

Contents

Preface vii
Acknowledgements viii
List of abbreviations ix

Introduction: Basic Virology 1

Section 1 – Individual Viruses

1 Adenoviruses 7
2 Arboviruses 11
3 Cytomegalovirus 18
4 Enteroviruses 23
5 Epstein–Barr Virus 27
6 Hepatitis A Virus 30
7 Hepatitis B and D Viruses 34
8 Hepatitis C Virus 44
9 Hepatitis E Virus 50
10 Herpes Simplex Virus 54
11 HIV and AIDS 59
12 Human Coronaviruses (Including Covid-19, SARS and MERS) 67
13 Human Herpesviruses Types 6, 7 and 8 74
14 Human Metapneumovirus 77
15 Human T-Cell Lymphotropic Viruses 79
16 Influenza Viruses 83
17 Measles Virus 88
18 Mumps Virus 94
19 Noroviruses 97
20 Papilloma and Polyoma Viruses 101

21 Parainfluenza Viruses 108
22 Parvovirus B19 111
23 Poxviruses 116
24 Rabies Virus 121
25 Respiratory Syncytial Virus 124
26 Rhinoviruses 128
27 Rotaviruses 130
28 Rubella Virus 134
29 Varicella-Zoster Virus 138

Section 2 – Other Related Agents

30 Chlamydia 145
31 *Toxoplasma gondii* 149
32 Transmissible Spongiform Encephalopathies (CJD and vCJD) 153

Section 3 – Clinical Syndromes

33 Atypical Pneumonia 157
34 Central Nervous System Viral Infections 161
35 Common Cold 165
36 Genital Tract and Sexually Transmitted Infections 168

vi	Contents
37	Glandular Fever–Type Illness 172
38	Haemorrhagic Fevers 174
39	Infections in Pregnancy and Congenital and Neonatal Infections 181
40	Respiratory Virus Infections 192
41	Travel-Related Infections 197
42	Viral Eye Infections 200
43	Viral Gastroenteritis 203
44	Viral Hepatitis 207
45	Virus Infections in Immunocompromised Patients 212
46	Viral Malignancies 222
47	Viral Rashes 228
48	Viral Zoonotic Infections 237
	Section 4 – Laboratory Diagnosis
49	Sending Specimens to the Laboratory 241
50	Serological Techniques 243
51	Virus Detection – Molecular Techniques 250
52	Virus Detection – Non-molecular Techniques 254
53	Quality Control and Laboratory Accreditation 258
	Section 5 – Patient Management
54	Antiviral Drugs 263
55	Viral Vaccines 274
56	Infection Control 282
57	Occupational Health 286
58	Public Health and Pandemic Preparedness 292
	<i>Index</i> 296