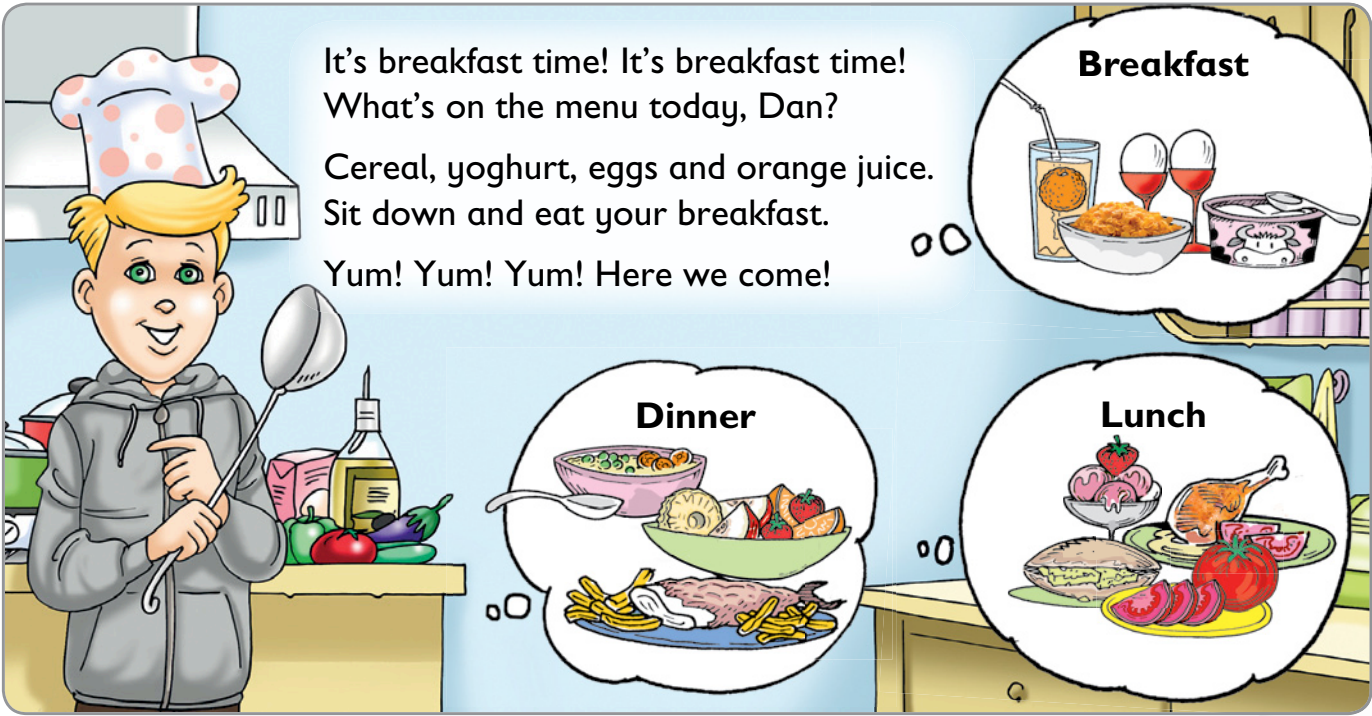


2 A healthy diet

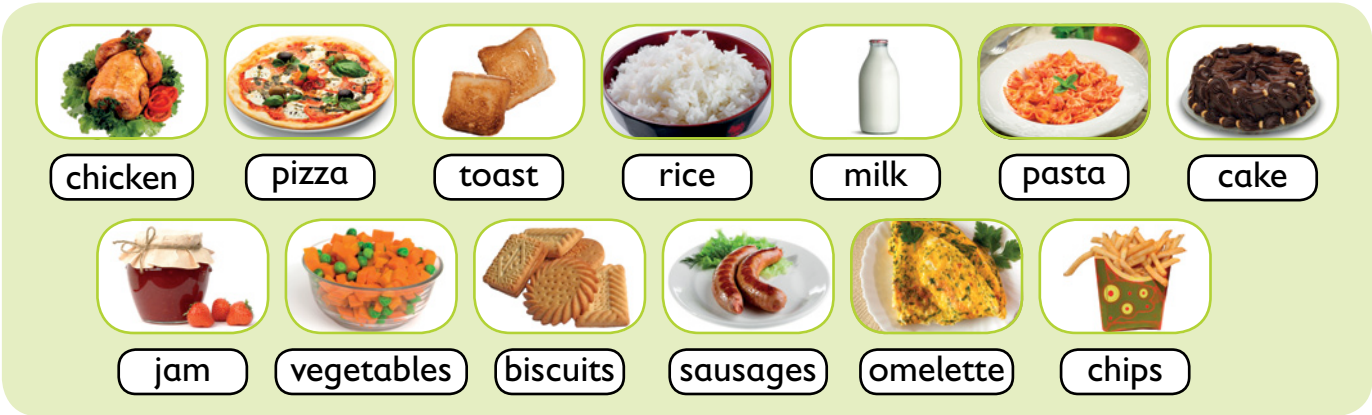
- 1 Look at the picture and answer the questions.
- 1 What fruit can you see?
- 2 What's your favourite fruit?
- 2 Sing the song and find the food.



roast chicken tomato salad strawberry ice cream eggs vegetable soup
cereal yoghurt fruit salad fish and chips cheese sandwiches orange juice



- 3 Choose food and talk to your classmate.



What do you like for breakfast? I like toast and orange juice.

Story time

1 Listen to the story.

14
CD 1

- 1 David and Mara live with their ill mother. They're very poor and they're hungry every day.



- 2 Every day after school, David and Mara collect boxes from shops and restaurants in the centre of the town. They sometimes sell the boxes, but they never have a lot of money.



- 3 One cold afternoon, Mara finds a box behind some bins. It's heavy. There's something inside the box.



- 4 That evening, David, Mara and their mother have a delicious dinner with lots of food. They aren't hungry now.



- 5 Before they go to bed, Mara and David put the clean dishes behind the bins.

Let's come back here tomorrow, Mara.



Food boxes

- 6** The next day, there's another box. It's a big box with lots more food.

We can't eat all this!



- 7** On the way home, they meet their friend Anna.

There's some food in this box, Anna. Do you want to come for dinner?



- 8** The two families have dinner together. They eat and talk and eat and laugh. They're all very happy. But David doesn't talk. He's thinking about the food.



Where does the food come from?

- 9** Every day, Mara and David find a box with food behind the bins. They always have dinner with their friends and they're never hungry any more. But David always thinks, where does the food come from?



One night, David waits behind the bins, but he falls asleep. In the morning, the dishes aren't there.

2 Read the sentences and say the picture number.

- a** A man is standing in the road. He is wearing a hat and black trousers.
- b** The children are sitting outside their house.
- c** Two families are sitting at a table. They are eating and talking.
- d** David is sleeping on the street.
- e** David is washing the dishes.
- f** David and Mara ask their friend to come to dinner.



1 Listen and say who's talking.



Name		meat	fruit	fish	vegetables	sweets
David		★	★★★★★★	★★	★★★	★★★
Tara		★	★★★		★★★★★★	★★
Nick			★★★★★★	★	★★★	★★
Helen		★★★	★★★	★★	★★★★★★	★

☐ = never

★ = once a week

★★ = twice a week

★★★ = three times a week

★★★★★★ = every day

2 Talk to your classmate.



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