

CONTENTS.

	PAGE
CHAPTER I.	
INTRODUCTORY,	7
CHAPTER II.	
IDEALS,	16
CHAPTER III.	
THINGS AS THEY ARE,	38
CHAPTER IV.	
THINGS AS THEY MIGHT BE,	72
CHAPTER V.	
PROFESSIONAL AND DOMESTIC LIFE,	98
CHAPTER VI.	
SPECIFIC SUGGESTIONS,	130
CHAPTER VII.	
CONCLUSION,	164