

Perioperative Temperature Management

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Preface

This book is designed for anaesthesiologists, anaesthesia nurses and surgeons who need more than a basic knowledge about perioperative temperature management. The book explains basic thermal physiology, the changes that are induced by anaesthesia and surgery, and then lists all the adverse outcomes that are associated with perioperative hypothermia. In the following sections all the necessary relevant information is given to prevent perioperative hypothermia, as well as some practical tips and tricks. I hope that the book can thereby offer some help in implementing temperature management more into daily practice and thereby help to protect more patients from the adverse outcomes that are associated with perioperative hypothermia.