

Contents

About the authors	page viii
Acknowledgements	x
Introduction	1
1 Contemporary social work practice: thinking, doing and being	5
The meaning(s) of social work	6
Origins of social work	9
Broad trends in social work education and practice	11
Clinical and remedial social work	12
Developmental social work	12
Professional social work in Australia	16
Professional development of social work	18
Australian Social Work Education and Accreditation Standards 2012	21
AASW practice standards	22
AASW code of ethics	23
Thinking, doing and being in social work practice	24
Conclusion	34
2 A reflective social work practice model: blending thinking, doing and being with PEOPLE	36
Meaning of reflective practice and its variants	37
Significance and the use of reflective practice	41
Theoretical bases of reflective practice	42
A reflective social work practice model: blending being, thinking and doing with PEOPLE	47
Conclusion	61
3 Being in the context of reflective practice with individuals and families	64
The individual or family case study	66
Thinking and reflecting on individual and family work	68
Doing: What the individual/family worker did	71

Outcomes	80
Reflecting on being as an individual and family worker	81
Formal and informal theory	85
Habitual and heuristic practices	86
The nature of evil	87
The influence of the personal and the professional	87
The influence of external conditions and circumstances	88
Conclusion	89
4 Being in the context of reflective practice with groups	90
Things that you need to know	96
Systemic/critical thinking	97
Reflecting on therapeutic group work within prisons	98
Doing: what the group worker did	100
Reflecting on being and the group	107
Conclusion	114
5 Being in the context of reflective practice with communities	117
Case study	119
On Community A, Community B and Community C	121
Doing: What did the community worker do?	124
Reflecting on being as a community worker	131
Conclusion	138
6 Being in the context of social work research for action and change	142
A brief description of the research project	143
Research objectives	144
Research team and research methods	145
Research ethics	149
Research design	151
Doing of a social work researcher	152
The research process involving and leading to action and change	154
‘Being’ of a researcher	161
Dynamics of thinking and doing and being	163
Conclusion	167
7 Being in the context of reflective practice as a social work leader, manager, administrator	170
Case study	173
Doing as a leader/manager/administrator	181
Reflecting on being as a social worker leader/manager/administrator	191
Conclusion	197

8 Reflections on thinking, doing and being: future of social work practice	200
Significance of 'being' in social work	201
The reflective social work practice model and its application	204
Future of social work practice	211
Conclusion	213
References	215
Index	233