

Cambridge University Press
 978-1-107-54305-8 — Wellbeing, Recovery and Mental Health
 Edited by Mike Slade, Lindsay Oades, Aaron Jarden
 Copyright information
[More Information](#)

CAMBRIDGE UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom
 One Liberty Plaza, 20th Floor, New York, NY 10006, USA
 477 Williamstown Road, Port Melbourne, VIC 3207, Australia
 4843/24, 2nd Floor, Ansari Road, Daryaganj, Delhi - 110002, India
 79 Anson Road, #06-04/06, Singapore 079906

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9781107543058

© Cambridge University Press 2017

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2017

Printed in the United Kingdom by Clays, St Ives plc

A catalogue record for this publication is available from the British Library.

Library of Congress Cataloguing in Publication data

Names: Slade, Mike, editor. | Oades, Lindsay G., editor. | Jarden, Aaron, editor.

Title: Wellbeing, recovery and mental health / edited by Mike Slade, Lindsay Oades, Aaron Jarden.

Description: Cambridge ; New York : Cambridge University Press, 2016. | Includes bibliographical references and index.

Identifiers: LCCN 2016021863 | ISBN 9781107543058 (paperback)

Subjects: | MESH: Personal Satisfaction | Psychotherapy – methods |

Happiness | Mental Disorders – therapy | Psychiatric Rehabilitation – methods

Classification: LCC RC480 | NLM WM 420 | DDC 616.89/14 – dc23

LC record available at <https://lccn.loc.gov/2016021863>

ISBN 978-1-107-54305-8 Paperback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

.....
 Every effort has been made in preparing this book to provide accurate and up-to-date information which is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.