

## FROM FIRST JOB TO CAREER

*From First Job to Career* is an anthology that weaves together inspiring first-job stories from people across diverse industries and backgrounds, offering career seekers of all ages the chance to connect with relatable experiences and hard-earned wisdom. This collection reveals the different paths people take in shaping their careers and serves as a resource for readers to identify with and learn from others' journeys. Paired with a comprehensive review of research in vocational psychology and career counseling, the book distills key principles and provides actionable resources for navigating the job search and building a meaningful career.

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# FROM FIRST JOB TO CAREER

*Research and Narratives*

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*This book is dedicated to all of the individuals who shared  
their stories with us and to all those on the career  
and lifelong learning journey.*

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