

Cambridge University Press

978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:

Third Edition

Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter

[More information](#)

# Parental Psychiatric Disorder

---

## Distressed Parents and Their Families

Third edition

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

---

Cambridge University Press

978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:

Third Edition

Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter

[More information](#)

# Parental Psychiatric Disorder

---

## Distressed Parents and Their Families

Third edition

Edited by

**Andrea Reupert**

Associate Professor and Director, Krongold Centre, Faculty of Education, Monash University, Clayton, Victoria, Australia

**Darryl Maybery**

Associate Professor and Director, Department of Rural and Indigenous Health, Monash University, Moe, Victoria, Australia

**Joanne Nicholson**

Professor of Psychiatry, Dartmouth Psychiatric Research Center, Geisel School of Medicine, Dartmouth, Lebanon, New Hampshire, USA

**Michael Göpfert**

Psychiatrist, University of Liverpool, Liverpool, UK

**Mary V. Seeman**

Professor Emerita, Department of Psychiatry, University of Toronto, Toronto, Ontario, Canada



**CAMBRIDGE**  
UNIVERSITY PRESS

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

CAMBRIDGE  
UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom

Cambridge University Press is part of the University of Cambridge.

It furthers the University’s mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

[www.cambridge.org](http://www.cambridge.org)  
Information on this title: [www.cambridge.org/9781107070684](http://www.cambridge.org/9781107070684)

© Cambridge University Press (1996, 2004) 2015

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 1996

Second edition 2004

Third edition 2015

Printed in the United Kingdom by Clays, St Ives plc

*A catalogue record for this publication is available from the British Library*

*Library of Congress Cataloguing in Publication data*

Parental psychiatric disorder : distressed parents and their families / edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert, Mary V. Seeman. – Third edition.  
p. ; cm.

Includes bibliographical references and index.

ISBN 978-1-107-07068-4 (hardback)

I. Reupert, Andrea, 1964–, editor. II. Maybery, Darryl, editor. III. Nicholson, Joanne, editor.

IV. Göpfert, Michael, 1947–, editor. V. Seeman, M. V. (Mary Violette), 1935–, editor.

[DNLM: 1. Mental Disorders – psychology. 2. Parents – psychology. 3. Child of Impaired Parents – psychology. 4. Family Relations. 5. Mental Disorders – therapy. WM 140]

RC455.4.F3

616.89–dc23

2015001427

ISBN 978-1-107-07068-4 Hardback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

.....  
Every effort has been made in preparing this book to provide accurate and up-to-date information which is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.

# Contents

*List of contributors*   viii  
*Preface*   xi

---

## Section 1 – Fundamental issues

1 **Towards the development of a conceptual framework**   1  
Andrea Reupert, Darryl Maybery, and Joanne Nicholson

2 **What we want from mental health professionals: “telling it like it is”**   16  
Sandra Bilsborrow

3 **Parental mental illness: estimating prevalence to inform policy and practice**   20  
Darryl Maybery, Joanne Nicholson, and Andrea Reupert

4 **The effect of parents’ psychiatric disorder on children’s attachment: theory and cases**   29  
Patricia McKinsey Crittenden, Andrea Landini, and Kasia Kozłowska

5 **Assessing the economic costs of parental mental illness**   42  
Cathrine Mihalopoulos

6 **Stigma and families where a parent has a mental illness**   51  
Andrea Reupert and Darryl Maybery

## Section 2 – Comprehensive assessment

7 **Assessment and formulation of parenting**   61  
Ruth O’Shaughnessy, Ruth Butterworth, and Michael Göpfert

---

8 **Assessment of parents for the court**   74  
Iyabo Fatimilehin, Ruth Butterworth, Ruth O’Shaughnessy, and Michael Göpfert

9 **Thinking about children of parents with mental illnesses as a form of intergenerational dialog and practice**   85  
Brenda M. Gladstone

10 **Parental diagnosis and children’s outcomes**   96  
Floor van Santvoort, Karin T. M. van Doesum, and Andrea Reupert

## Section 3 – Specific disorders: the impact on children, parenting, and family relationships

11 **Schizophrenia and motherhood**   107  
Mary V. Seeman

12 **The impact of parental depression on children**   117  
Tracy R. G. Gladstone, William R. Beardslee, and Anne Diehl

13 **Parents with anxiety disorders**   127  
Cathy Creswell, Peter J. Cooper, and Lynne Murray

14 **Children of parents who abuse alcohol and other drugs**   138  
Shulamith Lala Ashenberg Straussner and Christine Huff Fewell

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

vi	Contents
15	<b>Mothers with eating disorders and their children</b> 154 Catiray Poiani-Cordella and Andrea Reupert
16	<b>Parenting and borderline personality disorder</b> 163 Louise Newman and Ruth O'Shaughnessy
17	<b>Working with parental personality disorder: key issues for mental health professionals and services</b> 174 Michael Göpfert and Ruth O'Shaughnessy
18	<b>Parenting, immigration status, and mental health</b> 188 Philomène Uwamaliya
 <b>Section 4 – Child, parent, and family interventions</b>	
19	<b>Helping children understand their parent's mental illness</b> 201 Andrea Reupert, Rose Cuff, and Darryl Maybery
20	<b>Psychopharmacology and motherhood</b> 210 Mary V. Seeman
21	<b>Enhancing depressed mothers' sensitivity</b> 223 Karin T. M. van Doesum, Clemens M. H. Hosman, and Laura E. Kersten-Alvarez
22	<b>Working with parents who have a psychiatric disorder</b> 238 Tytti Solantaus, Andrea Reupert, and Darryl Maybery
23	<b>Grandparents as primary caregivers</b> 248 Vicki Cowling, Mary V. Seeman, and Michael Göpfert
24	<b>Interventions for families when a parent has depression</b> 259 Tracy R. G. Gladstone, William R. Beardslee, and Anne Diehl
25	<b>Creating positive parenting experiences: Family Options</b> 266 Joanne Nicholson, Toni Wolf, and Kathleen Biebel
 <b>Section 5 – Building workforce, organizational, and community capacity</b>	
26	<b>Parental psychiatric disorder: translating The Family Model into practice change</b> 277 Adrian Falkov
27	<b>E-learning professional development resources for families where a parent has a mental illness</b> 288 Andrea Reupert, Darryl Maybery, and Bradley Morgan
28	<b>How can we make the psychiatric workforce more family focused?</b> 301 Darryl Maybery, Kim Foster, Melinda Goodyear, Anne Grant, Patraporn Tungpunkom, Bjørg Eva Skogøy, and Robert Lees
29	<b>A personal recovery model for parents with mental health problems</b> 312 Darryl Maybery, Graham Meadows, John Clark, Keith Sutton, Andrea Reupert, and Joanne Nicholson
30	<b>Helping parents with mental illness: the value of professional partnerships fighting de facto bias in the American courts</b> 324 Katherine S. Nemens and Daniel Foster

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

	Contents	vii
31	<b>Preventing unnecessary loss of child custody</b> 333 Mary V. Seeman	Skogøy, Kristin Anne Stavnes, and Marie Diggins
32	<b>Shifting the intervention paradigm from individuals to families living with parental mental illness</b> 343 Kathleen Biebel, Joanne Nicholson, and Toni Wolf	34 <b>Are we there yet? Developing a conceptual framework for understanding families where a parent has a mental illness</b> 365 Darryl Maybery, Andrea Reupert, Joanne Nicholson, Michael Göpfert, and Mary V. Seeman
33	<b>The policy context and change for families living with parental mental illness</b> 354 Joanne Nicholson, Andrea Reupert, Anne Grant, Robert Lees, Darryl Maybery, Elaine Mordoch, Bjørg Eva	<hr/> <i>Index</i> 371

Cambridge University Press

978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition

Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter

[More information](#)

## Contributors

### **William R. Beardslee**

Department of Psychiatry,  
Boston Children's Hospital,  
Boston, MA

### **Kathleen Biebel**

Systems and Psychosocial Advances  
Research Center, The University of  
Massachusetts Medical School, Worcester,  
MA, USA

### **Sandra Bilsborrow**

Assistant Head of Young People's Service ,  
Lancashire County Council, Preston,  
Lancashire, UK

### **Ruth Butterworth**

Principal Clinical Psychologist  
and Academic Tutor, University of  
Birmingham, UK

### **John Clark**

Family Mental Health Support Worker,  
Anglicare Tasmania Inc., Burnie, Australia

### **Peter J. Cooper**

Professor, University of Reading/  
Stellenbosch University, Reading,  
Berkshire, UK

### **Vicki Cowling**

Independent Mental Health Practitioner,  
Melbourne, VIC, Australia

### **Cathy Creswell**

Professor of Developmental Clinical  
Psychology, School of Psychology and  
Clinical Language Sciences, University of  
Reading, Reading, Berkshire, UK

### **Patricia McKinsey Crittenden**

Director, Family Relations Institute,  
Miami, FL, USA

### **Rose Cuff**

The Bouverie Centre, Brunswick, VIC,  
Australia

### **Anne Diehl**

Department of Psychiatry,  
Boston Children's Hospital,  
Boston, MA, USA

### **Marie Diggins**

Registered Social Worker, Independent  
Consultant, London, UK

### **Adrian Falkov**

Child & Adolescent Psychiatrist, Westmead  
(Redbank House) and Royal North Shore  
Hospitals, Sydney, Australia

### **Iyabo Fatimilehin**

Consultant Clinical Psychologist, Just  
Psychology CIC, Manchester, UK

### **Christine Huff Fewell**

Adjunct Professor and Co-Coordinator,  
Substance Abuse and Co-Occurring  
Disorders Focused Learning Opportunity,  
New York University Silver School of Social  
Work, International Psycho-analytical  
Association, New York, NY, USA

### **Daniel Foster**

AmeriCorps Legal Advocate Mental Health  
Legal Advisors Committee

### **Kim Foster**

Professor, University of Canberra,  
Canberra, Australia

### **Brenda M. Gladstone**

Assistant Professor, Dalla Lana School of  
Public Health, University of Toronto,  
Toronto, ON, Canada

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

**Tracy R. G. Gladstone**  
Wellesley Centers for Women, Wellesley  
College, Wellesley, MA, USA

**Melinda Goodyear**  
Department of Rural and Indigenous  
Health, Monash University, Moe, VIC,  
Australia

**Michael Göpfert**  
Psychiatrist, University of Liverpool,  
Liverpool, UK

**Anne Grant**  
School of Nursing and Midwifery, Queens  
University, Belfast, Northern Ireland

**Clemens M. H. Hosman**  
Emeritus Professor of Mental Health  
Promotion and Prevention, Radboud  
University Nijmegen, the Netherlands

**Laura E. Kersten-Alvarez**  
Department of Clinical Psychology, Radboud  
University Nijmegen, and Maastricht  
University, the Netherlands

**Kasia Kozłowska**  
Child and Adolescent Psychiatrist, The  
Children’s Hospital at Westmead, NSW,  
Australia

**Andrea Landini**  
Child and Adolescent Psychiatrist, Reggio  
Emilia, Italy

**Robert Lees**  
Practice Analyst Mental Health East/South  
Fraser, Associate Clinical Team Leader,  
Chilliwack, Child & Youth Mental Health,  
British Columbia, Canada

**Darryl Maybery**  
Associate Professor and Director of the  
Department of Rural and Indigenous  
Health, Monash University, Moe, VIC,  
Australia

**Graham Meadows**  
Professor, Faculty of Medicine, Nursing &  
Health Sciences, Director of Southern  
Synergy, the Southern Health Adult  
Psychiatry Research, Training and  
Evaluation Centre, Monash University, VIC,  
Australia

**Cathrine Mihalopoulos**  
Associate Professor of Mental Health  
Economics, School of Health and Social  
Development, Deakin University,  
Burwood, VIC, Australia

**Elaine Mordoch**  
College of Nursing,  
Faculty of Health Sciences,  
University of Manitoba, Canada

**Bradley Morgan**  
Director, Children of Parents with a Mental  
Illness (COPMI) national initiative, North  
Adelaide, Australia

**Lynne Murray**  
Professor, University of Reading/  
Stellenbosch University, Reading,  
Berkshire, UK

**Katherine S. Nemens, Esq.**  
Clubhouse Family Legal Support Project,  
Mental Health Legal Advisor Committee,  
Boston, MA, USA

**Louise Newman**  
Professor of Psychiatry, Director of Centre  
for Women’s Mental Health Research,  
Royal Womens Hospital, Melbourne, VIC,  
Australia

**Joanne Nicholson**  
Professor of Psychiatry, Dartmouth  
Psychiatric Research Center, The Geisel  
School of Medicine at Dartmouth,  
Lebanon, NH, USA

Cambridge University Press  
978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:  
Third Edition  
Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter  
[More information](#)

x	List of contributors
	<div><div><div><b>Ruth O’ Shaughnessy</b> Principal Clinical Psychologist, Alder Hey Children’s NHS Foundation Trust, Liverpool, UK</div><div><b>Catiray Poiani-Cordella</b> Monash University Department of Rural and Indigenous Health, Moe, VIC, Australia</div><div><b>Andrea Reupert</b> Associate Professor and Director of the Krongold Centre, Faculty of Education, Monash University, Clayton, VIC, Australia</div><div><b>Mary V. Seeman</b> Professor Emerita, Department of Psychiatry, University of Toronto, Toronto, ON, Canada</div><div><b>Bjørge Eva Skogøy</b> Master/Clinical Social Worker/Ph.D. Candidate, Nordland Hospital, Bodo, Norway</div><div><b>Tytti Solantaus</b> Research Professor and child psychiatrist, Finnish Association for Mental Health, National Institute for Health and Welfare, Tampere University, Finland</div><div><b>Kristin Anne Stavnes</b> Psychiatrist/Ph.D. Candidate, Nordland Hospital, Bodo, Norway</div></div><div><div><b>Shulamith Lala Ashenberg Straussner</b> Professor and Chair, Social Work Practice Area, Director, Post-Master’s Program in the Clinical Approaches to the Addictions, New York University, Silver School of Social Work, Founding Editor, <i>Journal of Social Work Practice in the Addictions</i>, New York, NY, USA</div><div><b>Keith Sutton</b> Lecturer in Rural Mental Health, Department of Rural and Indigenous Health, Monash University, Moe, Australia</div><div><b>Patraporn Tungpunkom</b> Associate Professor and Director of Thailand Center for Evidence Based Nursing and Midwifery; Director of Mental Health Care, Chiang Mai University</div><div><b>Karin T. M. van Doesum</b> Department of Clinical Psychology, Radboud University Nijmegen, Mindfit Community Mental Health Centre Deventer, The Netherlands</div><div><b>Floor van Santvoort</b> Pluryn, the Netherlands</div><div><b>Philomène Uwamaliya RMN</b> Senior Lecturer Mental Health Nursing, Faculty of Education, Health and Community, Liverpool John Moores University, Liverpool, UK</div><div><b>Toni Wolf</b> Employment Options, Inc., Marlborough, MA, USA</div></div></div>

Cambridge University Press

978-1-107-07068-4 - Parental Psychiatric Disorder: Distressed Parents and Their Families:

Third Edition

Edited by Andrea Reupert, Darryl Maybery, Joanne Nicholson, Michael Göpfert and Mary V. Seeman  
Frontmatter

[More information](#)

## Preface

Mental illness is a family affair. When someone has a mental illness, his or her family are all affected, in particular the children in the family. While the adverse impact of parental mental illness on children is well documented, these outcomes are not inevitable. The aim of this book is to bring together leading researchers and practitioners to present their work in relation to families where a parent has a mental illness. Using various theoretical frameworks as a lens to understand the mechanisms of risk and adaptation in these families, the book examines the impact of different parental illnesses, such as schizophrenia, anxiety, depression, and personality disorder, on children and family relationships. The reciprocal nature of these family relationships is also appraised where caring for children and being in a family affect parents' well-being. Several innovative interventions are outlined which target children, parents, and families, including grandparents. While an evidence base for many interventions is still emerging, these chapters provide some guidance for practitioners in supporting families. Critical areas for further research and practice development are highlighted. In recognition that interventions are best delivered where there is strong organizational and community support, the book also presents implementation research where strategies that promote workforce and policy development are identified.

There have been many changes since the second edition, in terms of research but also practice and policy in different parts of the world. Only one chapter remains from the second edition, three chapters have been updated, and there are now thirty new chapters and author teams. These new chapters reflect the need for a theoretical framework to guide research and practice in this area. A culture-inclusive, developmental perspective and a recovery orientation run throughout this edition, which maintains the tradition of authentic clinical narratives and a focus on practice implications.