomboo, Sadeek-honoured by the distinguished Attention and Favour of the late Lama -promoted by the Emperor-his Character held in high Estimation-important Period in the Annals of Tibet.-First public Tribute of Acknowledgment and Allegiance to the regenerated Lama—Preparations for his Removal from Kylee to Terpaling-Offer to attend the Ceremony.-Party proceeds to escort the Lama-Homage paid by his Votaries on the Way-Entry into Terpaling-Return of the Regent-Cavalcade-Bonfires-Chinese.-Correspondence with Dalai Lama.—Hostile Disposition of Gesub Rimbochay.



CONTENTS.

XXV

CHAPTER V.

PAGE

266

Permission from the Regent to view the Interior of the Monastery.—Gorgeous Temples.—Solemn and mysterious Ceremonies.—Numerous Assembly of the Gylongs.—Periods for Devotion.—Loud Vociferation.—Clamorous Noise attending the Performance of their religious Rites.—Serious Attention to the Duties of their Faith.—Profound Respect for their sovereign Lama.—Visit the Mausoleum dedicated to the Memory of the late Teshoo Lama.—Cursory View of this highly venerated Structure.

CHAPTER VI.

The Regent.—Soopoon Choomboo.—Countries contiguous to Tibet—Bengal endeared to the Tibetians by religious Prejudices .- Gunga Sagur-the Confluence of the Ganges with the Sea.-Jagarnaut.-Performance of Pilgrimage by Proxy. - A Devotee - Geography - Astronomy. - Pranpooree - his extraordinary Course of Mortifications .- Russia-the Czarina .- Taranaut Lama .-Kharka.—Intercourse between Russia and China.—Pilgrims from Khumbak.— Gallery of Idols-Means by which the Cabinet is occasionally augmented. Teshoo Loomboo famed for the Manufacture of Images.-Lama of Luddauk.-War between England-America and France.-Commerce-of the English Nation. - Spirit of Inquiry and Research. - Siberia - Baikal. - Wandering Tartars.-No Tradition extant of an ancient People inhabiting towards the North.—General Belief of the Origin of Learning.—Inference drawn from the Similarity of the Sanscrit and Tibet Alphabet.—Character in which their sacred Writings are preserved and printed-that of Correspondence and Business .-Regent notifies his Design of leaving the Monastery—commends me to the Care of Soopoon Choomboo in his Absence.-Visits my Apartments, accompanied by Soopoon Choomboo and the Lama of Luddauk.—Science of Palmistry.—Attar, Pawn.

CHAPTER VII.

Departure of the Regent—his Desire to travel unobserved.—Egypt—Eunani—Singhi.—Use of the Symbol of the Lion in Tibet and Egypt—superstitious Regard for celestial Phænomena—Skill in Science—Bigotry—Court of China—Spectacles for the Entertainment of the Lama—Soomeroo.—Coincidence with the Hindoos in scientific Knowledge —Benares esteemed the sacred Seat of all human Learning.—Teshoo Loomboo—Geographic Site—particular Description of.—Plain of Teshoo Loomboo—Shigatzee-jeung—Luddauk—Cashmeer—Nipal—China—Russia—Siberia.—Abruptness of the Hills—local Effect.—Vortexes of



XXVî

CONTENTS.

PAGE

Wind.—Rock behind Teshoo Loomboo—View from hence.—Berhampooter—Megna—Pudda—Sundrabunds—Pirates—Maunserore—Rise—Course of the Ganges and Berhampooter.—Seasons in Tibet.—Meat preserved by the Action of intense Cold.—Use of undressed Meat.—Sheep, their Value for Food, Raiment, and Use.—Dryness of the Atmosphere in Tibet—Precautions used against it. 28

CHAPTER VIII.

Local Appellation of Tibet—Stricture on the Religion—Use of musical Instruments in their sacred Services—Comparison with the Hindoos—Assemble in Temples for the Performance of religious Duties—Lama, the sacred Superior—Gradations in the sacerdotal Class—Gylong—Tohba—Tuppa—Establishment of the Monastery—Interdictions of the religious Order—Noise and Pomp of their religious Ceremonies—Kugopea—Habit of the Priests—Yellow, the distinguishing Colour, worn by the Sect Gyllookpa—of which the Superiors are Dalai Lama—Teshoo Lama—Tarranaut Lama—Red, by the Shamar.—Lam' Rimbochay—Lam' Sobroo Nawangnamghi—Lam' Ghassatoo—their Contentions—Prevalence of the former.—Humane Trait in the Character of the Tibetian.—Tribute of respect paid to the Dead—Festival in Honour of the Dead—superstitious Practices—sanctioned and performed by the Class devoted to Religion.—Omens.—Calendar of Time—Cycle of twelve Years.—Art of Printing.

30

CHAPTER IX.

Return of the Regent—Time appointed for my Departure—rapid Advance of Winter—Audience of Leave—Soopoon Choomboo—farewell Visits from numerous Friends—prepare to leave Teshoo Loomboo—previous Observance of some superstitious Ceremonies.—Beggars—Mohammedans—Hindoos.—Benevolence displayed at Teshoo Loomboo.—Tsondue.—Skating.—Terpaling.—Interview with Teshoo Lama—Manner and Conduct of the Lama—his Age—Parents—Gyeung—her splendid Dress—Gyap—Invitation to an Entertainment—Officers of the Lama's Household—Impression of profound Respect.—Veneration entertained for the Memory of the late Lama—his humane, intelligent, conciliating Character.—Amiable Manners of Mr. Bogle.—Parents of the Lama—Pavilion—Entertainment.—Gyap—his Delight in manly Sports—his superior Skill—polite Offer to instruct me in the Arts he practised.—Repast—raw Meat—Gyeung, particularly abstemious.—Music—Vocal—Instrumental.—Conclusion of the Entertainment.—Wait upon the Lama—Votaries of the Lama—Calmuc Tartars—liberal Offerings.—Last Visit to the Teshoo Lama, and his Parents.



CONTENTS.

xxvii

CHAPTER X.

PAGE

Quit the Monastery of Terpaling, on my Return towards Bengal—Annee Goomba
—Annees, Nuns—Gylongs, Monks.—Cursory View of the interdicted Orders.
—Pelyandry—Influence on the Manners of the People—Tendency to check the too great Increase of Population—and prevent the inhuman Practice known to prevail in China.—Marriage Ceremonies.—Bleak and dreary Aspect of the Country—Rigour of the Winter—extreme Purity of the Atmosphere.—Precautions to secure the Surface of the Soil, and at the same Time enrich the Lands.
—Course of the Seasons.—Dukque.—Lake Ramtchieu.—Skating—Solidity of the Ice—intense Severity of the Frost.—Shawl Goats.—Soomoonang—Punukka—Buxadewar—Rungpore.

PART III.

Report delivered to the Hon. Warren Hastings, Esq. Governor General of Bengal, upon the Result of my Mission to the Court of Teshoo Loomboo. - 361

A List of the Usual Articles of Commerce between Tibet and the surrounding

Countries. - - - - 381

PART IV.

Some Account of the Vegetable and Mineral Productions of Bootan and Tibet. 387

PART V.

Letter addressed to the Hon. John Macpherson, Esq. Governor General of Bengal, containing some Particulars relating to the Journey of Poorungheer to Teshoo Loomboo; the Inauguration of Teshoo Lama; and the State of Tibet from 1783 to 1785.

PART VI.

Some Account of the Situation of Affairs in Tibet, from 1785 to 1793. - 437



xxviii

CONTENTS.

APPENDIX.

			PA	G E
No. I. Translation of a Letter from Kienlong	, Emperor of C	hina, to Dala	ai Lama,	
the Grand Lama of Tibet		-	- 4	143
No. II. Translation of a Letter from Change heim, Regent of Teshoo Loomboo, to	Warren Hasti	•	Governor	
General, &c. &c. Received the 12th of Feb. No. III. Translation of a Letter from Soopoo Minister to the late Teshoo Lama, to Warre	n Choomboo, I n Hastings, Es		a Lama, General,	149
&c. &c. Received the 12th February, 1782				-54
No. IV. Narrative of the Particulars of the				
Suite, from Tibet to China, from the verbal	Report of Poo	rungheer Go	sein. 4	57
TABLE OF I	PLATES.			
Survey of the Road from Buxadewar to Tassisudor Teshoo Loomboo, in Tibet, to be placed with a			sudon to	e t
Views taken upon the Spot by Lieutena	nt Samuel D	avis, and e	noraved	Ьv
			_	•
Basire, from the original Drawings in	the bossession	II OI VV AFFE	n masun	ξs,
Esq.				
Plate I. Buxadewar,	•	•	- page	39
II. The Cascade of Minzapeezo -	-	-	-	53
III. Plan, Section, and Elevation of the Bridg	ge of Chains at C	Chuka	•	55
IV. Chuka	-	-	•	55
V. The Valley near Tassisudon, with a Proce	ession of the Rel	igious to their	Ablutions	86
VI. The Palace of Tassisudon -	• •	-	•	90
VII. The Residence of Lam' Ghassatoo	• •	_	-	96
VIII. The Castle of Wandipore -	-		•	132
IX. The Palace of Punukka -	• •	-	-)	138
X. The Yak of Tartary, from a Picture, pa	ainted by Stubb	s, in the poss	ession of	<i>J</i> .
Warren Hastings, Esq				186
XI. The Mausoleum of Teshoo Lama		-		269
XII. The Dwelling of Tessaling Lama, with t				
			opea -	
XIII. Specimens of the Umin, and of the U Tibet, to be placed with a guard			opea -	3 1 4