EXPERIMENTAL CRIMINOLOGY

Experimental criminology is a part of a larger and increasingly expanding scientific research and evidence-based movement in social policy. The chapters in this volume report on new and innovative contributions that experimental criminology is making to basic scientific knowledge and public policy. Contributors explore cutting-edge experimental and quasiexperimental methods and their application to important and topical issues in criminology and criminal justice, including neurological predictors of violence, peer influence on delinquency, routine activities and capable guardianship, early childhood prevention programs, hot spots policing, and correctional treatment for juvenile and adult offenders. It is the first book to examine the full scope of experimental criminology, from experimental tests – in the field and in the laboratory – of criminological theories and concepts to experimental and quasi-experimental evaluations of crime prevention and criminal justice interventions.

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Experimental Criminology

Prospects for Advancing Science and Public Policy

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Contents

Contributors page		ge vii
Foreword by Philip J. Cook is		
Preface xii		
L	Experimenting with Crime and Criminal Justice Brandon C. Welsh, Anthony A. Braga, and Gerben J. N. Bruinsma	1
	PART I EXPERIMENTING WITH CRIME	
	Experimental Tests of Criminological Theory Jean Marie McGloin and Kyle J. Thomas	15
U	Experimental Neurocriminology: Etiology and Treatment Michael Rocque, Adrian Raine, and Brandon C. Welsh	43
]	Computer Simulation Experiments and the Development of Criminological Theory <i>Christopher J. Sullivan</i>	65
U	Experiments in Guardianship Research Maud van Bavel and Henk Elffers	90
	PART II EXPERIMENTING WITH CRIME PREVENTION AND CRIMINAL JUSTICE	
]	Randomized Experiments in Criminology: What Has Been Learned from Long-Term Follow-Ups? <i>David P. Farrington and Brandon C. Welsh</i>	111

v

Cambridge University Press & Assessment 978-1-107-61413-0 — Experimental Criminology Edited by Brandon C. Welsh, Anthony A. Braga, Gerben J. N. Bruinsma Frontmatter <u>More Information</u>

vi		CONTENTS
7	Increasing Equivalence in Small-Sample Place-Based Experiments: Taking Advantage of Block Randomization Methods <i>Charlotte E. Gill and David Weisburd</i>	141
8	Multisite Randomized Trials in Criminology Doris Layton MacKenzie, Janani Umamaheswar, and Li-Chen Lin	163
9	Using Regression Discontinuity Designs in Crime Research Emily G. Owens and Jens Ludwig	194
10	Quasi-Experimentation When Random Assignment Is Not Possible: Observations from Practical Experiences in the Field <i>Anthony A. Braga</i>	223
	PART III ASSESSING RESEARCH EVIDENCE AND FUTURE DIRECTIONS	
11	Systematic Reviews and Cost–Benefit Analyses: Toward Evidence-Based Crime Policy Brandon C. Welsh, Peter H. van der Laan, and Meghan E. Hollis	253
12	Integrating Experimental and Observational Method to Improve Criminology and Criminal Justice Policy Anthony A. Braga, Brandon C. Welsh, and Gerben J. N. Bruinsma	s 277
Inde	ex	299

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vii

viii

Cambridge University Press & Assessment 978-1-107-61413-0 - Experimental Criminology Edited by Brandon C. Welsh, Anthony A. Braga, Gerben J. N. Bruinsma Frontmatter More Information

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Foreword

We need this new field of experimental criminology. The design of cost-effective policy requires good evidence on what works well and, equally important, what doesn't. Intuition, casual observation, and good intentions are not enough.

The exceptional case, albeit from another field, helps prove the rule. Cambridge Professor Gordon Smith and his colleague Jill Pell once pointed out that there had been no rigorous evaluations of parachute use as a method of preventing death resulting from jumping out of an airplane. They noted that "advocates of evidence based medicine have criticised the adoption of interventions evaluated by using only observational data" (2003: 1459) and suggested that those advocates participate in a randomized field trial of parachute use. The point is that observational data combined with our understanding of basic mechanisms (gravity, vulnerability to trauma) is entirely persuasive in this case, just as is the usual evidence we have about which switch controls a particular light. But such easy cases are rare. The processes by which innovations in policing or corrections or social policy might influence crime rates are complex and cannot be confidently assessed by what might be called "common sense" alone. More systematic evidence is required. And the new field, well documented in this book, is beginning to provide just that.

Of course, even in the absence of rigorous evidence of the sort discussed in this book, there is no lack of opinions. The abundance of opinions originates not only from laypeople (everyone's a social scientist by virtue of personal experience) but also from those who have a real claim to expertise – police chiefs, judges, criminals, corrections

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FOREWORD

program administrators, and scholars with a deep knowledge of crime and its making. The marketplace for ideas about crime policy is glutted. The great challenge is sorting through the offerings, creating a sort of quality control that distinguishes ideas that are merely plausible from those that have actually been subjected to rigorous testing and survived. The power of plausibility in influencing public support is strong, as witnessed by programs such as Scared Straight, DARE (Drug Abuse Resistance Education), and gun buybacks that remain popular despite the null or negative findings of well-done evaluations. But the good evidence on these matters is now part of the debate, and that's progress.

Indeed, it is a brave program manager or advocate who opens the door to a rigorous evaluation. He or she is volunteering to raise the bar. As opposed to relying on a convincing narrative, personal testimonials, and outcomes data limited to certain subgroups (those who stayed in the program, say), a randomized controlled trial (RCT) or regression-discontinuity analysis creates a real possibility of a null result. The history of corrections research in particular has Robert Martinson's famously negative conclusions as a cautionary tale - his review of evaluations (primarily from the 1960s), including several high-quality RCTs, has been summarized as "nothing works." More generally, the leading figure in social policy evaluation, Peter Rossi, has made a strong case for skepticism. His Iron Law of Evaluation asserts that the expected value of any large-scale social program is zero, which he coupled with his Stainless Steel Law of Evaluation, that the better designed the impact assessment of a social program the more likely is the resulting estimate of impact to be zero. In sum, if you have a pet program, it would be risky to invite a high-quality evaluation.

Of course not every rigorous evaluation has negative results. Sometimes the usual situation is reversed, where the best evidence *supports* interventions that are widely viewed as implausible. My list of counterintuitive interventions that have been shown convincingly to reduce crime would start with raising alcohol excise taxes and implementing coerced abstinence programs for felony probationers. Of particular interest in the context of this book is how much has changed in criminologists' assessment of the influence or potential influence

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FOREWORD

of the police; it is fair to say that two decades ago most criminologists believed that variations in the size of the police force or policing strategies were pretty much irrelevant to determining a city's crime rate – a view that was also often endorsed by police chiefs. Now, thanks in part to high-quality evaluations conducted by Lawrence Sherman, David Weisburd, Anthony A. Braga, Emily Owens, and others in the experimental criminology movement, we have a much more positive view. Police departments, at least some police departments, have been surprisingly receptive to running experiments, and the accumulation of high-quality evidence in this arena has influenced practice. Hot spots policing is the signature program of experimental criminology.

The publication of this book serves as a milestone in the development of this important new field. The editors and authors make the case that the evidence base for policy making has become stronger thanks to the incorporation of rigorous experimental and quasiexperimental evaluation methods – and that the general approach and mission has gained broad acceptance. The normal science of criminology will never be the same.

> Philip J. Cook Duke University

Smith, Gordon C. S., and Jill P. Pell. 2003. "Parachute Use to Prevent Death and Major Trauma Related to Gravitational Challenge: Systematic Review of Randomised Controlled Trials." *British Medical Journal* 327: 1459–61.

Preface

Experimental criminology is an important area of research and scholarship and is closely linked with the evidence-based movement in social policy. Its profile has been elevated in recent years with any number of new scholarly and policy-oriented developments, methodological advancements, and a rapidly expanding body of experimental studies. Experimental methods have deep roots in criminology and the social and behavioral sciences more generally. These can be found in the study of criminal activities, development and testing of criminological theories, and evaluations of programs and policies to reduce crime. Experiments take place in varied field settings as well as in laboratories and are a rich source of scientific knowledge that has helped to advance the field of criminology and public policy. This book sets out to recapture the full breadth of experimental criminology and report on new and innovative contributions that it is making to basic scientific knowledge and more effective public policy.

The idea for this book originated with an international workshop that was organized and hosted by the Netherlands Institute for the Study of Crime and Law Enforcement (NSCR). Held in Amsterdam on May 9–10, 2011, the NSCR workshop brought together leading scholars and experimentalists from North America and Europe to report on and debate new findings and methodological developments in experimental criminology. Papers were commissioned from the authors and presented at the workshop. Each presentation was followed by a detailed critique from an assigned discussant and discussion among participants. After the workshop, authors submitted revised versions of their papers. Finally, we commenced two rounds

xiii

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xiv

PREFACE

of reviewing and editing, and papers were accepted for inclusion in the volume.

Our journey to completing this book was aided and enriched by many people. We begin by thanking the contributors, all seventeen of them. It was a real pleasure to work with each and every one. For her intrepid work in organizing the Amsterdam workshop and making it a truly great event, we wish to thank Ariena van Poppel of NSCR. We are also grateful to Meghan Hollis for excellent research assistance. The workshop benefited tremendously from those who served as discussants on the presentations, and we wish to give special thanks to the following: Wim Bernasco, Catrien Bijleveld, Henk Elffers, David Farrington, Martin Killias, Friedrich Lösel, Stijn Ruiter, Christopher Sullivan, and Peter van der Laan. Finally, we wish to acknowledge the generous reception and invaluable guidance that we received from Robert Dreesen, Senior Commissioning Editor at Cambridge University Press.