Childhood, Pain and Emotion

Situated between the history of pain, history of childhood and history of emotions, this innovative work explores cultural understandings of children's pain, from the 1870s to the end of the Second World War. Focusing on British medical discourse, Leticia Fernández-Fontecha examines the relationship between the experience of pain and its social and medical perception, looking at how pain is felt, seen and performed in contexts such as the hospital, the war nursery and the asylum. By means of a comparative study of views in different disciplines – physiology, paediatrics, psychiatry, psychology and psychoanalysis – this work demonstrates the various ways in which the child in pain came to be perceived. This context is vital to understanding current practices and beliefs surrounding childhood pain, and the role that children play in the construction of adult worlds.

LETICIA FERNÁNDEZ-FONTECHA is a historian, writer, and poet. She is a Visiting Assistant Professor at Washington and Lee University.

Childhood, Pain and Emotion

A Modern British Medical History

Leticia Fernández-Fontecha Washington and Lee University





Shaftesbury Road, Cambridge CB2 8EA, United Kingdom

One Liberty Plaza, 20th Floor, New York, NY 10006, USA

477 Williamstown Road, Port Melbourne, VIC 3207, Australia

314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi – 110025, India

103 Penang Road, #05-06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press is part of Cambridge University Press & Assessment, a department of the University of Cambridge.

We share the University's mission to contribute to society through the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9781009558730

DOI: 10.1017/9781009558723

© Leticia Fernández-Fontecha 2025

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press & Assessment.

When citing this work, please include a reference to the DOI 10.1017/9781009558723

First published 2025

A catalogue record for this publication is available from the British Library.

Library of Congress Cataloging-in-Publication Data Names: Fernández-Fontecha, Leticia, 1985- author

Title: Childhood, pain and emotion : a modern British medical history / Leticia Fernández-Fontecha, University of North Carolina, Chapel Hill.

Description: Cambridge, United Kingdom ; New York, NY : Cambridge University Press, 2024. | Includes bibliographical references and index.

Identifiers: LCCN 2024042987 (print) | LCCN 2024042988 (ebook) | ISBN 9781009558709 paperback | ISBN 9781009558730 hardback | ISBN 9781009558723 ebook

Subjects: LCSH: Pain in children–Great Britain–History | Children–Health and hygiene–Great Britain–History | Child health services–Great Britain–History | Pain in children–Great Britain–Psychological aspects

Classification: LCC RJ365 .F47 2024 (print) | LCC RJ365 (ebook) | DDC 618.92/0472-dc23/eng/20241003

LC record available at https://lccn.loc.gov/2024042987

LC ebook record available at https://lccn.loc.gov/2024042988

ISBN 978-1-009-55873-0 Hardback

Cambridge University Press & Assessment has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

For Ángel González García

Contents

List of Figures		<i>page</i> viii
Ac	cknowledgements	Х
In	troduction	1
1	The Language of Children's Pain	21
2	Infant Pain Denial	57
3	Articulating Mental Pain	79
4	The Nervous Child	110
5	The Pain of Separation	152
C	onclusion	197
	bliography	204
In	dex	242

Figures

1.1	Oscar Reijlander and Herr Kindermann, Fold-out plate of weeping children and babies from Chapter VI, Expression	
	of Suffering, by Charles Darwin, The Expression of the	
	Emotions in Man and Animals, J. Murray, London (1872).	
	Opp page 148, Pl. 1. Wellcome Library, General	
	Collections.	page 26
1.2	Oscar Reijlander, Child crying, from Charles Darwin,	
	The Expression of the Emotions in Man and Animals,	
	J. Murray, London (1872). Facing page 148, Tab. I,	
	Figure 1. Wellcome Library, General Collections.	27
1.3	Photographer unknown, Outpatients (c. 1920),	
	B-INT 01989, Great Ormond Street Archives.	43
1.4	Photographer Unknown, Dresden Ward (c. 1910),	
	B-INT 00478D, Great Ormond Street Archives.	43
1.5	Langley & Sons, Dresden Ward (c. 1910),	
	B-INT 00237, Great Ormond Street Archives.	44
1.6	Dresden Postcard (c. 1900), B-INT 00478D,	
	Great Ormond Street Archives.	45
1.7	Robert Faulkner & Co, Nellie Wallace (c. 1875),	
	Hospital for Sick Children Fundraising Album,	
	Great Ormond Street Archives.	47
1.8	Robert Faulkner & Co, Nellie Wallace (c. 1875),	
	Hospital for Sick Children Fundraising Album,	
	Great Ormond Street Archives.	48
1.9	Robert Faulkner & Co, Sidney Jones (c. 1875),	
	Hospital for Sick Children Fundraising Album, Great	
	Ormond Street Archives.	49
1.10	Robert Faulkner & Co, Annie Eastland (c. 1875),	
	Hospital for Sick Children Fundraising Album,	
	Great Ormond Street Archives.	50

viii

List of Figures	ix
Cecil Beaton, Copy negative made from vintage print.	
Eileen Dunne, aged three, sits in bed with her doll at the	
Great Ormond Street Hospital for Sick Children, after being	
injured during an air raid on London in September 1940 (1940),	
MH 26395, Ministry of Information Second World War	
Official Collection, Imperial War Museum.	161
Cecil Beaton, Children in hospital series (c. 1940),	
GOS_01 jpg Cecil Beaton 2, Great Ormond Street Archives.	165
Photographer unknown, Evacuated children from London	
dance happily on the lawn at the country mansion of	
a well-known peer. The house was given over entirely to	
the children (c. 1940), HU 69020, Ministry of Information	
Second World War Press Agency Print, Imperial War Museum.	169
	Cecil Beaton, <i>Copy negative made from vintage print</i> . <i>Eileen Dunne, aged three, sits in bed with her doll at the</i> <i>Great Ormond Street Hospital for Sick Children, after being</i> <i>injured during an air raid on London in September 1940</i> (1940), MH 26395, Ministry of Information Second World War Official Collection, Imperial War Museum. Cecil Beaton, <i>Children in hospital series</i> (c. 1940), GOS_01 jpg Cecil Beaton 2, Great Ormond Street Archives. Photographer unknown, Evacuated children from London <i>dance happily on the lawn at the country mansion of</i> <i>a well-known peer. The house was given over entirely to</i> <i>the children</i> (c. 1940), HU 69020, Ministry of Information

Acknowledgements

I began researching the history of childhood pain ten years ago when I was a PhD student living in London, trying to come to terms with the pain of my own childhood. Many things have happened since then. I finished my PhD and moved to New York, hoping to secure an academic position. I experienced the fear that comes with academic precarity and found other ways to keep writing. I then moved to Iowa City to pursue an MFA in Spanish Creative Writing, where I met my husband in a poetry seminar. Less than a year after we first met, we got married in a parking lot in the middle of a pandemic. Soon after, I became pregnant, and nine months later, we welcomed our first child. At the end of this journey, I returned to this project and realised it needed to become a book. I worked on it during the last months of my pregnancy and the first months of my child's life. During those nights of writing, I came to realise how much I had grown and learned while working on this project, and how much this book has given me over the years.

First of all, I wish to express my gratitude to this project for everything I have learned about myself and others through it. I am also grateful to many of the authors whose work I read while researching this book. They taught me so much about what it means to be human, what it means to be in pain, how to understand myself better in the world and, in many ways, how to be a better person. They gave me the tools I needed to become a historian, to tell this story and – by looking at it so closely – finally to move beyond the realm of pain. While it is impossible to list all the people who played a role in the process of writing this book, I do not wish to leave unmentioned those who have been particularly important.

I am deeply indebted to Matthew Eddy and Tom Tweed for championing this book. Special thanks to Rob Boddice for his generosity – his support has meant so much to me – and for his valuable comments on the manuscript. Thanks to Joanna Bourke for her early support of this project and for being such a great example of what it means to be a committed historian. I am also grateful to Lucy Rhymer for believing in this book and to the wonderful team at Cambridge University Press for their help throughout

Acknowledgements

the publishing process. My thanks also go to the two anonymous readers of the manuscript.

My heartfelt thanks to Paul Davies for reading this book with such care and for his generosity and patience; he has made this process feel less lonely. Special thanks to my friend Beatriz Pichel, with whom I shared many muffins while reflecting on this topic at the Wellcome Trust. I am indebted to Ángel González García, who believed in me and whom I dearly miss. Many people have shared their research with me, sometimes without even knowing me, showing me the importance of what I call 'academic generosity' – to all of them, many thanks. I am also deeply grateful to Dolores Martín Moruno, Rosa Medina Doménech, Stephanie Olsen and David Konstan for their invaluable support, whether through advice, conference invitations or reference letters.

I spent four years immersed in the vibrant and enriching atmosphere of the Wellcome Library in London. A researcher's life can sometimes be solitary – especially when living away from one's home country – so I am grateful to the Wellcome Trust for offering me a space that felt like home. Special thanks to Danny Rees for his kindness. I am also thankful to Nick Baldwin from the Great Ormond Street Archives for his invaluable assistance. Various universities and grants have supported me throughout the development of this project. I am grateful to the University of Greenwich, Columbia University, the University of Iowa, the Iowa Arts Fellowship, the Juan de la Cierva Postdoctoral Scholarship, the Instituto Interuniversitario López Piñero and the University of North Carolina at Chapel Hill.

I would like to express my deep gratitude to my mother, Patricia Rumeu, who supported me through many years of academic uncertainty. To my friends and family, thank you for your love and encouragement.

I started working on this book when I was pregnant with my child Ignacio. Thank you, Iggy, for showing me what love is every day. I am so grateful that you chose me to be your mother. I am also immensely thankful to my husband Kevin, who has created a home with me, and who has taught me that I can be myself, always. You are my broom.