

Animal Experimentation

A Guide to the Issues. Third Edition

An essential book for all those who conduct animal-based research or are involved in education and training, as well as regulators, supporters and opponents alike. This fully updated third edition includes discussion of genetically altered animals and associated welfare and ethical issues that surround the breeding programmes in animal based research. The book discusses the origins of vivisection, the advances in human and non-human welfare made possible by animal experimentation, moral objections, and alternatives to the use of animals in research. It also examines the regulatory umbrella under which experiments are conducted in Europe, USA and Australasia. The author highlights the future responsibilities of researchers who will be working with animals, and offers practical advice on experimental design, literature search, consultation with colleagues, and the importance of the ongoing search for alternatives.

Vaughan Monamy is an associate professor of Science and Science Ethics at the Australian Catholic University in Sydney. He has provided expert advice to the Australian Government's Animal Welfare and Gene Technology Ethics Committees, and has been awarded an Australian Government Learning and Teaching Citation for outstanding contributions to university student learning.

'... a succinct, accessible and balanced introduction to the controversy surrounding the use of animals in scientific research, product testing and education. ... The guide's coverage of relevant issues is international in scope ... especially suited to students planning to begin careers in the biological sciences, including as researchers, veterinarians, teachers, regulators or administrators.'

Martin Stephens, Center for Alternatives to Animal Testing, John Hopkins University

- '... a "must-read" for any student or scientist involved in animal experimentation at any level.' Michael Brands, The Physiologist
- \dots a thoughtful consideration of both the pros and cons of animal research \dots an excellent guide to the issues [of which] current teachers of biology and biomedical science should take note.

Asif A. Ghazanfar, Animal Behaviour



Vaughan Monamy Animal Experimentation

A Guide to the Issues

Third Edition





CAMBRIDGE UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom One Liberty Plaza, 20th Floor, New York, NY 10006, USA 477 Williamstown Road, Port Melbourne, VIC 3207, Australia 4843/24, 2nd Floor, Ansari Road, Daryaganj, Delhi – 110002, India 79 Anson Road, #06–04/06, Singapore 079906

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning, and research at the highest international levels of excellence.

www.cambridge.org Information on this title: www.cambridge.org/9781107162020 10.1017/9781316678329

© Vaughan Monamy 2017 First edition © Cambridge University Press 2000

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2000 Second edition 2009 Third edition 2017

Printed in the United Kingdom by Clays, St Ives plc, February 2017

A catalogue record for this publication is available from the British Library.

Library of Congress Cataloging-in-Publication Data

NAMES: Monamy, Vaughan, 1958— author.

TITLE: Animal experimentation: a guide to the issues / Dr. Vaughan Monamy.

DESCRIPTION: Third edition. | Cambridge; New York, NY: Cambridge

University Press, [2017] | Includes bibliographical references and index.

IDENTIFIERS: LCCN 2016040379| ISBN 9781107162020 (hardback: alk. paper) |
ISBN 9781316614945 (paperback)

SUBJECTS: LCSH: Animal experimentation. | Laboratory animals.

CLASSIFICATION: LCC HV4915.M65 2017 | DDC 179/.4—dc23 LC record available at https://lccn.loc.gov/2016040379

ısвn 978-1-107-16202-0 Hardback ısвn 978-1-316-61494-5 Paperback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party Internet Web sites referred to in this publication and does not guarantee that any content on such Web sites is, or will remain, accurate or appropriate.



We need another and a wiser and perhaps a more mystical concept of animals. . . . We patronize them for their incompleteness, for their tragic fate of having taken form so far below ourselves. And therein we err, and greatly err. For the animal shall not be measured by man. In a world older and more complete than ours they move finished and complete, gifted with extensions of the senses we have lost or never attained, living by voices we shall never hear. They are not brethren, they are not underlings; they are other nations, caught with ourselves in the net of life and time, fellow prisoners of the splendour and travail of the earth.

Henry Beston (1928)

From The Outermost House: A Year of Life on the Great Beach of Cape Cod by Henry Beston. Copyright 1928, 1949 \otimes 1956 by Henry Beston. Copyright \otimes 1977 by Elizabeth C. Beston. Reprinted by permission of Henry Holt and Co., Inc.





Contents

| Preface to the third edition | IX |
|------------------------------|----|
| Acknowledgements x1 | |

1 Issues in animal experimentation I

Definitions 6
Scope 7

- A history of animal experimentation 9
 The origins of vivisection in Europe 9
 Prevailing humanist attitudes to animals 10
 The rise of modern biomedical studies 12
- Opposition to animal experimentation 17
 Introduction 17
 Early opposition 17
 Utilitarianism and the rise of popular concern 19
 Revolution during the nineteenth century 21
 Beyond Britain: opposition in the USA into the twentieth century 28
- The moral status of animals 37
 On the moral status of animals 37
 Moral arguments based on reason 42
 Ethics: room for emotion? 52
 Moral stewardship 57
 Summary 59
- 5 Animal use 61
 How are animals used? 61
 Fundamental and applied biological research 61
 Genetic alteration 63



viii CONTENTS

Behavioural research 65 Education and training 65 Production of useful biological and therapeutic materials 66 Product testing 66

6 The regulation of experiments 68

Laws governing humane use of laboratory animals 68
United Kingdom 69
Australia and New Zealand 71
United States of America 73
Summary 76

7 Seeking alternatives 78

Introduction 78
Replacement, reduction and refinement 79
Alternatives to non-human vertebrates in scientific research 81

8 A future without animal experimentation? 102

The construction of a modern research institution 102 Absolute replacement or relative replacement? 102 Conclusions 105

Ethical guidelines for students in laboratory classes involving the use of animals or animal tissues 108

References 110 Index 123



Preface to the third edition

In 2000, Cambridge University Press first published *Animal Experimentation:* A Guide to the Issues. A second edition was published in 2009. It is appropriate to reflect on what has happened since then in animal research, product testing and education within the accepted ethical framework of the 'three Rs' principles (Replacement, Reduction and Refinement: Russell and Burch 1959). What advances, for example, have been made in the search for alternatives to the use of vertebrates in biomedical research? Are there fewer animals used in research today? Or more? Has there been a continuation of the impetus to refine experimentation with animal welfare as the priority? Answering such questions requires a thorough reappraisal of where biomedicine, product testing and education are presently placing their emphases.

Twenty-first-century technological advances have resulted in an extraordinary increase in the number of procedures involving laboratory mice in genetic and molecular research. The enormous breeding programmes required to generate heterozygous strains of mice with genetic modifications has brought to bear entirely new welfare and ethical concerns regarding husbandry and 'surplus' animals. Are steps being taken in Britain, Europe, North America, China, South Korea, Brazil, Australasia and elsewhere to address these concerns? Were existing regulatory frameworks adequate, or have relevant statutes been necessarily updated?

In product and chemical safety testing, a trend towards fewer animals being used in toxicological screening is emerging in some countries. In Europe, there have been legislative changes that specifically prohibit newly animal-tested cosmetic products and ingredients being sold (European Commission 2009). In the United States, a toxicology vision document (National Research Council 2007) has urged the rapid adoption of cell-based assaying and other *in vitro* methods to replace *in vivo*



X PREFACE TO THE THIRD EDITION

testing. This has resulted in an acceleration in the uptake of *in vitro* and computer-based (*in silico*) methods with an associated reduction in laboratory animal use. Where else might such advances see a reduction in overall animal use?

Could discoveries in converging technologies such as interactive biotechnology, genome editing, synthetic biology and organ-on-a-chip biomimicry also point to a rapid replacement of animals in biological and medical research? Or will the technological advances that are making genetic alteration easier and less expensive result in a continued upsurge in animal use in experiments in these fields?

When *Animal Experimentation:* A *Guide to the Issues* was first written, general knowledge of computers and the internet was nowhere near as sophisticated as it is today. The acceptance of online applications such as 'Frog Dissection' as legitimate teaching tools has facilitated moves towards fewer classroom dissections. How widely has such smart device technology been adopted?

With such questions in mind, Cambridge University Press has published a completely updated third edition of *Animal Experimentation:* A Guide to the Issues. It is, once again, aimed at life science students, some of whom will follow careers as tomorrow's researchers, but at the same time its clarity of style and balanced treatment will enable lay people and experts to read it with equal ease. Students and researchers will find a non-intimidating, easy-to-read and readily understood introduction to the principal issues in the animal experimentation debate.



Acknowledgements

The author is grateful for permission to reprint the following copyrighted material:

The frontispiece by Henry Beston, from *The Outermost House*. Copyright © 1928, 1949 © 1956 by Henry Beston. Copyright © 1977 by Elizabeth C. Beston. Reprinted by permission of Henry Holt and Co., Inc.

Quotation on p. 1 by Miriam Rothschild, from *Animals and Man. The Romanes Lecture for 1984–85* (Oxford: Clarendon Press, 1986). Reprinted by permission of Oxford University Press.

Quotation on p. 28 by Major Charles Hume, from *Man and Beast* (London: Universities Federation for Animal Welfare, 1962). Reprinted by permission of UFAW.

Quotations on p. 41 and pp. 53–54 by Albert Schweitzer from *Civilization and Ethics* third edition (London: Adam and Charles Black, 1955), *Indian Thought and Its Development* (London: Adam and Charles Black, 1936) and *My Life and Thought: An Autobiography* (London: Unwin Books, 1966). Reprinted by permission of Rhena Schweitzer Miller.

Quotations on p. 42–43 by Nicholas Humphrey, from R. Rodd, *Biology, Ethics and Animals* (Oxford: Clarendon Press, 1990), and Humphrey, N. K., *Consciousness Regained: Chapters in the Development of Mind* (Oxford: Oxford University Press, 1983). Reprinted by permission of Oxford University Press.

Quotation on p. 45 by Peter Singer, from *Practical Ethics*, third edition (Cambridge: Cambridge University Press, 2011). Reprinted with the permission of Peter Singer and Cambridge University Press.

Quotations on p. 46 by Peter Singer, from *Animal Liberation* second edition (New York: Thorston, 1990). Reprinted by permission of Blackwell Publishers, UK.



xii ACKNOWLEDGEMENTS

> Quotation on pp. 46-47 by Tom Regan, from 'The case for animal rights', in P. Singer (ed.), In Defense of Animals (Oxford: Basil Blackwell, 1985). Reprinted by permission of Blackwell Publishers, UK.

> Quotation on pp. 49-50 by Tom Regan, from 'The struggle for animal rights', in P. A. B. Clarke and A. Linzey (eds.), Political Theory and Animal Rights (1987; London: Pluto Press, 1990). Reprinted by permission of Pluto Press.

> Quotations on p. 50 by Tom Regan, from The Case for Animal Rights (Berkeley: University of California Press, 1983). Reprinted by permission of University of California Press.

> Quotations on p. 58, p. 61 and p. 97 by Smith, J. A. and Boyd, K. M. (eds.), from Lives in the Balance: The Ethics of Using Animals in Biomedical Research (Oxford: Oxford University Press, 1991). Reprinted by permission of Oxford University Press.

> Quotation on p. 68 by Martin Walsh and Jon Richmond, from School Science Review 87(319): 85-89. Reprinted by permission of Jon Richmond.

> Quotation on p. 78 by William Paton, from Man and Mouse: Animals in Medical Research, second edition (Oxford: Oxford University Press, 1993). Reprinted by permission of Oxford University Press.

> Quotation on p. 102 by William Russell and Rex Burch, from The Principles of Humane Experimental Technique (London: Universities Federation for Animal Welfare, 1959/1992). Reprinted by permission of Cleo Paskal.