

Index

- abortion, 245–247
- acne, 26
- ADHD. *See* attention-deficit hyperactivity disorder (ADHD)
- adolescence, 1–2
 - behaviors in, 6
 - definition, 3
 - function of, 11–14
 - historical perspective, 6
 - in different cultures, 6–7
 - in different species, 6–7
 - self-development during, 205–206
 - vs. puberty, 22
- adolescent growth spurt, 38
- adolescent paradox, 171
- adrenal glands, 25
- adrenarche, 25–26
 - androgenic changes, 44
- adulthood, 5
- affect processing, 188–195
- alcohol, 230–231
- allostasis, 109
- allostatic load, 109
- alpha waves, 67
- amygdala, 40, 155, 180, 201
 - activation in Autism Spectrum Disorders, 212–213
 - effect of stressors, 110–111
 - fMRI studies of, 190–194
 - functional connectivity with the medial prefrontal cortex, 194–195
 - and processing of emotion, 8–9, 41, 47, 189–193, 207, 212–213
 - sex differences in, 27, 41
- androgen effects, 25
- animal models, 18–19
- anorexia, 35
- A-not-B task, 123–124
 - role of the dorsolateral prefrontal cortex, 125–127
- anterior cingulate cortex, 135, 155, 157, 201
- anterior temporal cortex, 46, 180
- Antisaccade task, 138, 141
- Asperger's Syndrome, 207
- atrophy, 110
- attention-deficit hyperactivity disorder (ADHD), 105, 130–133
 - treatment, 134–135
- auditory cortex, 107
- autism, 139, 207–208
 - face processing and, 209–213
 - mentalizing and, 208–209
- Autism Spectrum Disorders (ASD), 207
- axons, 45
- Balloon Analogue Risk Task (BART), 166
- barrel cortex, 107
- basal ganglia, 155
- behavior. *See also* risky behavior
 - adolescent, 6
 - effects of puberty on, 36, 45–48
- Benedict, Ruth, 5
- beta waves, 67
- Blood-Oxygen-Level-Dependent (BOLD)
 - signal, 58–59, 61, 64, 70
 - age differences, 80–81
- body odor, 25
- bone age, 39–40
- brain development, 15–16
 - effect of pubertal hormones, 18
 - facilitation of independence, 15
 - theoretical models, 7–11
- brain function, puberty and, 45–48
- brain scans/brain imaging, 51–52
 - evidence of plasticity, 98–101
 - performance differences in research analyses, 76–78
- technologies, 40–41. *See also* diffusion tensor imaging (DTI); functional magnetic resonance imaging (fMRI); magnetic resonance imaging (MRI); positron emission tomography (PET)

- brain structure
 - development during puberty, 40–45
 - sex differences, 27
- BrainSPORT Program, 248
- breast development, 42–43
- Brodmann areas, 140
- Bruner, Jerome, 176
- bulimia, 35
- Cake Gambling Task, 166
- Cambridge Gambling Task, 166
- Casey, B.J., 50
- caudate nucleus, 155
- cerebellum, 135
- cerebral cortex, 41
- chemical synapse, 88
- childhood, 2–3
- Childhood-Onset Schizophrenia (COS), 130, 134
- cingulate cortex, 155
- cingulate gyrus, 46
- classical conditioning, 177
- cognition, 117
 - effect of emotions, 195
- cognitive control, 136–143
 - individual differences, 143–144
 - reward influences on, 162–163
- cognitive development, 118–119
- competence (to stand trial), 218–222
- concussions, sports related, 248
- configural processing, 182
- constitutional delay of puberty (CDP), 35
- coronal plane, 54
- cortical thickness, 41–44
- cortico-ventral basal ganglia circuit, 155
- cortisol, 33, 109
- critical periods, 92–93
- Cups Task, 166
- Dahl, Ronald, 171
- decision making, 171–172
- default mode network, 61
- dehydroepiandrosterone (DHEA), 25, 35, 44
- dehydroepiandrosterone sulfate (DHEAS), 25, 35
- delay discounting tasks, 164
- delay of gratification, 143
- delayed shifts, 131–133
- delta waves, 67
- dendritic atrophy, 110
- developmental readiness (early-timing) hypothesis, 37
- developmental stages, 2–5
- deviant trajectories, 134
- Diamond, Adele, 126
- diffusion tensor imaging (DTI), 56–58, 129
 - evidence of neural plasticity, 98
- disrupted velocity, 133–134
- dopamine, 47, 151, 189
 - individual differences, 170
 - role in function of the prefrontal cortex, 125–127
- dopamine system, 153–155
- dorsal medial prefrontal cortex (dmPFC), 180
- dorsolateral prefrontal cortex (DLPFC), 135, 141, 147, 155
- Down's syndrome, 134
- driving, 229
 - decline in teenage, 232
 - effects of drugs and alcohol, 230–231
 - effects of peer passengers, 229–230
 - lack of sleep and, 231–232
- drug use, 230–231
- dual systems model, 7–9
- dynamic systems theory, 7–8
- dyslexia intervention, 106
- early adolescence, 3, 21, 24
- early adulthood, 4
- early childhood, 2
- early maturation, 33
 - effects on girls' behavior, 36
 - psychopathology and, 36–37
- early timing puberty, 37
- electrical synapse, 88
- electroencephalogram (EEG), 67
 - strengths and limitations, 69–71
- emotional decisions, 163
- emotional interference, 142–143

Index

309

- emotions
 - influence on cognition, 195
 - processing of, 188–195
 - pubertal changes and, 45–48
 - recognition of and autistic spectrum disorder, 212–213
- empathy, 203–204
- environment
 - effect on the brain, 109–114
- environmental complexity paradigm, 97–98
- epinephrine, 189
- epiphysis, 40
- Erikson, Erik, 5, 11
- estradiol, 23, 41
- estrogen, 23
- ethnic differences, in pubertal timing, 22, 31
- executive function theories, 197, 198–199
- executive functions, 113
- exercise, 108–109
- experience-dependent processes, 96–97
- experience-expectant mechanisms, 93–96
- exuberant synaptogenesis, 95
- eye gaze, 185
 - autistic spectrum disorder and, 209–211
- eye-tracking, 71–73
- face processing, 46–47, 181–188
 - autism and, 209–213
- face recognition
 - autistic spectrum disorder and, 211–212
- facial expressions
 - neutral, 193
 - response of the amygdala, 190–192
- fairness, 202
- fear conditioning (Pavlovian), 190
- fight or flight response, 109, 189
- Flanker task, 137, 138–141
- fMRI. *See* functional magnetic resonance imaging (fMRI)
- follicle-stimulating hormone (FSH), 23, 35
- Freud, Anna, 5
- Freud, Sigmund, 5
- functional connectivity, 144–146
- functional connectivity map (fcMap), 61
- functional development, 135–136
- functional imaging, 51
- functional magnetic resonance imaging (fMRI), 40, 58–60
 - data analysis methods, 64–67
 - evidence of neural plasticity, 98
 - studies in adolescent information processing, 17–18
 - studies of the adolescent reward system, 158–161
 - studies of the amygdala, 190–194
 - use in brain research, 60–64
 - use of computerized tasks, 74–76
 - use of working memory tasks, 147
- fusiform face area (FFA), 46, 184–185
- fusiform gyrus, 183–185
- fuzzy trace theory (FTT), 10
- gamma waves, 67
- gap junctions, 88
- gauss, 53
- gender differences. *See* sex differences
- genitalia, development of male, 43–44
- Giddens, Herman, 32
- glucocorticoids, 109
- glutamate, 90
- Go/No-Go task, 136–140, 141, 142, 143, 195
- gonadarche, 25–26
- gonadotrophins, 23, 35
- gonadotropin-releasing hormone (GnRH)
 - neurons, 23
- gonads, 23
- Gould, Elizabeth, 109
- Graham v. Florida case, 222
- Grannum v. Berard case, 245
- gray matter, 41–44, 128–129
- growth, 38–39
- habenula, 155
- Hall, G. Stanley, 5
- hazard or situation awareness, 228
- Hebb, Donald, 86, 92, 97
- Hebb's Law, 92
- Hebbian learning theory, 92
- Hebb-Williams maze, 98
- hemodynamics, 58–59, 69

310

hippocampus, 27, 40, 41, 87, 99, 155
 effects of exercise on, 108–109
 Hodgson v. Minnesota case, 245
 homeostasis, 109
Homo habilis, 120
 hormonal assays, 34
 hormones
 activational effects, 41
 and brain function, 45–48
 and face processing, 183
 effects on brain maturation, 40, 41–45
 pubertal, 22–28
 Hungry Donkey Task, 166
 hyperactivity, 105
 hypothalamic-pituitary-adrenal (HPA)
 axis, 33
 hypothalamic-pituitary-gonadal (HPG)
 axis, 23, 27–28
 hypothalamus, 23, 27, 40

 imbalance model, 9–10
 impulses, 67
 infancy, 2
 inferior frontal gyrus (IFG), 141
 inferior occipital cortex (“occipital face
 area” (OFA), 46
 inhibitory control, 113
 Instagram, 240
 insula, 47
 insular cortex, 155
 interactive specialization framework, 16–17

 Johnson, Mark, 16
 joint attention, 196
 juvenile justice
 influence of adolescent brain research,
 222–227
 issue of competence, 218–222
 law, 217–218
 juvenile, definition of, 216–217

KissI gene, 30
 kisspeptin, 30

 language development, socioeconomic
 status and, 112–113

Index

late adolescence, 3
 late adulthood, 4
 late maturation, 35–36
 psychopathology and, 37
 lateral habenular nucleus, 157
 leptin, 31, 32
 Life History theory, 33
 limbic system, 45
 long-term depression, 90–92
 long-term potentiation (LTP), 89–90
 luteinizing hormone (LH), 23, 35, 45

 MacArthur Competence Assessment
 Tool-Criminal Adjudication
 (MacCAT-CA), 219–221
 MacArthur Judgment Evaluation
 (MacJEN), 220–222
 magnetic resonance imaging (MRI),
 51–52
 elimination of movement during, 53
 evidence of neural plasticity, 98
 images, 54
 limitations, 55–56
 magnets, 53–54
 strengths, 54–55
 studies of the adolescent reward system,
 157–158
 study of pubertal brain structure and
 function, 40–41
 magnetoencephalography (MEG), 67–71
 maturational compression hypothesis,
 37
 Mature Minor Doctrine, 244–245
 maturity, 215
 characteristics, 216
 McEwen, Bruce, 109
 Mead, Margaret, 5
 media, effects on the developing brain,
 239–240
 medial caudate nucleus, 157
 medial prefrontal cortex (mPFC), 8, 46,
 111, 194–195, 201
 medial temporal lobe, 41
 memory tests, 98
 menarche, 26, 30, 43
 bodyweight and, 28

Index

311

- menstruation. *See* menarche
- mentalizing, 46–47, 196
 autism and, 208–209
 neural evidence, 198–199
 theories, 196–197
- mesolimbic system, 151
- metaphyses, 40
- methylphenidate (Ritalin), 134–135
- microprojector, 72
- middle adulthood, 4
- middle and late childhood, 3
- Miller v. Alabama and Jackson v. Hobbs
 joint case, 222–223
- Mixed Gambles Task, 166
- modularity theories, 196–197, 198
- monetary incentive delay task, 158–159,
 164
- monocular deprivation, 94, 102
- Morris water maze, 98
- motivated cognitive control, 141–142
- motivational system, 151, 171–172
 and learning, 176–178
- MRI. *See* magnetic resonance imaging (MRI)
- Multivoxel Pattern Analysis (MVPA),
 64–65, 161
 developmental applications, 66–67
- musicians, evidence of neural plasticity, 99,
 101
- myelin, 129
- n-back task, 147
- negative feedback loop, 24
- neocortex, 87
- neural energetics, 82–83
- neuroendocrine system, 23–26
- neurogenesis, 87–88, 108
 and neuroplasticity, 110–111
- neurons, 15–16, 67
- neuroplasticity, 85
 adaptivity, 104–109
 critical periods, 92–93
 cross modal, 106–107
 definition, 86
 effect of adverse environments, 109–114
 in developmental timing, 102–104
- mechanisms, 86–92
 research in adults, 98–101
 research in children, 101–102
 socioeconomic status and, 111–114
- neutral faces, 193
- N-methyl-D-aspartate (NMDA) receptors,
 90
- norepinephrine, 189
- Nottebohm, Fernando, 87
- nucleus accumbens, 157, 158, 162
- oculomotor delayed response task (ODR),
 146
- off-time or maturational deviance
 hypothesis, 37
- olfactory bulb, 87
- optical sensor, 72
- orbitofrontal cortex, 8, 155
- orbitofrontal region, 157
- ovum development, 23
- pars compacta, 157
- peer influence, 173–174, 199–201
 and driving ability, 229–230
- penis, 43–44
- performance matching, 77
- permissive signals, 28
- PET scan. *See* positron emission
 tomography (PET)
- Petersen Development Scale (PDS),
 34
- phenylalanine, 126
- phenylalanine hydroxylase, 126
- phenylketonuria (PKU), 126–127
- physiological noise, 64
- Piaget, Jean, 118
- pituitary gland, 23, 25
- planning, 113
- Plato, 5
- positron emission tomography (PET), 51,
 170
- posterior fusiform gyrus, 46
- posterior superior temporal gyrus (STG),
 106
- posterior superior temporal sulcus (pSTS),
 180, 185–186, 211

- prediction error signal, 176–178
- prefrontal cortex, 16, 45, 54, 111, 113, 117–123, 148–149, 172. *See also* ventrolateral prefrontal cortex dorsolateral region, 125–127 effects of damage to, 122 functional development, 135–144 neuron number in atypical development, 139 role in higher cognition, 116 structural development, 125–135
- prenatal period, 2
- presynaptic neuron, 88
- primates
 - adolescent behavior, 6
 - face processing skills, 186–188
 - mentalizing abilities, 232
 - prefrontal cortex, 117–121
 - pubertal transmission, 29
 - study of, 19
- Probabilistic Gambling Task, 166
- prosocial behavior, 202–205
- pruning, 96, 129, 154
- psychiatric disorders, onset, 18
- psychopathology, effects of pubertal timing, 36–38
- psychotherapy, 108
- pubertal timing, 64
 - bodyweight and, 31
 - environmental factors, 33
 - ethnic differences, 22, 31
 - genetic factors, 30
 - illness and, 35–36
 - and psychopathology, 36–38
 - psychosocial factors, 30–31
- puberty, 175
 - behavioral changes, 36
 - brain function, 45–48
 - brain structure, 40–45
 - changes during, 18
 - characteristics of, 21–22
 - delayed, 35–36
 - effect of hormones, 22–23, 183
 - face processing during, 183
 - physical growth during, 38–39
 - triggers, 26–28
- pubic hair, 25, 42–44
- putamen, 155
- radial arm maze, 98
- regulatory system, 171–172
- reinforcement learning theory, 176
- Rescorla-Wagner Model, 177
- research volunteers, 73–74
- resting state fMRI (rsfMRI), 61, 62–64
- reward, 151–152
 - immediate vs. delayed, neural response, 163–164
 - influences on cognitive control, 162–163
- reward processing, 40, 46
 - functional connectivity studies of, 164–165
- reward system, 152–153
 - individual differences, 169–170
 - neurocircuitry, 40, 155–157
 - neuroimaging studies, 157–161
 - neurophysiological maturation, 161–162
 - role of dopamine in, 47, 153–155
- reward tasks, 158–161
- risky behavior, 165–169, 200
 - adaptive function of, 174–176
 - harmful outcomes, 171
 - influence of peers, 173–174
 - influence of the motivational and regulatory systems, 171–172
- Risky Gains Task, 166
- Ritalin (methylphenidate), 134–135
- rodents
 - adolescent behavior, 6
 - dopamine system, 153–155
 - exercise, 108
 - study of, 19
- Roper v. Simmons case, 222–223
- rostral striatum, 157
- sagittal plane, 54
- Sapolsky, Robert, 109
- sarcasm, 196
- Schlegel, Alice, 11
- school start time, 234
- scrotum, 43–44
- self-consciousness, 201

Index

313

- self-control, 143–144
- self-development, 205–206
- sensitive periods, 93
- sensory compensation, 106–107
- sex differences
 - in brain structures, 27
 - in the development of the reward system, 157–158
 - in driving, 229–230
 - in the pubertal transition period, 41–44
 - in social processing, 200–201
 - in the structural development of the prefrontal cortex, 129–130
- sex education, 241–244
- Sexual Maturation Rating (SMR), 42
- simulation theories, 197, 198
- skin oiliness, 26
- sleep deprivation, 232–234
 - consequences of, 234
 - and school start time, 234–239
- sleep-wake “phase delay”, 233–234
- SM case study, 191
- Smith, Albert G., 244
- smoking, 171
- social anxiety disorder, 206–207
- social attachment, 179
- social behavior, effect of pubertal hormones, 45–48
- social brain, 179
- social causation hypothesis, 113–114
- social cognition, 179
- social cognitive processes, 179
- social evaluation, 199–201
- social exclusion, 201
- social information processing model, 10
- social jet lag, 233
- social sensitivity, 200
- social-emotional information processing, 46
- socioeconomic status, 111–114
- Socrates, 5
- songbirds, 87–88
- spatial resolution, 55, 71
- spermarche, 26
- stress, 33, 109–111
- stress hormones, 109
- striatum, 16, 41, 47, 154, 161–162, 172
 - and environmental learning, 176–178
- Stroop task, 138
- structural imaging, 51
- structural magnetic resonance imaging (sMRI). *See* magnetic resonance imaging (MRI)
- substantia nigra, 157
- superior temporal gyrus (STG), 106
- superior temporal sulcus (STS), 46
- synapses, 88
- synaptic overproduction, 95
- synaptogenesis, 88
- Tanner staging system, 34, 41–44, 45
- Task B problem, 78–80
- task flexibility, 113
- temporoparietal junction (TPJ), 46, 180
- tesla, 53
- testes, 43–44
- testosterone, 22–23
 - and cortical thickness, 41–44
 - effect on behavior, 47–48
 - and the reward system, 169
- thalamus, 135, 155
- Thelen, Esther, 7–8
- Theory of Mind (ToM), 196–199
- theory theory, 197, 199
- theta waves, 67
- thyroid gland, 25
- transcranial magnetic stimulation (TMS), 100
- transverse plane, 54
- Triadic Model of motivated behavior, 9
- Turner syndrome, 36
- twin studies, 45, 113
- tyrosine, 126
- Urbach-Wiethe disease, 191
- ventral pallidum, 155, 157
- ventral rostral putamen, 157
- ventral striatum, 8, 155
 - and risky behavior, 168–169
- ventrolateral prefrontal cortex (VLPFC), 130, 135, 140, 143, 164, 168, 169, 201

visual cortex, 40
 auxiliary visuoperceptual regions, 46
visual paired-comparison procedure
 (VPC), 187
visual system, 93–94
 cross model plasticity in, 106–107
 experience-expectant processes, 93–96
voxels (volume pixels), 64–65
Vygotsky, Lev, 118

waveforms, 67
weight gain, 38–39
white matter, 45, 56–58, 127–128, 129, 135,
 148
whole-brain connectivity patterns, 61
Wilbrecht, Linda, 122
Wisconsin Card Sorting Task, 122
working memory, 113, 146–148
 improvement of, 106, 146