

## Interpreting Quantum Mechanics

This novel text directly addresses common claims and misconceptions around quantum mechanics and presents a fresh and modern understanding of this fundamental and essential physical theory. It begins with a non-mathematical introduction to some of the more controversial topics in the foundations of quantum mechanics. For those more familiar with the theoretical framework of quantum mechanics, the text moves on to a general introduction to quantum field theory, followed by a detailed discussion of cutting-edge topics in this area such as decoherence and spontaneous coherence. Several important philosophical problems in quantum mechanics are considered, and their interpretations are compared, notably the Copenhagen and many-worlds interpretations. The inclusion of frequent real-world examples, such as superconductors and superfluids, ensures the book remains grounded in modern research. This book will be a valuable resource for students and researchers in both physics and the philosophy of science interested in the foundations of quantum mechanics.

**David W. Snoke** is a Distinguished Professor of Physics at the University of Pittsburgh and leads a laboratory studying fundamental optical effects. In 2006 he was elected a Fellow of the American Physical Society “for his pioneering work on the experimental and theoretical understanding of dynamical optical processes.” He has published over 180 articles in science and philosophy journals, and five books, including *Solid State Physics* (2nd edition published by Cambridge University Press, 2020), *Universal Themes of Bose–Einstein Condensation* (Cambridge University Press, 2017), and the well-known “green book,” *Bose–Einstein Condensation* (Cambridge University Press, 1996).

# Interpreting Quantum Mechanics

## Modern Foundations

David W. Snoke  
University of Pittsburgh



Cambridge University Press & Assessment  
978-1-009-26155-5 — Interpreting Quantum Mechanics  
David W. Snoke  
Frontmatter  
[More Information](#)



CAMBRIDGE  
UNIVERSITY PRESS

Shaftesbury Road, Cambridge CB2 8EA, United Kingdom  
One Liberty Plaza, 20th Floor, New York, NY 10006, USA  
477 Williamstown Road, Port Melbourne, VIC 3207, Australia  
314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre,  
New Delhi – 110025, India  
103 Penang Road, #05–06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press is part of Cambridge University Press & Assessment,  
a department of the University of Cambridge.

We share the University's mission to contribute to society through the pursuit of  
education, learning and research at the highest international levels of excellence.

[www.cambridge.org](http://www.cambridge.org)  
Information on this title: [www.cambridge.org/9781009261555](http://www.cambridge.org/9781009261555)

DOI: 10.1017/9781009261562

© David W. Snoke 2024

This publication is in copyright. Subject to statutory exception and to the provisions  
of relevant collective licensing agreements, no reproduction of any part may take  
place without the written permission of Cambridge University Press & Assessment.

First published 2024

*A catalogue record for this publication is available from the British Library*

*A Cataloging-in-Publication data record for this book is available from the Library of Congress*

ISBN 978-1-009-26155-5 Hardback

Cambridge University Press & Assessment has no responsibility for the persistence  
or accuracy of URLs for external or third-party internet websites referred to in this  
publication and does not guarantee that any content on such websites is, or will remain,  
accurate or appropriate.

**Oh, the depth of the riches and wisdom and knowledge of God!  
How unsearchable are his judgments and how inscrutable his ways!  
—Romans 11:33**

Contents

<i>Preface</i>	<i>page xii</i>
<b>Part I A Nonmathematical Exposition of Quantum Mechanics and Quantum Field Theory</b>	<b>1</b>
<b>1 It's All Fields and Waves</b>	<b>3</b>
1.1 Fields	3
1.2 Waves	9
1.3 Basic Wave Effects	11
1.4 The Return of the Ether	16
<b>2 How Fields Generate Particles</b>	<b>18</b>
2.1 Field Resonances	18
2.2 Two Types of Quantization	20
2.3 Resonances as Particles	23
2.4 Bosons and Fermions	25
2.5 A Wave Can Be a Very Solid Thing	27
2.6 ... And a Solid Can Be a Very Wavy Thing	28
2.7 Dirac's Beautiful Theory	30
2.8 Are Particles Real?	32
<b>3 Jumpy Detectors</b>	<b>35</b>
3.1 Atoms and Natural Length Scales	35
3.2 Electron Jumps	37
3.3 The Photoelectric Effect	42
3.4 Avalanche Detectors, Measurement, and Randomness	43
3.5 The Uncertainty Principle	45
<b>4 Nonlocality</b>	<b>48</b>
4.1 Correlation Experiments	48
4.2 Why Physicists Want to Preserve Relativity	51
4.3 One Explanation That Won't Work: The Local Hidden-Variables Hypothesis	52

4.4	The Copenhagen Interpretation	55
4.5	Are Fields Real?	58
<b>5</b>	<b>Alternative Interpretations of Quantum Mechanics</b>	<b>62</b>
5.1	The Many-Worlds Hypothesis	62
5.2	Bohmian Pilot Waves	67
5.3	Variants of Positivism	69
5.4	Spontaneous Collapse	71
<b>6</b>	<b>Decoherence and Collapse</b>	<b>75</b>
6.1	Unitary Theories Will Not Work	75
6.2	Decoherence	77
6.3	Environmentally Induced Selection	80
6.4	Quantum Trajectories and Spontaneous Collapse	82
6.5	Quantifying Spontaneous Collapse	85
6.6	Living with Nonlocality	88
<b>7</b>	<b>Quantum Mechanics and Our View of Reality</b>	<b>93</b>
7.1	The Tao of Copenhagen	93
7.2	Free Will and Quantum Mechanics	98
7.3	Can Quantum Fluctuations Create Something from Nothing?	101
7.4	Spontaneous Symmetry Breaking	104
7.5	Did We Create Ourselves?	108
<b>8</b>	<b>Quantum Mechanics and Technology</b>	<b>111</b>
8.1	Quantum Mechanics in Your Pocket: Computer Chips and Nanotechnology	111
8.2	Tunneling, Radioactivity, and Quantum Biology	115
8.3	Quantum Cryptography	117
8.4	Quantum Information Processing	120
8.5	Lasers, Superfluids, and Superconductors	123
	Key Points	128
	<b>Part II Basic Results of Quantum Mechanics</b>	<b>131</b>
<b>9</b>	<b>Schrödinger Equation Calculations</b>	<b>133</b>
9.1	Wave Equations	133
9.2	Quantum Confinement Energy: Why Nanometers are Important	136
9.3	Fermi Pressure in Solids: Why are Solids Solid?	137
9.4	Vibration of Atoms: The Simple Harmonic Oscillator Model	139
9.5	Unit Analysis of Atomic States	141
9.6	Universal Conductance in Quantum Wires	144

<b>10</b>	<b>Comparing Classical and Quantum Systems</b>	147
10.1	Derivation of the Planck Spectrum	147
10.1.1	Planck's Derivation in Terms of Particle Statistics	148
10.1.2	Derivation Using Quantum Field Theory	149
10.2	Classical Chaos Theory	150
10.3	Quantum and Classical Entanglement	152
	 <b>Part III A Short Course in Quantum Field Theory</b>	 155
<b>11</b>	<b>Preliminary Mathematics</b>	157
11.1	Dirac Wave Notation	157
11.2	General Properties of Operators	159
11.3	Operators and Measurements	163
11.4	The Schrödinger Equation	165
11.5	The Uncertainty Principle	167
11.5.1	Fourier Analysis	167
11.5.2	Derivation of the Uncertainty Relationship	170
<b>12</b>	<b>Boson Quantization</b>	173
12.1	The Harmonic Oscillator	173
12.1.1	Derivation of Harmonic Oscillator States	173
12.1.2	Basic Rules for Particle Operators	175
12.2	Phonon Quantization	176
12.2.1	Derivation of Phonon Properties	176
12.2.2	Basic Rules for Phonons	179
12.2.3	Spatial Field Operators	180
12.3	The Thermodynamic Limit in Quantum Field Theory	183
12.4	Photon Quantization	185
12.4.1	Derivation of Photon Properties	185
12.4.2	Basic Rules for Photons	187
12.5	Coherent States of Bosons	188
12.5.1	Time Dependence of a Coherent State	188
12.5.2	Number-Phase Uncertainty and Coherent States	190
<b>13</b>	<b>Fermion Quantization</b>	192
13.1	Fermion Field Operators	192
13.1.1	Quantum Field Hamiltonians	192
13.1.2	Visualizing the Fermion Field	193
13.1.3	Fermion Spatial Field Operators	196
13.2	The Dirac Fermion Field	197
13.2.1	Derivation of the Dirac Equation	197
13.2.2	The Dirac Equation and Spin	199

<b>14</b>	<b>Transition Rules</b>	201
14.1	Fermi’s Golden Rule	201
14.1.1	Derivation of Fermi’s Golden Rule	201
14.1.2	Fermi’s Golden Rule and Quantum Statistics	204
14.2	Interaction Terms	205
14.2.1	Electron–Phonon Interactions	205
14.2.2	Electron–Photon Interactions	207
14.2.3	Other Interactions	209
14.3	Optical Transitions	210
14.3.1	Derivation of the Bloch Equations for a Two-Level System	210
14.3.2	The Bloch Vector Representation	212
14.4	Single-Photon Transitions and Fermi’s Golden Rule	214
14.5	Nonlinear Optics and Nonunitarity	216
<b>15</b>	<b>Feynman Diagrams</b>	219
15.1	The Expansion of the S-Matrix	219
15.1.1	Justification of Wick’s Theorem	221
15.1.2	Green’s Functions	222
15.1.3	Example: S-Matrix for a Boson-Mediated Interaction	223
15.2	Diagram Rules for Feynman Theory	226
15.3	How to Interpret Feynman Diagrams	229
15.3.1	Example: Vacuum Energy	229
15.3.2	Example: Self-Energy	230
15.3.3	Example: Nonlinear Optics in Vacuum	232
	<b>Part IV Mathematical Considerations of Philosophy of Quantum Mechanics</b>	235
<b>16</b>	<b>Mathematical Considerations of Quantum Interpretations</b>	237
16.1	The Local Hidden-Variables Hypothesis	237
16.1.1	Quantum Wave States of the EPR Experiment	237
16.1.2	Bell’s Inequality	240
16.2	The Many-Worlds Hypothesis	242
16.2.1	The Spectral Weight Problem	243
16.2.2	The Many-Worlds Hypothesis and Nonlocality	245
16.2.3	Many-Worlds and Spontaneous Symmetry Breaking	247
16.3	Bohmian Hydrodynamics	248
16.3.1	Derivation of the Bohmian Flow Equations	249
16.3.2	Comparison of Quantum Field Theory and Bohmian Particles in a Standing Wave	250
16.4	The Transactional Interpretation	251
16.4.1	Are There Advanced Waves in Quantum Field Theory?	251
16.4.2	Is There Nonunitarity in Quantum Field Theory?	253



<b>17</b>	<b>Entanglement in a Classical System</b>	255
17.1	An Optical System with Second Quantization	255
17.2	Entangled States of a Resonator	259
17.3	Bell Inequality for the Classical Resonator	260
 <b>Part V Decoherence, Spontaneous Coherence, and Spontaneous Collapse</b>		265
<b>18</b>	<b>Irreversibility in Unitary Quantum Field Theory</b>	267
18.1	The Poincaré Recurrence Theorem	267
18.2	The Quantum Boltzmann Equation	269
18.2.1	Derivation of the Quantum Boltzmann Equation for a Many-Particle System	269
18.2.2	Quantum Boltzmann Equation for an Interacting Gas	272
18.3	Experimental Verification of the Quantum Boltzmann Equation	273
18.4	Proof of the Quantum H-Theorem	275
<b>19</b>	<b>Decoherence in Quantum Field Theory</b>	278
19.1	Density Matrix Formalism	278
19.2	Correlation Functions in Quantum Field Theory	280
19.3	Time-Evolution Equations for Correlation Functions of a Many-Particle System	281
19.4	Quantum Trajectories	285
19.4.1	Derivation of the Time-Evolution Equations for the Density Matrix	285
19.4.2	The Quantum Trajectories Recipe	290
<b>20</b>	<b>Proposed Model for Spontaneous Collapse of Fermion States</b>	292
20.1	Hypothesis of Nonunitary Behavior of Quantum Fields	292
20.2	Action on Superposition States	294
20.3	Implementation in Quantum Field Theory	295
20.4	Comparison to Weak Measurement Theory	297
20.5	Relativistic Considerations	299
<b>21</b>	<b>Spontaneous Coherence: Lasers, Superfluids, and Superconductors</b>	303
21.1	Spontaneous Coherence	303
21.2	Why Phase Coherence Leads to “Super” Behavior	306
21.3	Superconductors and Superfluids are the Same Thing	308
21.4	Lasers Also Involve Spontaneous Symmetry Breaking	312
<b>Appendix A</b>	<b>Summary of quantum interpretations</b>	317
	<i>Index</i>	321

## Preface

The overall premise of this book is that, while quantum mechanics is strange in some ways, it is far less strange than you probably think. Most of the intuition you need to understand quantum mechanics can be drawn from your intuition about water waves.

Much of this book is aimed at bringing the discussion of quantum mechanics up to the present day in regard to what quantum physicists know. This will include a fair amount of “debunking” of claims made in the past about quantum mechanics that even many physicists today assume are true. For example, the Planck radiation spectrum and the photoelectric effect have nothing to do with proving that particles exist as localized little objects, as we will see. This book will also include critiques of some widely held interpretations of quantum mechanics.

When the modern understanding is taken into account, much of the strangeness of quantum mechanics disappears, but not all of it. There are some truly strange results, and most of these involve *nonlocality*, the apparent effect that things in one place can affect things far away without any signal (that we know of) traveling from one place to the other. There are also open questions, such as whether the randomness we see is the result of tiny, but real, fluctuations not presently accounted for by the equations of quantum mechanics.

This book can be read at several levels. Part I requires no mathematical knowledge, and gives the overall perspective of this book. I strongly encourage advanced readers not to skip this part, because it includes many new perspectives on what we think we know about quantum mechanics. Part II requires only introductory college math, and works out some basic examples relevant to Part I.

A major contention of this book is that the proper way to start thinking about all philosophy of quantum mechanics is with quantum field theory. But many philosophers and even many physicists never study quantum field theory, because it is assumed to be a very high-level theory understandable only to a few experts. Part III of this book gives an introduction to all of the essential elements of quantum field theory needed to think about the philosophy properly. This section starts at the beginning but will be most suited for people who have already taken at least one upper-level course on quantum mechanics.

While most of the philosophy of quantum mechanics can be discussed without math, there are some arguments that require math. Part IV is a supplement to Part I that gives specific mathematical arguments relevant to the philosophical interpretations under debate.

Finally, Part V presents advanced theory of decoherence, to which I and my coworkers have made original contributions in the literature. This material is appropriate for students who have taken graduate quantum mechanics and quantum field theory or quantum optics classes. Some of the results, however, are accessible to people with less training, if they are willing to skip over the proofs.

I have talked with too many people over the years about quantum philosophy to properly thank them all. Particular discussions that come to mind are those with Harvey Brown, Časlav Brukner, Erica Carlson, Andrew Daley, Steve Girvin, Bob Griffiths, Richard Jones, Andrew Jordan, Ruth Kastner, Tony Leggett, Roger Mong, John Norton, John Sipe, Fernando Sols, David Wallace, Peter Zoller, and Wojciech Zurek. I also thank all of the graduate students at the University of Pittsburgh who endured the philosophical tangents in my classes, and my wife Sandra for her constant support.

*Soli Deo Gloria*