Multidimensional Grief Therapy
“Multidimensional Grief Therapy provides a remarkable integration of a theoretical model of grief with measures and intervention strategies that are tailored to identify and treat the unique needs of different bereaved children. The book provides an impressive review of the scientific foundations of their approach. The approach provides guidance for clinicians to support adaptive grieving processes and to identify and treat maladaptive processes. The manual in the book provides step-by-step exercises clinicians can use to guide their practice, with each exercise nicely tied to the underlying theory of distinct dimensions of children’s grief. The authors are distinguished scholars who have made significant contributions to our scientific understanding of children’s grief. In this book they have brought all of their scientific research together to provide clinicians with a uniquely comprehensive model they can use to support bereaved youth.”

Irwin Sandler
Research Professor (FSC), ASU Psychology REACH
Emeritus Professor, Emeritus College
Arizona State University

“This is a remarkably cogent volume on an assessment and treatment (Multidimensional Grief Therapy) of childhood grief – developed after decades of clinical experience and empirical confirmation by a team of respected authors who recognize that “one-size-fits-all” grief treatments lack effectiveness.”

Ted Rynearson, M.D.
Clinical Professor of Psychiatry
University of Washington

“Multidimensional Grief Therapy fills an important gap by providing everything a clinician needs to implement this easy to use and developmentally appropriate evidence-based therapy. The authors have incorporated years of research and work with grieving children into this text which provides helpful handouts, a range of suggested assessment tools for each session and direct practical advice for working with bereaved children and their caregivers who are often grieving themselves.”

Julie Cerel, Ph.D.
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A Flexible Approach to Assessing and Supporting Bereaved Youth

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