

Table of Contents

| | |
|--|----------------|
| <i>List of Plates</i> | <i>page xi</i> |
| <i>List of Figures</i> | xii |
| <i>List of Tables</i> | xvi |
| <i>Preface</i> | xvii |
| 1 What is Addiction? | 1 |
| Learning Objectives | 1 |
| Introduction | 1 |
| The Phenomenology of Substance Use Disorders | 4 |
| The Demography of Addiction | 5 |
| The Stigma of Addiction | 5 |
| The Diagnosis of Addiction | 6 |
| A Brain Disease Model of Addiction | 9 |
| Non-Drug Addictions | 12 |
| Summary Points | 14 |
| Review Questions | 14 |
| Further Reading | 14 |
| Spotlight | 15 |
| References | 16 |
| 2 Human Neuroscience Approaches Toward the Understanding of Addiction | 21 |
| Learning Objectives | 21 |
| Introduction | 21 |
| Measuring the Brain’s Electrical Activity | 22 |
| Visualizing the Brain’s Structure and Function | 24 |
| Biochemical Imaging | 27 |
| Limitations of Neuroimaging Research | 28 |
| Summary Points | 29 |
| Review Questions | 29 |
| Further Reading | 29 |
| Spotlight 1 | 30 |
| Spotlight 2 | 32 |
| References | 32 |

| | |
|---|-------------------|
| viii | Table of Contents |
| 3 Brain-Behavior Theories of Addiction | 34 |
| Learning Objectives | 34 |
| Introduction | 34 |
| The Incentive-Sensitization Theory | 35 |
| The Allostatic Model: Dysregulation in Homeostasis | 36 |
| The Impaired Response Inhibition and Salience Attribution (iRISA) Syndrome Model | 38 |
| The Future of Brain-Behavior Theories of Addiction | 40 |
| Summary Points | 42 |
| Review Questions | 42 |
| Further Reading | 42 |
| Spotlight | 43 |
| References | 45 |
| 4 From the Motivation to Initiate Drug Use to Recreational Drug Use: Reward and Motivational Systems | 47 |
| Learning Objectives | 47 |
| Introduction | 47 |
| Reward and Motivational Systems Guide the Direction of Behavior | 48 |
| Predicting Rewards: Evidence for the Primary Role of Dopamine | 51 |
| Final Common Pathway: All Drugs Lead to One | 53 |
| Is Addiction a Reward Deficiency Syndrome? | 55 |
| Corticostriatal Circuitry and Effort–Reward Imbalance | 56 |
| Role of Memory Systems | 56 |
| Summary Points | 58 |
| Review Questions | 58 |
| Further Reading | 59 |
| Spotlight | 60 |
| References | 61 |
| 5 Intoxication | 64 |
| Learning Objectives | 64 |
| Introduction | 64 |
| Drug Pharmacodynamics | 66 |
| Actions of Addictive Drugs | 66 |
| Brain Mechanisms of Intoxication: Evidence From Neuroimaging | 68 |
| Pharmacological Studies | 73 |
| Modulators of Intoxication: Challenges in Human Research | 75 |
| Summary Points | 76 |
| Review Questions | 76 |
| Further Reading | 76 |

| | |
|--|------------|
| Table of Contents | ix |
| Spotlight | 76 |
| References | 78 |
| 6 Withdrawal | 81 |
| Learning Objectives | 81 |
| Introduction | 81 |
| What Does Withdrawal Look Like? | 82 |
| Acute Withdrawal Symptoms and Associated Neural Mechanisms | 85 |
| Protracted Withdrawal Symptoms and Associated Neural Mechanisms | 87 |
| Electrophysiological Mechanisms of Withdrawal | 88 |
| A Model of Opposing Mechanisms: Between-System Response to Drugs | 90 |
| Summary Points | 91 |
| Review Questions | 92 |
| Further Reading | 92 |
| Spotlight 1 | 93 |
| Spotlight 2 | 94 |
| References | 94 |
| 7 Craving | 98 |
| Learning Objectives | 98 |
| Introduction | 98 |
| Cue-Elicited Craving Paradigms and Associated Neural Mechanisms | 99 |
| Neurophysiological Underpinnings of Craving | 101 |
| Contextual Cues | 102 |
| Do Drugs Hijack the Reward Circuitry of the Brain? | 103 |
| Greater Craving or Greater Attention? | 105 |
| Neuromolecular Mechanisms | 106 |
| Summary Points | 107 |
| Review Questions | 107 |
| Further Reading | 108 |
| Spotlight | 108 |
| References | 110 |
| 8 Impulsivity | 114 |
| Learning Objectives | 114 |
| Introduction | 114 |
| Neuropharmacology of Impulsivity | 116 |
| Is Impulsivity Pre-existing or Drug Induced? | 117 |
| Risky Decision Making | 120 |

| | |
|---|-------------------|
| x | Table of Contents |
| Inhibitory Control | 121 |
| Delay Discounting of Reward | 123 |
| Summary Points | 125 |
| Review Questions | 125 |
| Further Reading | 126 |
| Spotlight | 127 |
| References | 128 |
| 9 Impacts of Brain-Based Discoveries on Prevention and Intervention Approaches | 130 |
| Learning Objectives | 130 |
| Introduction | 130 |
| Pharmacological Approaches | 132 |
| Behavioral Approaches | 135 |
| Combined Approaches | 137 |
| Treatment Outcomes | 138 |
| Summary Points | 141 |
| Review Questions | 141 |
| Further Reading | 141 |
| Spotlight 1 | 142 |
| Spotlight 2 | 143 |
| References | 144 |
| 10 Conclusions | 148 |
| Learning Objectives | 148 |
| Introduction | 148 |
| Risk Factors Inform Better Prevention and Intervention | 149 |
| Addiction Endophenotypes | 150 |
| Sex Differences in Addiction | 155 |
| The Question of Causality | 156 |
| General Conclusions | 157 |
| Summary Points | 159 |
| Review Questions | 159 |
| Further Reading | 160 |
| Spotlight 1 | 161 |
| Spotlight 2 | 162 |
| References | 162 |
| <i>Glossary</i> | 165 |
| <i>Index</i> | 173 |
| <i>Color plate section found between pages 172 and 173</i> | |