Traumatic Brain and Spinal Cord Injury

Challenges and Developments

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Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org Information on this title: www.cambridge.org/9781107007437

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First published 2012 First South Asia edition 2015

This South Asia edition is based on Cristina Morganti-Kossmann, Ramesh Raghupathi and Andrew Maas / Traumatic Brain and Spinal Cord Injury / 9781107007437 / 2012

Printed in India

A catalogue record for this publication is available from the British Library

ISBN 978-1-107-53471-1 Paperback

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Cristina Morganti-Kossmann:

This book is dedicated to the victims of neurotrauma, in hope that the endeavours of the global neurotrauma research community will one day make a difference in improving the treatments and outcomes of those affected by brain and spinal cord injuries.

Ramesh Raghupathi:

Reva, Varuna and Vikram for their understanding and support.

Andrew Maas:

Dedicated to Liz, Marilyn, Sheila and Emily for understanding my commitment to Neurotrauma and coping with my frequent absence.

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Preface

The field of neurotrauma is quickly evolving with exciting new developments. Funding agencies are recognizing the great need for advancing care in neurotrauma and are establishing international collaborations; in this spirit of collaboration across the globe, Andrew Maas in Belgium, Ramesh Raghupathi in the United States and I in Australia have synergized our enthusiasm to conceive a book on neurotrauma to capture current state-of-the-art and to highlight new developments - an initiative which, we believe, is timely and desperately needed. The content of the book was very much inspired by the pivotal contributions of the National and International Neurotrauma Societies to the field of traumatic brain and spinal cord injuries. We have been fortunate enough to obtain collaboration from internationally renowned and acclaimed leaders in clinical and laboratory research on these two devastating diseases, for which therapy is still limited and disability a major burden to our societies. Neurotrauma is increasing globally, particularly in low income countries, and from this perspective it is vital to focus our attention on the latest topics of research tackling not only the clinical management, but also the most recent findings from basic science research. We hope that these recent advancements may in the near future lead to a change in practice for the benefit of our patients.

The scope of the proposed book is to present a comprehensive spectrum of the medical and neurobiological issues related to traumatic brain and spinal cord injuries. We anticipate that this book will be of interest both to clinicians and basic scientists, as it provides a comprehensive overview of our current knowledge and a broad discussion of new developments.

The book is divided into two sections: one on traumatic brain injury and the other on spinal cord injury, with a total of 28 chapters. Both sections follow a similar path beginning with the epidemiology in the developed and emerging economies, where neurotrauma is witnessing a massive expansion. Major clinical issues including advanced experimental monitoring techniques utilised by neurosurgeons and intensive care physicians, and the potential usefulness in identifying novel markers of tissue injury are discussed. It also reflects changes in the focus of neurotrauma research such as the critical effects of blast brain injuries encountered in the combat zones.

The chapters recapitulate the major pathophysiological changes occurring in the injured nervous system, the development of animal models reproducing in the laboratory the features of neurotrauma with success and limitations, the pathological differences between ages and genders, the promise of novel diagnostic and prognostic measures, the fundamentals underlying the improvement in the design of clinical trials, an update on cell transplantation, and rehabilitative approaches to mild brain injury and spinal cord injury, including their effects on plasticity of the nervous system. Finally the book presents past, current and future therapeutic strategies for the treatment of these devastating diseases including hypothermia, decompressive surgery and multifunctional treatments.

We would like to thank first of all our colleagues who immediately agreed to contribute to this book. A special recognition goes to the Cambridge University Press team including Nicholas Dunton who first approved the proposal for the book, and to Lucy Edwards who tirelessly helped the organizational preparation of the work. Finally, I would like to express my most sincere thanks to Andrew and Ramesh for the pleasure in working as a team throughout these months.