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Office Care of Women

Edited by
Martin E. Olsen
East Tennessee State University, Johnson City, Tennessee
Botros Rizk
University of South Alabama, Mobile, Alabama



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This book is dedicated to the physicians who serve patients in conflict areas. Your devotion to your patients is inspiring.

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Contributors

Khaled Afifi, MSc, MRCOG

Consultant Urogynaecologists and Obstetricians,
Department of Obstetrics and Gynaecology, Royal
Wolverhampton NHS Trust

Melanie Altizer

Assistant Professor Department of Obstetrics and
Gynecology Virginia Tech

Sarah M. Appleton, MD

Assistant Professor, Department of Obstetrics and
Gynecology University of Colorado School of Medicine

Norman A. Assad, MD

Associate Professor Department of Obstetrics and
Gynecology East Tennessee State University

Anita Blanchard, MD

Professor Department Obstetrics and Gynecology,
University of Chicago

Kari Braaten MD, MPH

Instructor, Department of Obstetrics, Gynecology,
and Reproductive Biology Harvard Medical School

Brian Brocato, MD

Assistant Professor University of South Alabama

Randall Brown, MD, PhD, FASAM

Associate Professor, Department of Family Medicine
UW School of Medicine and Public Health

Christinne Canela, MD

Assistant Professor Department of OB/GYN Carilion
Clinic Virginia Tech Carilion School of Medicine

Megan Cheney, MD

Assistant Residency Program Director Banner Good
Samaritan Hospital

Christine Conageski, MD

Assistant Professor, Department of Obstetrics and
Gynecology University of Colorado School of Medicine

Charles Cox

Consultant Urogynaecologists and Obstetricians
Department of Obstetrics and Gynaecology Royal
Wolverhampton NHS Trust

Lee Dresang, MD

Professor, Department of Family Medicine UW
School of Medicine and Public Health

Hal Elliott, MD

Associate Professor, Department of Psychiatry East
Tennessee State University

Ibrahim El-Masri

Department of Obstetrics and Gynecology, University
South Alabama College of Medicine and University of
Balamand, Beirut, Lebanon

Ayman M. Elnaqa, MD, FRCOG

Consultant Urogynaecologists and Obstetricians
Department of Obstetrics and Gynaecology Royal
Wolverhampton NHS Trust#

John Ervin, MD

Department of Obstetrics and Gynecology Florida
State University

Elizabeth A. Ferries-Rowe, MD, FACOG

Assistant Professor of Obstetrics and Gynecology
Indiana University School of Medicine Chief of Service,
Obstetrics and Gynecology Eskenazi Health Systems

Wing Kay Fok, MD

Instructor Department of Obstetrics and Gynecology
Ohio State University

Beth Anne Fox, MD

Department of Family Medicine, East Tennessee State
University

Jessica Francis, MD

Assistant Professor Department of Obstetrics and
Gynecology Medical College of Wisconsin

List of contributors

Jennifer Frank, MD

ThedaCare Physicians

Nancy Gaba, MD

Department Obstetrics and Gynecology, George Washington University

Juan Garcia-Velasco, MD

Associate Professor, Department of Obstetrics Gynecolgy Rey Juan Carlos University

David Gregory

Associate Professor of Clinical Family Medicine, University of Virginia

Sarah Griffiths, BMedSci (Hons), BM BS, FRCA

Fellow in Obstetric Anaesthesia Queen Charlotte's and Chelsea Hospital Imperial College Healthcare NHS Trust

Ronald C. Hamdy, MD, FRCP, FACP

Professor Department of Internal Medicine, East Tennessee State University

Brigid Hayden MD, FRCOG

Consultant Obstetrician and Gynaecologist, Bolton, UK Committee Member of British Society for Paediatric and Adolescent Gynaecology

Sheri Holmes, MD

Department of Obstetrics & Gynecology East Tennessee State University

Joanna Hooper, MD

Assistant Professor, University of New Mexico

Jessica R. Jackson, MD

Maternal Fetal Medicine Fellow, Department of Obstetrics and Gynecology Florida State University

Julia V. Johnson, MD

Professor and Chair Department of Obstetrics and Gynecology, University of Massachusetts Medical School

Gail Joseph, MD

Resident Physician, Florida State University

Lisa M. Keder, MD, MPH

Associate Professor Department of Obstetrics and Gynecology Ohio State University

Elizabeth J. Kvach, MD, MA

Assistant Professor, Department of Family Medicine University of Colorado, Denver

Jeanette Lager, MD, MPH

Assistant Professor, University of California, San Francisco

Eduardo Lara-Torre MD, FACOG

Associate Professor of Obstetrics and Gynecology and Pediatrics Virginia Tech – Carilion School of Medicine

Lawrence Leeman, MD, MPH

Associate Professor, University of New Mexico

David Lewis, MD, MBA

Professor University of South Alabama

Jennifer Lesko MD, MPH

Assistant Professor, Department of Obstetrics and Gynecology George Washington University

Spiros A. Liatsikos, MD, PhD

Centre for Reproduction and Advanced Technology London, United Kingdom

Sharon Luent Seidel, MD

Clinical Assistant Professor, Department of Obstetrics and Gynecology Florida State University

Ondrea McKay, MD

Department of Medicine Rutgers, The State University of New Jersey, Rutgers New Jersey Medical School

Tristi W. Muir, MD

Professor, Department of Obstetrics and Gynecology Houston Methodist Hospital

Amanda B. Murchison MD, FACOG

Assistant Professor of Obstetrics and Gynecology Virginia Tech – Carilion School of Medicine

Geeta Nargund FRCOG

Centre for Reproduction and Advanced Technology London, United Kingdom

Lena Nguyen, DO

Education Chief Resident, Department of Obstetrics, Gynecology, and Women's Health Rutgers New Jersey Medical School

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List of contributors

Martin E. Olsen, MD
Department of Obstetrics & Gynecology East Tennessee State University

Onyi Onuoha, MD, MPH
Assistant Professor Department of Anesthesiology and Critical Care University of Pennsylvania

Joseph E. Peterson, MD
Clinical Associate Professor, Department of Obstetrics and Gynecology Florida State University

BA Felicity Plaat, MBBS, FRCA
Consultant Anaesthetist Queen Charlotte’s and Chelsea Hospital, Imperial College Healthcare NHS Trust

Jeffrey D. Quinlan, MD
Associate Professor Department of Family Medicine, Uniformed Services University of the Health Sciences

Botros Rizk
Department of Obstetrics and Gynecology, University South Alabama College of Medicine

Natalie E. Roche, MD
Assistant Professor, Department of Obstetrics, Gynecology, and Women’s Health Rutgers New Jersey Medical School

Manjusha Sahni, MD
Assistant Professor, Department of Obstetrics/ Gynecology, Virginia Tech Carilion School of Medicine

Catherine R. Salva, MD
Associate Professor of Clinical Obstetrics and Gynecology, Department of Obstetrics and Gynecology University of Pennsylvania

Karen E. Schetzina, MD, MPH, FAAP
Associate Professor and Director Division of Community Pediatrics Research Department of Pediatrics East Tennessee State University

Mark Schnee, MD
Department Obstetrics and Gynecology Indiana University

Karen M. Schneider, MD
Associate Professor, Department of Obstetrics and Gynecology Baylor College of Medicine

Jessica T. Servey, MD, Col, USAF, MC
Associate Professor of Family Medicine Uniformed Services University of the Health Sciences

Nancy Sokkary, MD
Assistant Professor Department of Obstetrics and Gynecology University of New Mexico School of Medicine

Elaine Stickrath, MD
Denver Health Medical Center Instructor, University of Colorado Denver

Meshell Stokes, MD
Resident Physician University of Tennessee, Chattanooga Unit

Laurie Swain, MD
Associate Professor, Baylor College of Medicine

Eric Swisher, MD
Assistant Professor Department of OB/GYN Virginia Tech Carilion School of Medicine Assistant Director of Minimally Invasive Gynecologic Surgery Carilion Roanoke Memorial Hospital

Theodore Tsaltas, MD
Assistant Professor University of Tennessee, Chattanooga Unit

Rola Turki
Department of Obstetrics and Gynecology, University South Alabama College of Medicine and King Abdulaziz University, Jeddah, Saudi Arabia

Julie Ware, MD, MPH, FAAP, FABM, IBCLC
Center for Breastfeeding Medicine Department of General and Community Pediatrics Cincinnati Children’s Hospital Medical Center

Patrice M. Weiss, MD
Chair and Professor Department of OB/GYN Carilion Clinic Virginia Tech Carilion School of Medicine

Brett Worly, MD, FACOG
Assistant Professor, Department of Obstetrics/ Gynecology Ohio State University Wexner Medical Center

Julie Zemaitis DeCesare, MD
Clinical Associate Professor, Florida State University College of Medicine

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Preface

The care of women in the office setting is a key component of the global health care of female patients. Along with gynecology and obstetrics, office practice is one of the three key pillars of the practice by specialists in obstetrics/gynecology; office care of women is also a major component of the practices of family physicians, general practitioners, internal medicine doctors, and other health professionals.

By its nature, the health care of women requires complete attention to the entire patient. Comprehensive care involves assessment of multiple organ systems and specific issues; many issues are influenced by psychosocial and lifestyle contexts. This book brings together expertise from obstetrics and gynecology, family medicine, internal medicine, pediatrics, anesthesiology, and psychiatry to provide the clinician with knowledge to more accurately provide excellent care to women in the office or outpatient setting. The 50 chapters cover topics that are essential to clinicians who wish to competently provide

excellence in the thorough diagnosis and management of the health issues facing their women patients in the outpatient office setting.

The wide range of topics covered in this book includes subjects that in many cases are extensive enough to warrant entire, distinct books. *Office Care of Women*, however, is written tightly and designed to be read from beginning to end so that the clinician can have a basic understanding that will be useful in the initial management of the vast majority of diagnoses seen in the outpatient clinical settings of women's health-care professionals. The basic knowledge gained from this book can then be used by the clinician to review the literature more knowledgeably when needed.

The provision of excellent health care to women is important not only to the patients served, but also to their families and to society at large. It is our hope that this book inspires readers to provide the finest health care possible to their patients.