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# Abnormal Psychology in Context

## The Australian and New Zealand Handbook

*Abnormal Psychology in Context* is a practical and contemporary handbook for both students of abnormal psychology and allied mental health practitioners. This text is one of the first of its kind, providing a specific focus on abnormal psychology from Australian and New Zealand – rather than US – perspectives. Nadine Pelling and Lorelle Burton have crafted a highly relevant resource, showcasing the most recent Australasian research in a clear format designed for ease of use.

Written by leading researchers from Australia and New Zealand, each chapter examines a particular psychological disorder, details symptoms and responses, and includes relevant statistics, case studies, further reading, and links to community resources. The chapters give equal weight to Australian and New Zealand experiences in abnormal psychology matters.

Succinctly written yet richly detailed, *Abnormal Psychology in Context* is an essential resource that students can carry from the classroom into the workplace.

Additional resources for instructors are available online at [www.cambridge.edu.au/academic/abnormalpsychanz](http://www.cambridge.edu.au/academic/abnormalpsychanz).

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# ABNORMAL PSYCHOLOGY IN CONTEXT

THE AUSTRALIAN AND  
NEW ZEALAND HANDBOOK

*Edited by*  
Nadine Pelling and  
Lorelle Burton

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I wish to dedicate this book to those whose deaths affected me during the writing and editing of the manuscript. Specifically, I dedicate this work to my mum Maureen Toth, my stepmother Raquel Pelling, my friend Lance Forster, and mentor Robert Tribe. Additionally, I dedicate this work to DH who also passed away during this time. Your lives had impact and you are, and will continue to be, missed.

Nadine Pelling

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