Contents

Acknowledgements            page vi
1  Introduction                1
2  Near Eastern Civilizations  10
3  Ancient Egypt and Nubia     20
4  The Prehistoric Peoples of Europe  42
5  The Roman World            53
6  Medieval Europe            65
7  East Asian Civilizations   80
8  North American Indigenous Peoples  95
9  South and Central American Civilizations  103
10 Parasites, Migrations, and Epidemics  117
11 Conclusion                130

Bibliography                 137
Index                         172