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**CAMBRIDGE ENGLISH**  
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# Cambridge English

# EMPOWER

**STARTER**  
**STUDENT'S BOOK**

**A1**

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# Contents

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
<b>Unit 1 Hello!</b>				
<b>Getting started</b> Talk about countries and flags				
<b>1A</b> Say your name and country	<i>be: I / you / we</i>	Countries	Sound and spelling: Long and short sounds	
<b>1B</b> Talk about people you know	<i>be: he / she / they</i>	Nationalities; <i>this / these</i>	Syllables and word stress	
<b>1C</b> Meet and greet new people			Syllables and word stress; Main stress; Tone	Greeting people; Meeting new people
<b>Unit 2 All about me</b>				
<b>Getting started</b> Talk about how many objects people have				
<b>2A</b> Talk about your home town	<i>be: it's / it isn't;</i> Possessive adjectives	Common adjectives; <i>in / near</i>	Sound and spelling: /h/	
<b>2B</b> Talk about possessions and common objects	Plural nouns; <i>have;</i> <i>a / an</i>	Common objects 1; Numbers 1	Sound and spelling: /s/, /z/, /ɪz/; <i>Do you ... ?</i>	
<b>2C</b> Ask for and give personal information			Main stress in questions; Tone in questions	Asking for and giving personal information
<b>Unit 3 Food and drink</b>				
<b>Getting started</b> Talk about the food in a fridge				
<b>3A</b> Say what you eat and drink about others'	Present simple: <i>I / you / we / they</i>	Food 1	Syllables and word stress; Sound and spelling: /i:/, /ɪ/ and /aɪ/	
<b>3B</b> Talk about food and meals	Adverbs of frequency	Food 2; Time; <i>What time / When ... ?</i>	Sound and spelling: /ɑ:/ and /ɔ:/	
<b>3C</b> Order and pay in a café			Syllables and word stress; Sentence stress	Ordering and paying in a café
<b>Unit 4 My life and my family</b>				
<b>Getting started</b> Talk about who people are and what they do				
<b>4A</b> Talk about your life and ask about others'	Present simple: <i>Wh-</i> questions	Common verbs; <i>study</i>	Sentence stress	
<b>4B</b> Talk about your family	Present simple: <i>he / she / it</i> positive	Family and people; Numbers 2; <i>How old ... ?</i>	Sound and spelling: /ð/	
<b>4C</b> Ask and talk about photos			Sound and spelling: /tʃ/ and /dʒ/	Asking and talking about photos
<b>Unit 5 Places</b>				
<b>Getting started</b> Talk about an unusual hotel				
<b>5A</b> Describe a town	<i>there is / there are:</i> positive	Places in a town; <i>a few, lots of</i>	<i>there is / there are;</i> Sound and spelling: /u:/ and /ʌ/	
<b>5B</b> Talk about hotels and hostels	<i>there is / there are:</i> negative and questions	Hotels	Sound and spelling: /ʃ/; Word stress	
<b>5C</b> Ask about and say where places are			Emphasising what you say 1	Asking and saying where places are
<b>Unit 6 Work and routines</b>				
<b>Getting started</b> Talk about people and robots' jobs and routines				
<b>6A</b> Talk about people's jobs	Present simple: <i>he / she / it</i> negative	Jobs; <i>work / job</i>	Main stress in compound nouns; Sound and spelling: /ɜ:/	
<b>6B</b> Talk about daily routines and habits	Present simple: <i>he / she / it</i> questions	Daily routine; <i>for,</i> <i>from ... to ... , until</i>	Consonant groups; Sentence stress	
<b>6C</b> Make and accept offers			<i>would;</i> Emphasising what you say 2	Making and accepting offers

Listening and Video	Reading	Speaking	Writing
A conversation about who you are	Three conversations meeting other students	Who you are and where you're from	
A conversation about people in pictures		People in a picture	
First day at work	An online profile	Greeting and meeting new people	An online profile; Capital letters and full stops <b>Unit Progress Test</b>
Three conversations about home towns	Three posts: <i>Our homes</i>	Homes and home towns	My home town; A friend's home
A conversation at the airport		Possessions; What's in the bag?	
Finding a new flat	A personal information form	Asking for and giving personal information	A personal information form; Spelling <b>Unit Progress Test</b>
A conversation about food likes and dislikes	Three families' weekly food: <i>Food for one week</i>	Food likes and dislikes	
Three conversations about dinner	An article: <i>The number one breakfast in ...</i>	Saying the time; Meal times and what you eat	
In a café	A text message	Ordering and paying in a café	A text message; Contractions <b>Unit Progress Test</b>
A conversation about work and travel to work	A blog: <i>Breakfast in Barcelona and lunch in London</i>	Work, home and study	About you
Photos of famous people and their families	Photo captions; <i>An international family</i>	Your family	
Talking about family photos	A photo caption	Photos	Photo captions; Word order <b>Unit Progress Test</b>
A conversation about places in a town	An article: <i>Very hot! Very cold!</i>	A street in your town	On my street
A conversation at a hostel reception	A hostel review	Hotels and hostels	Questions about a town
Looking for a shop	An email	Places in a town	About your town; <i>and</i> and <i>but</i> <b>Unit Progress Test</b>
Four people talk about their jobs	A website: <i>Jobs international</i>	People's jobs	Questions about jobs
A conversation about taking photos at night	An article: <i>A good night's sleep</i>	People's daily routines and habits	Questions about daily routines
A visit to the new flat	An email about daily life	Offering to pay for food and drink	An email about daily life; <i>because</i> and <i>also</i> <b>Unit Progress Test</b>

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
<b>Unit 7 Shopping and fashion</b>				
<b>Getting started</b> Talk about the clothes on a market stall				
<b>7A</b> Talk about things you want to buy	<i>this, that, these, those</i>	Common objects 2; Prices	Sound and spelling: /b/, /p/, /g/ and /k/ Sound and spelling: <i>this, that, these and those</i>	
<b>7B</b> Talk about clothes that people wear	Possessive 's; Revision of adverbs	Clothes; Colours; <i>dark / light</i>	Sound and spelling: /f/ and /dʒ/	
<b>7C</b> Ask about and pay for things in a shop			Joining words	Going shopping
<b>Unit 8 Past events</b>				
<b>Getting started</b> Talk about your last new year				
<b>8A</b> Talk about past events	Past simple: <i>be</i>	Past time expressions	<i>was / were</i>	
<b>8B</b> Describe events in the past	Past simple: positive	Free time activities	Sound and spelling: /t/ and /d/	
<b>8C</b> Make and respond to suggestions			Main stress and tone	Making and responding to suggestions
<b>Unit 9 Holidays</b>				
<b>Getting started</b> Talk about an interesting holiday				
<b>9A</b> Talk about travel and holiday experiences	Past simple: negative	Transport; <i>go</i>	Sound and spelling: the letter <i>a</i> ; Sentence stress	
<b>9B</b> Talk about past holidays	Past simple: questions	The seasons; The weather; <i>like</i>	Sound and spelling: the letter <i>o</i>	
<b>9C</b> Make and respond to requests			Syllables and spelling	Making and responding to requests
<b>Unit 10 Here and now</b>				
<b>Getting started</b> Talk about communicating on the Internet				
<b>10A</b> Talk about your home	Present continuous: positive	The home; <i>in / on</i>	Sound and spelling: /tʃ/ and /θ/; Sentence stress	
<b>10B</b> Ask where people are and what they're doing	Present continuous: negative and questions	Place phrases with prepositions	Sound and spelling: /ə/; Main stress in questions	
<b>10C</b> Ask for travel information			Sound and spelling: /ɪə/ and /eə/	Asking for travel information
<b>Unit 11 Achievers</b>				
<b>Getting started</b> Talk about a climber's experience				
<b>11A</b> Talk about people's lives	Object pronouns	Life events; Years	Sound and spelling: /ɜ:/	
<b>11B</b> Talk about things you know how to do	<i>can</i> for ability	Abilities; ( <i>very / quite</i> ) <i>well</i>	<i>can / can't</i>	
<b>11C</b> Talk about opinions			Main stress; Consonant groups	Talking about opinions
<b>Unit 12 Plans</b>				
<b>Getting started</b> Talk about holiday plans				
<b>12A</b> Talk about future plans	<i>going to</i> : positive and negative	Months and future time expressions; Ordinal numbers; The date	Sentence stress; <i>going to</i>	
<b>12B</b> Ask and answer about future plans	<i>going to</i> : questions	Common verbs and collocations	Sound and spelling: /v/ and /w/	
<b>12C</b> Make and accept invitations			Sound and spelling: <i>oo</i>	Making and accepting invitations
<b>Communication Plus p.103</b>		<b>Grammar Focus p.114</b>		<b>Vocabulary Focus p.132</b>
				<b>Writing Plus p.154</b>

Listening and Video	Reading	Speaking	Writing
A conversation at a market stall	Places to go shopping	At a market stall	
A conversation about old clothes	An article: <i>They make colourful clothes ...</i>	The clothes you wear	A question about clothes
In a shop	An advertisement and an email	Going shopping	An email reply to an advertisement; Commas, exclamation marks and question marks <b>Unit Progress Test</b>
Three conversations about past events	People who travel for work	Past events	Sentences about past events
Jane White's morning activities	A story: <i>Who killed Lady Grey?</i>	Yesterday's activities	Sentences about free time activities
Monday morning at work	A thank you note	Making plans	A thank you note; Writing short emails, letters and notes <b>Unit Progress Test</b>
A conversation about a trip to Colombia	A website: <i>Garden camping</i>	A past travel experience	Sentences about your last holiday
A conversation about summer holidays	A diary entry: <i>New Year down under</i>	A past holiday	Questions about a past holiday
A day trip to Henley	An online post	Asking for help and responding	An online post about a trip; Making the order clear <b>Unit Progress Test</b>
A monologue about a flat	Text messages	Present activities	A text message to a friend
Five phone conversations about present activities	A forum: <i>Is your phone always on?</i>	A phone conversation to make plans	An online forum comment
At the train station	A message to a friend	A conversation about travel information	A message asking for information; Word order in questions <b>Unit Progress Test</b>
A conversation about Valentina Tereshkova	An article: <i>They were the first!</i>	Past life events	Sentences about past life events
A conversation about a job advertisement	An article: <i>Real life X-Men</i>	Your abilities	Questions about abilities
At Sophia's flat	An email to a friend	Interesting places to visit in a town / city	An email to a friend; Pronouns <b>Unit Progress Test</b>
Three conversations about summer holiday plans	A TV programme review: <i>Outside the comfort zone</i>	Your next holiday	Notes about holiday plans and everyday activities
Two conversations about weekend plans	An article: <i>Only 4,000 weekends in your life!</i>	Your future plans	Questions about future plans
At a dinner party	Invitations and replies	Inviting a friend	An invitation and a reply; Paragraphs <b>Unit Progress Test</b>
<b>Audioscripts p.160</b>	<b>Phonemic symbols and Irregular verbs p.165</b>		<b>Board game p.166–167</b>



# Classroom language

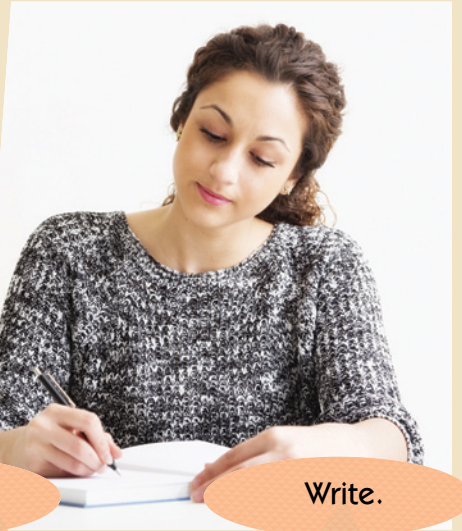
▶ 1.2 Listen and read.



Listen.



Read.



Write.



Watch.



Teacher



Look at the pictures.



Work in pairs.