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Isabella Bishop (née Bird) published *Among the Tibetans* in 1894 and recounts her adventures of five years earlier. Bird was recommended an open-air life from an early age as a cure for her physical and nervous difficulties. She had previously toured the United States and Canada, New Zealand, Australia, the Sandwich Islands, and the Far East before her marriage to Dr John Bishop. After his death in 1886, Isabella resolved to travel again, although now for missionary purposes. She studied practical medicine at St Mary's Hospital in London and was baptised in a ceremony of total immersion. She travelled to India and Tibet in 1889 both visiting medical missions and embarking on the journey into Ladakh on horseback and by houseboat, camping and living among the natives. The book recounts her observations of day-to-day life in the area, as well as its politics and environment.

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Among the Tibetans

ISABELLA BIRD



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