

Index

- Aboriginal and Torres Strait Islander Council, 88
 Aboriginal and Torres Strait Islander Health Plan 2013–2023, 347
 Aboriginal and Torres Strait Islander Health Practice Board of Australia (ATSIHPBA), 180, 187
 Aboriginal and Torres Strait Islander Health Practitioner (ATSIHP). *See* Indigenous health practitioners (IHPs)
 Aboriginal and Torres Strait Islander Health Service (ATSICHS), Brisbane
 background, 88–91
 establishing, 90, 93–4
 governance, 92, 95–6
 working in, 91, 94–5
 Aboriginal and Torres Strait Islander health workers (IHWs). *See* Indigenous health workers (IHWs)
 Aboriginal Child Car Restraint Information Workshop, 333
 Aboriginal community controlled health organisations. *See* community controlled health services
 Aboriginal Community Controlled Health Organisations (ACCHOs), 92
 Aboriginal community controlled health services. *See* community controlled health services
 Aboriginal Health Workers and Liaison Officers (AHWLOs), 21
 Aboriginal Maternal and Child Health Services, 325
 Aboriginal Medical Services (AMSs), 92, 178,
 See also community controlled health services
 Aboriginal Rangers, 234–40
Aboriginals Protection and Restriction on the Sale of Opium Act 1897 (Qld), 56
Aborigines Protection Act, 9
 access to healthcare
 by men, 79
 factors impacting on, 104, 320
 from missions, 87
 future of, 100
 LGBTIQ+ people, 80
 Purple House program, 253
 youth, 79
 accidents, 332–3
 accountability, 195
 acculturative trauma, 272
Action to Support Older Aboriginal and Torres Strait Islander People: A Guide for Consumers, 351
 activism, 88, 308–9
 acute rheumatic heart disease (ARHD), 331
 adoption, 320
 adverse childhood experiences (ACE), 266, 272
 aeromedical retrievals, 148–9
 afterbirth, 106
 after-hours care, 197
 afterlife beliefs, 60
 age structure, 107, 345–7
 aged-care packages, 350
 aged-care services, 350–2
 alcohol consumption, 74, 248, 251, 272, 283, 320
 Alzheimer's disease, 353
 anaemia, 328
 animals, 138
 antenatal care
 attendance, 113
 barriers to, 120
 culturally safe approaches, 113
 home visits, 323
 importance of, 119–20
 reluctance to have, 38
 antenatal clinics, 116–17
 antibiotics, 329, 331
 apps, 257
 archaeological evidence, 3
 aspirin, 221
 assault, 74
 assimilation period, 11–12
 asthma, 249–50, 330, 348
 attitudes, 31–2, 40
 Aunty, use of term, 347
 Australian Council of Churches, 89
 Australian Health Practitioner Regulations Agency (AHPRA), 134
 Australian Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS), 208
 Australian Nurse Family Partnership Program (ANFPP), 323
 Australian Nursing and Midwifery Accreditation Council (ANMAC), 28
 autonomy, 49
 babies
 birthweight, 109–10, 320
 bottle-feeding, 328
 breastfeeding, 328
 healthy start to life, 323–4
 morbidity rates, 322
 pre-term, 108–9
 universal health screening, 324
 See also infant mortality
 Baggarrook Yurrongi caseload midwifery, 118
 barefoot doctors
 experiences of, 197
 roles, 177
 See also traditional healers
 behavioural determinants of health, 251–2
 beliefs
 afterlife, 60
 understanding own, 31–2, 40
 Best, Odette, 159
 biases
 awareness of own, 124–6
 cultural, 122
 discriminatory, 283
 self-reflection on, 326

- biomedical determinants of health, 252
- biomedical model of health, 38, 123
- birth certificates, 321
- birth records, 106
- birth registration, 321
- birthing
 - and Elders, 115
 - care of women during, 5
 - described, 105
 - in hospitals, 114–15
 - pre-term, 320
- birthing on Country
 - definition, 105
 - described, 20, 105, 120
- birthing on Country services, 323
- birthing practices
 - case studies, 123
 - historical, 106
 - in urban and regional settings, 104–5
 - leaving communities, 120
 - placenta, 106
 - sit down before, 115, 120
- birthweight, 109–10, 320
- Black Deaths in Custody, 156–7
- Blackman, Renee, 91
- Blacktown Aboriginal Safety Promotion Program, 333
- board of directors, 95–6
- body language, 146
- Body Mass Index (BMI), 110
- Boordjari Yorgas Midwifery Group Practice (BYMGP), 118
- bottle-feeding, 328
- breast cancer, 74
- breastfeeding, 328
- brotha (brother) boys, 70, 79–80
- Buchhorn, Richard, 89
- burden of disease
 - chronic diseases, 183
 - long-term health conditions, 247–8
 - remote areas, 143
- Burton, Jo, 163–4
- bush medicines. *See* traditional medicines
- Caboolture Hospital, Queensland
 - Ngarrama Birthing Service, 117
- cancer, 74, 248
- car restraints, 333
- carbon dioxide, 299, 308
- carbon footprint, 299, 308
- cardiovascular disease, 143, 248, 348
- carers
 - gender of, 75
 - of Elders, 5, 349–50
 - support for, 350
 - women as, 349
- caring for Country, 304–5
- case studies
 - Aboriginal and Torres Strait Islander Health Service (ATSICHS), Brisbane, 94–5
 - Aunty Ellie Gaffney, 57–8
 - birthing practices, 123
 - Central Australian Aboriginal Congress (CAAC), 13–14
 - children in custody, 168
 - chronic diseases healthcare, 134–5
 - community-based outreach services, 334–5
 - culturally safe approaches, 122
 - delegation, 195–6
 - dementia, 354
 - dengue fever, 64, 309–10
 - described, 210
 - Elders, 347, 352
 - gender-appropriate care, 75–6
 - Indigenous health workers (IHWs), 194
 - International Women's Day planning, 73
 - life in remote communities, 140–1
 - lock hospitals, 8–9
 - long-term health conditions, 249–50
 - Maari Ma Aboriginal Corporation, 21–2
 - medications, 255–6
 - mental healthcare, 284–5
 - midwifery care, 124–6
 - NAIDOC Week, 99
 - nurse as patient, 44
 - patients returning to communities, 98–9
 - perinatal mental health, 274–5
 - pregnancy in prison, 162–3
 - professional boundaries, 197–8
 - quantitative research, 232–40
 - research projects, 210–11, 216
 - social and emotional wellbeing (SEWB), 287–8
 - structural racism, 161
 - Torres Strait Eight, 306
 - traditional healers, 4–5
 - transfer to hospital, 276
- categorical variables, 231
- Central Australian Aboriginal Congress (CAAC), 13–14
- Central Australian Rural Practitioners Association (CARPA), 133
- cervical cancer, 74
- change agents, 164, 308–9
- child mortality rates, 16, 113–14, 317, 322–3
- childbirth. *See* birthing
- children
 - adverse childhood experiences (ACE), 266, 272
 - and kinship, 319
 - and malnutrition, 3
 - and primary caregivers, 319, 320
 - and racism, 268
 - asthma, 330
 - causes of death, 322
 - child-rearing practices, 319
 - culturally safe care of, 167–70
 - ear health, 329–30
 - factors impacting health, 320
 - gastrointestinal infections, 332
 - health outcomes, 322
 - health promotion, 326–35
 - health records, 324
 - healthy start to life, 323–4
 - hearing loss in, 329
 - hospitalisation of, 329, 332–3
 - immunisation, 327, 330
 - in out-of-home care, 325
 - in prisons, 283–4
 - incarceration of, 166–8
 - infections in, 329
 - nutrition, 328
 - oral health, 328

- children (*cont.*)
 - otitis media, 324, 329
 - parasitic infestations, 331, 332
 - policies for health of, 318–19
 - removal of, 10, 250
 - respiratory health, 330
 - screening, 324–5
 - skin infections, 331
 - social and emotional wellbeing (SEWB), 320
 - suicide rates, 333–4
 - trauma-informed care, 326
 - universal health screening, 324–5
 - unregistered, 321
 - with mothers in prison, 162
- chi-squared tests, 225, 238–40
- Christianity, 55
- Chronic Care for Aboriginal People (CCAP) Model of Care, 256–7
- chronic diseases
 - burden of disease, 183
 - case studies, 134–5
 - incidence, 348
 - See also* long-term health conditions
- chronic kidney disease, 348
- Circle Sentencing Program, 165
- cisgender, 70
- cities, 104
- citizenships, 56–7
- civil rights marches, 89
- climate activists, 308–9
- climate adaption, 299
- climate change
 - and First Peoples, 305
 - and Zenadth Kes, 62–4
 - definition, 62, 298
 - impacts, 301–3
 - language of, 298–9
 - next steps, 308
- climate crisis
 - and colonisation, 298, 305
 - impacts, 303–4
- climate justice movements, 309
- climate mitigation, 299
- clinical yarning, 286–7
- Closing the Gap
 - described, 2, 14–15
 - implementation plan, 78
 - mortality rates, 113
 - priority reforms, 319
 - reforms, 15–16
 - target process, 16–17
 - targets, 110, 155, 318, 322
- Closing the Gap Refresh statement, 18–19
- codes of ethics, 164, 208
- cognitive dissonance, 158
- collaborative practice, 116
 - remote area nurses (RANs), 135–6, 142
- Collins, David, 106
- Collins, Les, 89
- colonisation
 - and climate crisis, 298, 305
 - and Western research, 222
 - definition, 28
 - impacts, 6–8, 250, 297–8
 - New Zealand, 39
 - through religion, 55
 - through science, 55
 - Zenadth Kes, 55
- Commonwealth Home Support Programs, 350
- communications
 - in remote communities, 136
- communities
 - active partnerships with, 228
 - and research, 206, 228
 - cultural considerations, 145–7
 - diversity of, 40
 - knowing local, 326
 - leaving for birthing, 120
 - life in remote, 143–4
 - living in remote, 136–41
 - patients returning to, 98–9
- community controlled health services
 - and families, 325–6
 - and Indigenous health workers (IHWs), 183, 186
 - and National Aboriginal Community Controlled Health Organisation (NACCHO), 97
 - and Queensland Aboriginal and Islander Health Council (QAIHC), 96–7
- child screening services, 324
- community controlled described, 92
- culturally safe approaches, 98–9
- definition, 87
- described, 19
- establishing, 12, 14, 90, 93–4
- future of, 100
- governance, 92, 95–6
- in remote communities, 138–9
- Maari Ma Aboriginal Corporation, 21–2
- model for, 90
- NAIDOC Week, 99
- need for, 87–8
- staff turnover, 138–9
- work of, 349
- working in, 91, 94–5
- See also* Aboriginal and Torres Strait Islander Health Service (ATSICHS), Brisbane
- community engagement, 212
- community health workers, 177
- community protocols, 212
- competence, 181, 183–5
- conduct, professional, 197
- confidence intervals, 225
- confidentiality, 197
- conflicts, injuries from, 3
- consent forms, 214
- continuity of care, 105, 115, 123
- continuous variables, 231
- controlled medications, 185
- Cook, James, 53
- coolamon*, 345
- Council of Australian Governments (COAG), 18, 349
- Country
 - caring for, 63, 304–5
 - connections to, 277
 - definition, 49
 - described, 300–1
 - environmental health, 62–4
 - loss of connections to, 277
 - returning to, 354–5
 - welcome to, 122

- See also* birthing on Country
 COVID-19 vaccinations, 186
 craniometry, 222
 crimes against Islanders, 53
 cultural awareness
 definition, 28
 described, 188
 developing, 31
 developing professional, 33–6
 cultural biases, 122
 cultural brokers, 179, 180, 189
 cultural considerations
 remote area nurses (RANs), 145–9
 respectful, 145–6
 cultural determinants of health, 16, 252, 303
 cultural laws, 146
 cultural rights, 105
 cultural safety
 and beliefs, values and attitudes, 31–2, 40
 and cultural awareness, 31
 and social justice, 40
 definition, 28
 described, 29
 developing theory, 28–30
 in midwifery care, 104
 principles, 40–3
 steps, 30
 terms for, 28
 cultural sensitivity
 definition, 36
 understanding, 36–7, 38
 cultural wellbeing, 72, 264
 culturally safe approaches
 and aged-care services, 350–2
 and lived experiences, 273
 and self-reflection, 326
 and social and emotional wellbeing (SEWB), 268
 antenatal care, 113
 case studies, 122
 Circle Sentencing Program, 165
 community controlled health services, 98–9
 custodial care settings, 165–8
 described, 20–1
 engagement with clients, 41–2
 for children, 167–70
 hospitals, 122
 in custodial care settings, 157
 maternity services, 105
 midwifery care, 115, 121–6
 models of care, 165–8
 not diminish, demean or disempower others, 43, 124–6
 palliative care, 122
 power differentials, 41, 123–4
 prevention models, 168–70
 principles, 40–3, 121
 process of decolonisation, 42–3
 reflecting on own practice, 40–1, 121–2
 steps, 188
 to research, 206–7
 culturally safe care, 158
 culturally safe practitioners
 and history, 65
 becoming, 39–40
 described, 188–9
 steps, 30
 culture, 28, 31
 Currant Bush (Marron Bush), 5
 custodial care settings
 and cognitive dissonance, 158
 culturally safe approaches, 157, 165–8
 culturally safe prevention models, 168–70
 definition, 156
 humanising language, 157
 intergenerational trauma, 158–9
 terms used, 157
 working in, 159, 163–4
 custody
 adults in, 154–5, 283
 deaths in, 156–7
 See also incarceration
dadirri, 280
 daily living, assistance with, 75
 Dampier, William, 2
 data analysis, 226, 231
 data collection
 birth records, 106
 Indigenous identification, 114
 methods, 226
 Deadly Choices program, 253
 Deadly Ears Program, 330
 death
 and long-term health conditions, 246
 causes of, 181, 182
 cultural considerations, 146
 in custody, 156–7
 See also suicide rates; grief
 decolonisation
 definition, 42
 process of, 42–3
 delegation of nursing tasks, 195–6
 dementia
 assessments, 353
 care for, 350
 case studies, 354
 incidence, 353
 understanding of, 353
 dengue fever, 64, 309–10
 dental cavities, 328
 dental nurses, 178
 Department of Aboriginal Affairs (DAA), 14
 descriptive analysis, 231, 233–4, 236–8
 descriptive statistics, 231, 233
 determinant of health
 racism as, 252
 determinants
 of social and emotional wellbeing (SEWB), 265–6
 determinants of health
 behavioural, 251–2
 biomedical, 252
 cultural, 16, 252, 303
 definition, 249
 economic, 249–50
 long-term health conditions, 248–52
 political, 250–1
 social, 2, 16, 159–60, 320
 development delays, 320
 diabetes
 gestational, 111–12

- diabetes (*cont.*)
 - prediabetes, 252
 - Too Deadly for Diabetes, 253
- Dickinson, Tommy, 29
- diets
 - changes in, 7
 - traditional, 6
 - See also* food
- digital tools, 257
- discrimination
 - and LGBTIQ+ people, 80
 - racial, 189–90, 252
- discriminatory biases, 283
- diseases
 - common, 7
 - impacts of invasion, 7
- distress, 278, 279, 348
- doctors
 - consultation with, 142
 - numbers, 178
- dogs, 138
- domestic violence, 320
 - and housing, 138
 - and LGBTIQ+ people, 74
 - impacts, 273
- drownings, 332
- drug use, 74, 248, 272, 283, 320
- dual relationships, 196, 197
- dyslipidaemia, 252

- ear health, 324, 329–30
- East Arnhem Scabies Control Program, 331
- ecological principles, 280–1
- economic determinants of health, 249–50
- education
 - low levels of, 249, 320
 - Year 12 attainment, 16
 - See also* training
- Elders
 - and aged-care services, 350–2
 - and culturally safe care, 350–2
 - as advocates for families, 326
 - birthing skills, 115
 - carers of, 349–50
 - caring for, 5, 349–50
 - case studies, 347, 352
 - described, 344
 - end-of-life care, 354–5
 - experiences of, 344, 347
 - recognition of, 267
 - respect for, 344, 346
 - returning to Country, 354–5
 - with dementia, 353–4
- electricity
 - in remote communities, 137
- emergency departments, 210–11
 - experiences of, 268
- employment levels, 17
- Empower Action Model, 168–70
- end-of-life care, 354–5
- enrolled nurses, 178
- entertainment in remote communities, 137
- environmental health, 62–4
- equity, 164
- ethical dilemmas, 197

- ethical practice in research, 205, 208–9
- ethics approval process, 213
- ethnicity, 29, 31
- ethnography, 210, 224
- eucalyptus leaves, 4
- experiments, 226
- exposure variables, 230
- eye diseases, 3

- families
 - advocates for, 326
 - and long-term health conditions, 252, 257
 - employed with family members, 197
 - health of, 318
 - prison visiting, 162
 - structures, 273
 - support for, 325–6
 - with complex needs, 321, 325–6
 - working with, 149
- family conflicts, 197
- family violence, 74, 138, 273, 320
- Fantome Island lock hospital, 8–9
- fatalism, 252
- fathers, 323
- Federal Council for the Advancement of
 - Aborigines and Torres Strait Islanders (FCAATSI), 88
- fertility rates, 107–8
- financial aspects, 320
- First Peoples and climate, 305
- fisheries, 63
- focus groups, 210, 214, 215
- Foetal Alcohol Spectrum Disorder (FASD), 320
- food
 - cost of, 136
 - eating traditional, 6
 - hunted and gathered, 6
 - insecurity, 249, 348
- fractures
 - evidence of, 3
 - treatment of, 4

- Gaffney, Auntie Ellie, 57–8
- gastrointestinal infections, 332
- gay conversion therapy, 29
- gender
 - and health status, 74–5
 - and policies, 76–8
 - defining, 70
 - discussions about, 70–1
 - of carers, 75
 - one's very being, 71
 - perspective of health, 71–3
- gender roles, 70
- gender-appropriate care, 75–6
- gendered realities, 70
- general practice clinics, 100
- genetic predisposition, 252
- gestational diabetes mellitus, 111–12
- giardiasis, 332
- glomerulonephritis, 331
- governance
 - community controlled health services, 92
- government departments
 - Department of Aboriginal Affairs (DAA), 14

- disparity gap, 267
- governments
 - and long-term health conditions, 254–7
 - and policies, 14
- Grandmothers, 115
- greenhouse effect, 298–9
- greenhouse gases, 298, 299
- Gregory, Helen, 106
- grief, 282
- groceries, 136
- grounded theory, 210, 225
- Haddon, Alfred, 55
- haemophilus influenza type B (Hib) vaccinations, 329
- Harris lines, 3
- headaches, 4
- Headspace centres, 334
- healing-informed care, 162
- health
 - and racism, 252
 - and wellbeing, 60
 - behavioural determinants of, 251–2
 - biomedical determinants of, 252
 - biomedical model, 38, 123
 - cultural determinants of, 16, 252, 303
 - defining, 32–3, 72
 - definition, 60
 - determinants of, 249
 - economic determinants of, 249–50
 - genered perspective of, 71–3
 - holistic concept of, 33
 - human rights approach to, 348
 - political determinants of, 250–1
 - social determinants of, 2, 16, 159–60, 320
 - See also* holistic approach to health
- health checks, 254–5
- health conditions. *See* long-term health conditions
- health gaps. *See* Closing the Gap
- health literacy, 249, 257
- health needs, 181–2
- health outcomes, 16, 322
- health policies
 - women, 77–8
- Health Practitioner Regulation National Law Act 2009* (Qld), 186
- health professionals
 - culturally safe practice, 188–9
 - mistrust of, 320
 - need for Indigenous midwives, 119
 - own cultural identities, 147
 - regulation of, 186–8
 - remote areas, 178
 - See also* traditional healers
- health promotion, 253, 279, 285, 326–35
- health records, 324
- health screening, 324–5
- health services
 - access to, 104
 - challenges with mainstream, 104
 - need for community controlled, Indigenous-specific, 87–8
 - presenting with complex health problems, 74
 - Zenadth Kes, 60–2
 - See also* community controlled health services; maternity services
- health status
 - and colonisation impacts, 6–8
 - and gender, 74–5
 - LGBTIQ+ people, 74, 75
 - men, 74
 - on reserves and missions, 11
 - poor, 87
 - pre-invasion, 2–3
 - survey results, 348
 - women, 74
- health systems
 - early, 9–11
 - pre-invasion, 3–4
- health workers. *See* community health workers; Indigenous health workers (IHWs)
- health workforce
 - and Indigenous health workers (IHWs), 186
 - extensions to, 178
 - numbers, 178
 - power among, 179
 - unregulated healthcare workers (UHCWs), 178–80
 - See also* health professionals
- healthcare
 - by barefoot doctors, 177
 - chronic diseases, 134–5
 - clients defining, 39
 - described, 182
 - early forms of, 9
 - gender-appropriate, 75–6
 - history of, 177–8
 - in loch hospitals, 8–9
 - on reserves and missions, 10–11
 - preventative, 5–6
 - task-shifting, 178–80
 - Torres Strait Model for, 61
 - See also* access to healthcare; mental healthcare
- healthy start to life, 323–4
- hearing loss in children, 329
- heteronormative, 81
- holistic approach to health
 - described, 20, 33
 - examples, 182
- Holland, Lorelle, 170
- Home and Community Care (HACC), 350
- home visits for antenatal care, 323
- homosexuality, 29
- hookworm, 332
- hospitalisation
 - experiences of, 276
 - gastrointestinal infections, 332
 - of children, 329, 332–3
- hospitals
 - Aboriginal Health Workers and Liaison Officers (AHWLOs), 21
 - and Indigenous health workers (IHWs), 186
 - birthing in, 114–15
 - culturally safe approaches, 122
 - lock, 8–9
 - on reserves and missions, 10
 - over-accessing research, 210–11
 - segregated wards, 87
 - small local, 87
 - transfer to, 276
- housing
 - in remote communities, 137

- Human Research Ethics Committee (HREC), 213
- human rights, 348
- hypertension, 252
- hypothesis, 225
- identification, 321
- identity
 - and political oppressions, 271
 - and stigma, 269–70
 - asking about, 114
 - data collection, 114
 - definitions for, 56
 - Islanders, 56
 - personal experiences, 270–1
- illness
 - normalisation, 252
 - See also* long-term health conditions
- immunisation, 327, 330
- Immunise Australia Program, 327
- impetigo, 331
- imprisonment
 - historical, 154
- Improving Maternity Services in Australia Report*, 115
- incarceration, 283–4
 - data, 154–5
 - definition, 154
 - intergenerational trauma, 158–9
 - of children, 166–8
 - of women, 155, 161–4
 - See also* custodial care settings
- independence measures, 238
- indigeneity, 267
- Indigenous activism, 88
- Indigenous health practitioners (IHPs)
 - creation of, 180, 187
 - definition, 132, 176
 - numbers, 187
 - regulation of, 186–8
 - roles, 177
 - scope of practice, 181
- Indigenous health workers (IHWs)
 - and Aboriginal Medical Services (AMSs), 178
 - and community controlled health services, 183, 186
 - and Decision-making Framework for Nursing and Midwifery (DMF), 191
 - and health needs of client group, 181–2
 - and isolated practice areas, 185
 - and racial discrimination, 189–90
 - and task-shifting, 178
 - as community members, 176, 188, 189
 - as cultural brokers, 179, 180, 189
 - as cultural safety practitioners, 188–9
 - definition, 132, 176
 - delegation, 195–6
 - dilemmas experienced, 197
 - history of, 177–8
 - independence, 191
 - job titles, 180
 - need for, 185
 - numbers, 180
 - personal experiences, 284–5
 - practice context, 182–3
 - Professional Practice Framework, 183
 - referral questions, 286
 - regulation of, 180
 - roles, 176, 180, 187
 - scope of practice, 181, 182–3, 184, 186
 - service provider's policy on, 186
 - sociocultural knowledge, 176
 - therapeutic relationships, 196–8
 - training, 177, 183–5
 - training barriers, 185
 - work with midwives, 176, 183, 187, 189, 190–1
 - work with nurses, 176, 177, 183, 187, 190–1, 194
- Indigenous Liaison Officers (ILOs)
 - work of, 144, 146
- Indigenous mental health workers, 286
- Indigenous midwifery group model of care, 116
- infant formula, 328
- infant morbidity, 113–14
- infant mortality
 - rates, 16, 113–14, 322–3
- infant nutrition, 328
- infections in children, 329
- inferential analysis, 231
- inferential statistics, 231, 238
- injuries
 - burden of, 248
 - from conflicts, 3
 - in children, 332–3
 - remote areas, 143
 - treatment of, 4–5
 - See also* self-harm
- injury-prevention measures, 333, 334
- Institute for Urban Indigenous Health (IUIH), 100, 253
- institutional racism, 179, 185
- intellectual sovereignty, 230
- intergenerational trauma, 158–9
- Intergovernmental Panel on Climate Change (IPCC), 63, 305, 308
- International Council of Nurses, Code of Ethics, 164
- International Women's Day planning, 73
- interprofessional practice, 135–6, 181, 190–1
- interviews, 210
- invasion
 - Zenadth Kes, 53–4
- Islanders
 - and religion, 55
 - caring for Country, 63
 - crimes against, 53
 - definitions for, 56
 - demographics, 58
 - kindship networks, 52
 - languages spoken, 50–1
 - sense of belonging, 51–2
 - sovereignty of their bodies, 55
 - terms for, 49
 - traditional medicines practice, 61–2
- isolated practice areas, 185
- judicial institutions, 283
- justice and social determinants of health, 159–60
- Kalaw Lagaw Ya language, 50
- kidney disease, 348
- kinship
 - importance of, 319
 - networks, 52
- knowledge
 - non-academic, 224

- of traditional medicines, 11
- sociocultural, 176
- value of, 60
- La Perouse Community Health Service Pediatrics Clinic, Sydney, 334–5
- land
 - taken through pastoral expansion, 6
- Land Country, 49, 300
- language
 - humanising, 157
- languages spoken, 50–1, 52
- LGBTIQA+ people
 - access to healthcare, 80
 - and discrimination, 80
 - health status, 74, 75
 - in communities, 79–80
- life
 - healthy start to, 323–4
 - in remote communities, 140–1, 143–4
- life expectancy, 16, 108, 181
- lipids, 252
- lived experiences, 273
- lock hospitals, 8–9
- London Missionary Society (LMS), 55
- long-term health conditions
 - and death, 246
 - and families, 257
 - burden of, 247–8
 - case studies, 249–50
 - described, 246
 - determinants, 248–52
 - government initiatives, 254–7
 - Indigenous-led models of care, 253–4
 - living with, 246
 - rates, 246
 - risk factors, 248
 - self-management, 257–8
- loss and grief, 282
- low birthweight (LBW), 109–10, 320
- lunatic asylums, 154
- Maari Ma Aboriginal Corporation, 21–2
- Mabuaig language, 52
- malnutrition, 3, 328
- Māori people, caring for, 30
- massacres, 6
- Mater Mothers' Hospital, Brisbane, Murri Clinic, 116–17
- Maternity Group practices (MGP), 113
- Maternity Models of Care in Australia*, 118
- maternity services
 - and cultural rights, 105
 - changes in, 105
 - continuity of care, 115
 - cultural issues relevant to accessing, 119–21
 - culturally safe approaches, 105
 - examples, 116–19
 - models for urban and regional care, 116–19, 126
 - urban and regional settings, 104
- maternity teams, 189
- medical records, 324
- Medicare Benefits Schedule (MBS), 254
- Medicare Locals, 100
- Medicare-funded health checks, 254–5
- medications
 - access to, 255
 - and Indigenous health workers (IHWs), 185
 - case studies, 255–6
 - restricted, 185
 - types, 185
- medicine men and women. *See* traditional healers
- medicines
 - dispensing by magistrates, 9
 - traditional, 5, 61–2
- men
 - access to healthcare by, 79
 - as Indigenous health workers (IHWs), 185
 - health outcomes, 74
 - health status, 74
 - in prison, 155
 - life expectancy, 16, 108, 181
 - Strong Fathers Strong Families program, 323
- men who have sex with men (MSM), 78
- men's business
 - definition, 70
 - research on, 78
 - separation from women's business, 73
- mental health
 - burden of disease, 248
 - compared to social and emotional wellbeing (SEWB), 264, 271
 - perinatal, 274–5
 - use of term, 279
 - See also* social and emotional wellbeing (SEWB)
- mental health promotion, 279
- mental healthcare
 - and positive social and emotional wellbeing (SEWB), 266
 - and social and emotional wellbeing (SEWB), 278–81
 - case studies, 284–5
 - person-centred care, 280, 281
 - referral questions, 286
 - strengths-based approaches, 280–1
 - trauma-informed care, 278–9, 326
- mentoring, 136
- midwifery care
 - case studies, 124–6
 - culturally safe approaches, 115, 121–6
 - culture of, 33
 - historical, 106
 - midwifery-led models, 117, 126
 - See also* birthing practices
- midwives
 - access to known, 113
 - and Decision-making Framework (DMF), 195
 - and Decision-making Framework for Nursing and Midwifery (DMF), 191
 - and power differentials, 123–4
 - and research, 207
 - and task-shifting, 178
 - as change agents, 164
 - as culturally safe practitioners, 39–40
 - awareness of own biases, 124–6
 - cultural safety steps, 30
 - delegation, 195–6
 - Indigenous, 114
 - need for Indigenous, 119
 - not diminish, demean or disempower others, 43, 124–6

- midwives (*cont.*)
 reflecting on own practice, 121–2
 work with Indigenous health workers (IHWs), 176, 183, 187, 189, 190–1
 work with unregulated healthcare workers (UHCW), 178
 See also maternity services
 Minga Gudjaga, 118
 Miriam Mir language, 50
 missions
 access to healthcare, 87
 established, 9
 healthcare on, 10–11
 hospitals on, 10
 impact on health status, 9
 impacts of, 37
 mistrust of health professionals, 320
 mixed-methods research approaches
 definition, 214
 morbidity rates, 317, 322
 Moreton-Robinson, A., 37, 54
 mortality rates
 babies, 113
 causes of, 181, 182
 child, 16
 infant, 113–14, 322–3
 remote areas, 143
 Morton, Samuel George, 222
 mosquito-borne diseases, 309–10
 mosquitos, 64
 mothers
 ages, 107
 and diabetes, 111–12
 Body Mass Index (BMI), 110
 incarceration of, 161–4
 positive trends for, 113
 mourning, 282
 multimorbidity, 246
 Mununggirritij, Djapirri, 105
 Murri Clinic at Mater Mothers' Misericordae Public Hospital, Brisbane, 116–17
 musculoskeletal conditions, 248

 NAIDOC Week planning, 99
 Nakata, Martin, 55
 names of deceased persons, 146
 narratives, 210
 National Aboriginal and Islander Health Organisation (NAIHO), 97
 National Aboriginal and Torres Strait Islander Flexible Aged Care Program (NATSIFACP), 350
 National Aboriginal and Torres Strait Islander Health Council report, 71
 National Aboriginal and Torres Strait Islander Health Measures Survey (NATSIHMS), 348
 National Aboriginal and Torres Strait Islander Health Plan 2013–2023, 78
 National Aboriginal and Torres Strait Islander Health Plan 2021–2031, 78, 135
 National Aboriginal and Torres Strait Islander Health Worker Association (NATSIHWA)
 Professional Practice Framework, 183
 National Aboriginal Community Controlled Health Organisation (NACCHO), 14, 97

 National Aboriginal Health Strategy, 32, 60, 71, 72, 73, 176
 National Agreement on Closing the Gap, 14, 15
 National Association of Aboriginal and Torres Strait Islander Health Worker and Practitioners (NAATSIHWP), 180, 183, 186
 National Framework for Universal Child and Family Health Services, 324
 National Health and Medical Research Council (NHMRC), 318
 National Maternity Services Plan, 105
 National Plan to End Violence Against Women 2022–2032, 273
 National Registration and Accreditation Scheme (NRAS), 186
 National Strategy for Food Security in Remote Aboriginal and Torres Strait Islander Communities, 137
 National Women's Health Policy, 77
 National Women's Health Strategy 2020–2030, 77
 native doctors. *See* traditional healers
 natural environments, 277
 See also Country
 neural tube defects, 3
 New Directions program, 323
 New Zealand colonisation, 39
 Newfong, John, 71
 Ngarrama Birthing Service at Caboolture Hospital, Queensland, 117
 Nielsen, Anne-Maree, 37
 Nightingale, Florence, 34–5
 No Jab, No Pay initiative, 327
 Nona, Francis, 307
 non-binary people, 70, 79–80
 normalisation of illness, 252
 Nurse Practitioners
 chronic diseases healthcare, 134–5
 definition, 133
 nurses
 and cognitive dissonance, 158
 and Decision-making Framework (DMF), 195
 and Decision-making Framework for Nursing and Midwifery (DMF), 191
 and research, 207
 and task-shifting, 178
 as change agents, 164, 308–9
 as culturally safe practitioners, 39–40
 as patients, 44
 cultural safety steps, 30
 delegation, 195–6
 not diminish, demean or disempower others, 43, 124–6
 numbers, 178
 professional boundaries, 197–8
 role in end-of-life care, 354–5
 work with Indigenous health workers (IHWs), 176, 177, 183, 187, 190–1, 194
 work with unregulated healthcare workers (UHCW), 178
 See also Registered Nurses (RNs); remote area nurses (RANs)
 nursing
 and LGBTIQ+ people, 80–1
 culture of, 33
 developing profession, 33–6
 in remote communities, 138–9

- outcomes of inappropriate, 30
 - training, 10
 - training history, 34, 35–6
 - whiteness of, 28, 37–9
- Nursing and Midwifery Board of Australia (NMBA), 186
 - Decision-making Framework (DMF), 191, 195
- Nursing Council of New Zealand, 38, 40
- nutrition, 324, 328
- obesity, 252, 328
- observation, 210
- oral health, 328
- othering, 159–60
- otitis media
 - in children, 329
 - screening, 324
- outcome variables, 230
- out-of-home care of children, 325
- outreach services, community-based, 334–5
- outstations, 134
- overcrowding, 137
- palliative care, 122, 354–5
- parasitic infestations, 331, 332
- parents
 - and removal of children, 10
- participation
 - in research, 213, 214–15
- participatory action research, 228
- participatory research, 224
- partnerships with research processes, 228
- Pathfinders National Aboriginal Birth Certificate Program (PNABC), 321
- patient-centred care, 348
- patients
 - engagement with, 41–2
 - nurses as, 44
 - returning to communities, 98–9
- perinatal mental health, 274–5
- personal experiences
 - as patients, 44
 - custodial care settings, 159, 163–4
 - identity, 270–1
 - Indigenous health workers (IHWs), 284–5
 - remote area nurses (RANs), 147–9
 - social and emotional wellbeing (SEWB), 274–5
 - social justice, 170
- person-centred care
 - mental healthcare, 280, 281
 - trauma-informed care, 278–9
- Pharmaceutical Benefits Scheme Co-payment Program, 255
- pharmacopoeia
 - traditional, 4–5, 11, 62, 221
- phenomenology, 210, 224
- Phillip, Arthur, 7
- physical activity, 251
- placenta, 106
- plants. *See* traditional medicines; food
- pneumococcal vaccinations, 329
- poisonings, 143
- policies
 - and gender, 76–8
 - and governments, 14
 - and Indigenous ways of knowing, 268
 - child and family health, 318–19
 - See also* Closing the Gap
- political activity, 88
- political determinants of health, 250–1
- political integrity, 229–30
- political oppressions, 271
- population
 - age structure, 345–7
 - location, 107
 - numbers, 6, 7, 58–9
 - pre-invasion estimates, 6, 7
 - samples, 225
- positionality, 227
- poverty, 249, 320
- power
 - and citizenships, 56–7
 - in health workforce, 179
 - minimising differentials, 41, 123–4
- Practitioners and Allied Professionals Registration Act* 1986 (NT), 187
- Prado y Tobar, Diego de, 53
- prediabetes, 252
- pregnancy
 - alcohol consumption during, 320
 - and diabetes, 111–12
 - and stress, 320
 - in prison, 162–3
 - smoking during, 113
 - support services, 334–5
- pre-invasion
 - health status, 2–3
 - health systems, 3–6
 - pharmacopoeia, 4–5
 - preventative healthcare, 5–6
- pre-term birth, 108–9
- preventative healthcare, 5–6
- primary caregivers
 - and children, 319, 320
- Primary Clinical Care Manual* (PCCM), 133
- primary health care centres (PHCCs)
 - definition, 132
 - and traditional healers, 147
- primary health services. *See* community controlled health services
- prisons, 283–4
 - location, 162
 - women in, 161–4
 - See also* custodial care settings; incarceration
- Productivity Commission, 15
- professional boundaries, 196–8
- protectionism
 - described, 9–11
 - Zenadth Kes, 56–7
- Purple House program, 253
- qualitative research
 - described, 209
 - methods, 210, 214, 226
 - types, 210
 - See also* research projects
- quantitative research
 - data analysis, 231
 - definition, 214

- quantitative research (*cont.*)
 - examples, 232–40
 - in context, 221–4
 - Indigenous methodologies, 230–1
 - premises, 224
 - variables, 230–1
 - Western methodologies, 221–4
- Queensland Aboriginal and Islander Health Council (QAIHC), 96–7
- Queensland Aboriginal and Islander Health Forum (QAIHF), 72
- queer, 80
- questionnaires, 226
- questions
 - asking, 145
 - for referrals, 286
 - for research, 227–8
- racial discrimination, 189–90, 252
- racial hierarchy, 54
- racialisation, 180
- racism
 - and children, 268
 - and social and emotional wellbeing (SEWB), 281
 - as determinant of health, 252
 - awareness, 124
 - definition, 179
 - experiences of, 190
 - institutional, 179, 185
 - structural, 161
 - whiteness of nursing, 37–9
- Ramsamy, Nicole, 132–4
- Ramsden, Irihapeti, 28–30
- Rangers, 234–40, 304
- referrals, 286
- reflecting on own practice, 40–1, 121–2
- reflective practice, 40–1, 121–2, 158
- Registered Nurse Accreditation Standards, 28
- Registered Nurses (RNs)
 - experiences of, 194
 - in community controlled health services, 91, 94–5
 - in remote communities, 142–3
 - numbers, 178
 - See also* remote area nurses (RANs)
- relationality, 297
- relationships
 - dual, 196, 197
 - importance of, 105
 - strained, 320
 - therapeutic, 196–8
- religion, 55
- Remote Area Aboriginal Health Services (RAAHS)
 - program, 255
- remote area nurses (RANs)
 - collaborative practice, 135–6, 142
 - complexities of work, 143–4
 - consultation with doctors, 142
 - cultural considerations, 145–9
 - described, 132
 - living in remote areas, 136–41
 - personal experiences, 147–9
 - qualifications, 142–3
 - scope of practice, 133–4, 142
 - skills of experienced, 142–3
 - staff turnover, 138–9
 - work of, 138–9, 141–2, 150
 - work with Indigenous Liaison Officers (ILOs), 144, 146
- remote areas
 - and low birthweight, 109
 - burden of disease, 143
 - complexities of, 143–4
 - health status, 348
 - living in, 136–41
 - mortality rates, 143
 - See also* birthing practices, communities
- Remote Isolated Practice Endorsed Registered Nurses (RIPERNs), 132
- Remote Primary Health Care Manuals*, 133
- remoteness, 320
- research
 - and communities, 206, 228
 - and positionality, 227
 - and world-views, 225, 229
 - beginning, 207–8
 - by Florence Nightingale, 34–5
 - changes in, 205–6
 - collaborative initiatives, 268
 - culturally safe approaches to, 206–7
 - definition, 224
 - described, 224
 - ethical practice in, 205, 208–9
 - focus on describing problems, 223
 - guides for, 205–6
 - in new fields, 216
 - Indigenous methodologies, 226–30
 - involving Indigenous people, 205–6
 - methodologies, 224–5
 - methods, 225–6
 - on Indigenous people, 204–5, 216, 222, 223
 - on men's business, 78
 - poor practices, 204
 - questions to consider, 227–8
 - undertaking, 205
 - values regarding, 207
 - Western methodologies and limitations, 221–4
 - See also* qualitative research
- research projects
 - community engagement, 212
 - community protocols, 212
 - consent forms, 214
 - displaying findings, 215
 - ethics approval process, 213
 - examples, 210–11, 216
 - focus groups, 214, 215
 - identifying participants, 213
 - planning, 212
 - recruiting participants, 214–15
 - research methods, 214
- research teams, 208
- reserves
 - access to healthcare, 87
 - established, 9
 - healthcare on, 10–11
 - hospitals on, 10
 - impact on health status, 9
 - impacts of, 37
- resilience
 - erosion of, 277
 - promoting, 279–80

- resistance, 229–30
- respiratory health, 330
- restricted medications, 185
- rheumatism, 4, 5
- road trauma, 333
- Royal Commission into Aboriginal Deaths in Custody, 156–7
- Royal Commission into Aged Care Quality and Safety, 349, 351
- Sad News, 282
- safety, 158
 - See also* cultural safety
- salicin, 221
- samples, 225
- sandy-blight, 2
- scabies, 5, 331
- science
 - colonisation through, 55
 - Western concept of, 222, 223
- scope of practice
 - definition, 181
 - Indigenous health practitioners (IHPs), 181
 - Indigenous health workers (IHWs), 181, 182–3, 184, 186
 - remote area nurses (RANs), 133–4
- screening children, 324–5
- Sea Country, 49, 62, 65
- sea level rises, 63
- seatbelts, 333
- self-determination, 12, 57, 88
- self-harm, 143, 283, 332
 - See also* suicides
- self-management, 249, 257–8
- self-reflection, 32, 39, 326
- sexually transmitted diseases, 7
- sexually transmitted infections (STIs), 79
- shift work, 142
- sista (sister) girls, 70, 79–80
- Sisters of Charity nurses, 34
- sit down before birth, 115, 120
- skeletal evidence, 3
- skin colour, 40
- skin infections, 3, 324, 331
- skull fractures, 3
- Sky Country, 301
- smallpox, 7
- smoking, 113, 229, 251
- social and emotional wellbeing (SEWB)
 - and clinical yarnning, 286–8
 - and cultural determinants of, 303
 - and culturally safe approaches, 268
 - and intergenerational trauma, 271–2
 - and racism, 268, 281
 - and Stolen Generations, 268
 - and traditional medicines, 269
 - and trauma, 272
 - case studies, 287–8
 - children, 320
 - collaborative initiatives, 268
 - compared to mental health, 264, 271
 - connections to Country, 277
 - defining, 267
 - described, 264
 - determinants of, 265–6
 - developing a shared understanding of, 267–9
 - factors contributing to poor, 266, 320
 - factors contributing to positive, 266
 - in mental healthcare, 278–81
 - personal experiences, 274–5
 - promotion of, 285
 - threats to, 281–5
 - See also* mental healthcare
- social determinants of health, 2, 16, 159–60, 320
- social ecological perspective, 280–1
- social justice
 - and cultural safety, 40
 - personal experiences, 170
- social support, lack of, 320
- social welfare facilitating, 197
- sociocultural dilemmas, 197
- sociocultural knowledge, 176
- sociodemographic characteristics, 236–8
- socioeconomic factors, 249
- songlines, 300
- Sorry Business, 282
- sovereignty
 - definition, 49, 230
 - intellectual, 230
- Spencer, Herbert, 54
- Staphylococcus aureus, 331
- statistics
 - bias, 224
 - tools, 225
 - types, 231
- stereotypes, 31–2
 - awareness of own, 124
- stigma, 157, 269–70
- Stolen Generations
 - and social and emotional wellbeing (SEWB), 268
 - coolamon*, 345
 - described, 10
 - impacts of, 9–11
 - legacy, 250
 - numbers, 10, 250
- storying, 210
- storytelling, 145–6
- strengths-based approaches, 246, 280–1
- Streptococcus pyogenes, 331
- stress, 320
- Strong Fathers Strong Families program, 323
- structural racism, 161
- suicide rates, 282, 333–4
- suicides, 333
- support services, 334–5
- surveys, 210, 226
- syphilis, 7
- task-shifting, 178–80
 - See also* delegation of nursing tasks
- tea tree oil, 5
- teams, 189, 208
- Tharawal Aboriginal Midwifery Group Practice, 119
- therapeutic relationships, 196–8
- Thompson, Beck, 133–4
- tobacco use, 113, 229, 251
- Too Deadly for Diabetes, 253
- tooth decay, 328
- Torres and Cape Hospital and Health Services (TCHHS), 60
- Torres Strait Eight, 306

- Torres Strait Islanders Act 1939* (Qld), 56
Torres Strait Islands. *See* Zenadth Kes
Torres Strait Kriol, 51
Torres Strait Model for Primary Health Care (TSMPHC), 61
Torres Strait Regional Authority, 62
towns, 104
trachoma, 3
traditional healers
 use of, 11, 61, 147, 149
 work of, 3–5
traditional medicines
 knowledge of, 11
 lack of recognition of, 221
 practice, 61–2
 use of, 4–5
Traditional Owners (TO), 137
traditional therapies, 269
training
 and LGBTIQ+ people, 80–1
 assimilation policies, 11–12
 barriers to, 185
 cultural awareness, 31
 history of nursing, 34, 35–6
 Indigenous health workers (IHWs), 183–5
 midwives, 119
 nursing, 10
transfers to hospitals, 276
transgenders, 70, 79–80
trauma
 evidence of, 3
 experiences of, 278
 exposure to, 345
 impacts and sources, 272
 intergenerational, 158–9, 271–2
 road, 333
trauma-informed care
 and families, 326
 described, 250–1, 278–9
trust
 and cultural safety, 29

Uluru Statement from the Heart, 155, 284
Uncles, use of term, 347
unemployment, 320
United Nations, 42, 305
United Nations Climate Change Conference, 307
United Nations Declaration on the Rights of Indigenous Peoples, 348
United Nations Standard Minimum Rules for the Treatment of Prisoners, 164
universal health screening, 324–5
unregulated healthcare workers (UHCWs), 178–80
 See also Indigenous health workers (IHWs);
 Indigenous health workers (IHWs)
urban areas
 birthing practices in, 104–5
 described, 104
 health status, 348
 population, 107

vaccination rates, 327
values
 cultural, 147
 regarding research, 207

understanding own, 31–2, 40
variables
 classification, 231
 definition, 225
 types, 230
venereal diseases, 7
 See also sexually transmitted infections (STIs)
VicHealth Koori Health Research and Community Development Unit (KHRCDU), 206
violence
 addressing, 273
 domestic, 74, 138, 273, 320
Voice to Parliament referendum, 156

Walker, Denis, 90
Walkern Katatdjijin Community Report, 75
wards of the state, 56
Water Country, 301
waterways, 301
Watson, Sam, 88, 89, 93
ways of knowing
 and policies, 268
 and research, 229
wellbeing
 Aboriginal Rangers, 234–40
 and health, 60
 cultural, 72, 264
 Yawuru people, 232–4
 See also social and emotional wellbeing (SEWB)
Western concepts
 of possession, 54
 of research, 221–4
 of science, 222
willow bark, 221
women
 and National Aboriginal Health Strategy, 72
 as carers, 349
 Body Mass Index (BMI), 110
 fertility rates, 107–8
 health policies, 77–8
 health status, 74
 in prison, 155, 161–4
 life expectancy, 16, 108, 181
 roles in traditional healthcare, 5
 See also birthing; mothers
women's business
 and Grandmothers, 115
 definition, 70, 104
 described, 72
 separation from men's business, 73
workforce planning, 186
World Health Organization (WHO), 32, 87, 182, 246, 349
world-views and research, 225, 229
wound treatments, 4

yarning, 145–6, 207, 255–6
 clinical, 286–8
Yarrowick, May, 10
Yatdjuligin, xi
yaws, 3
Yawuru people, 232–40
youth
 access to healthcare, 79
 culturally safe care of, 167–70

- in prisons, 283–4
- incarceration of, 166–8
- suicides, 333–4
- youth justice settings
 - humanising language, 157
 - terms used, 157
- Zenadth Kes
 - as home, 50
 - belonging to, 51–2
 - borders, 50
 - climate change issues, 62–4
 - colonisation through religion, 55
 - colonisation through science, 55
 - described, 50, 62
 - health services, 60–2
 - history of, 52–3
 - invasion, 53–4
 - population, 58–9
 - protectionism, 56–7
 - use of term, 49
 - See also* Islanders