

# **Fundamental Rights**

In Europe, fundamental rights have come to be regulated by an increasing number of legal instruments, such as the European Convention on Human Rights (ECHR), the EU Charter of Fundamental Rights, and international treaties. It is not always easy to understand what requirements are set in these different instruments and how they interrelate. This textbook therefore provides an integrated and systematic overview of the requirements imposed by international and European fundamental rights law. It discusses a range of both civil/political fundamental rights (e.g. freedom of expression) and social/economic rights (e.g. right to health), for each of which it is discussed how it is protected by the ECHR, by other Council of Europe instruments, by EU law, and by international treaty instruments. Each chapter is concluded with an integration section, which explains the relations between the different systems of fundamental rights protection and discuss differences, overlap and bottlenecks.

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# **Fundamental Rights**

The European and International Dimension

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# **Contents**

	List of Contributors	page xii
	Preface	xiii
	List of Abbreviations	xvi
1	The Right to Equal Treatment and the Prohibition of Discrimination	1
	Janneke Gerards	
	1.1 Introduction	1
	1.2 European Instruments	2
	1.2.1 ECHR	2
	1.2.2 Council of Europe	14
	1.2.3 European Union	15
	1.3 International Instruments	23
	1.3.1 ICCPR	23
	1.3.2 CERD	27
	1.3.3 CEDAW	27
	1.3.4 Other International Instruments	28
	1.4 Comparison and Integration	29
2	Political Rights: The Rights to Vote and to Petition	31
	Hansko Broeksteeg	
	2.1 Introduction	31
	2.2 The Right to Vote	32
	2.2.1 ECHR	32
	2.2.2 Council of Europe	45
	2.2.3 European Union	46
	2.2.4 International Instruments	49
	2.2.5 Comparison and Integration	50
	2.3 Right to Petition	51
	2.3.1 Introduction	51
	2.3.2 European Union	51
3	The Right to Freedom of Conscience, Thought, Belief and Religion	53
	Janneke Gerards	
	3.1 Introduction	53



#### vi Contents

	3.2 European Instruments	54
	3.2.1 ECHR	54
	3.2.2 European Union	73
	3.3 International Instruments	77
	3.4 Comparison and Integration	80
4	The Right to Freedom of Expression and of Information	81
	Janneke Gerards	
	4.1 Introduction	81
	4.2 European Instruments	82
	4.2.1 ECHR	82
	4.2.2 Council of Europe and OSCE	102
	4.2.3 European Union	103
	4.3 International Instruments	107
	4.3.1 ICCPR	107
	4.3.2 Other UN Instruments	113
	4.4 Comparison and Integration	114
5	The Right to Freedom of Association, Assembly	
	and Demonstration	116
	Janneke Gerards and Hansko Broeksteeg	
	5.1 Introduction	116
	5.2 European Instruments	117
	5.2.1 ECHR	117
	5.2.2 Council of Europe	141
	5.2.3 European Union	142
	5.3 International Instruments	144
	5.3.1 Freedom of Assembly and of Demonstration	144
	5.3.2 Freedom of Association	145
	5.4 Comparison and Integration	148
6	The Right to Respect for Private Life and Related Rights	150
	Karin de Vries	
	6.1 Introduction	150
	6.2 Europe	151
	6.2.1 ECHR	151
	6.2.2 Other Council of Europe Instruments	182
	6.2.3 European Union	182
	6.3 International Instruments	189
	6.3.1 ICCPR	189
	6.4 Comparison and Integration	199



		Contents	vii
7	The Right to the Protection of Personal Data	202	
	Friederike van der Jagt		
	7.1 Introduction	202	
	7.2 Europe	203	
	7.2.1 ECHR	203	
	7.2.2 Council of Europe	210	
	7.2.3 European Union	211	
	7.3 International	230	
	7.3.1 International Covenant on Civil and Political Righ	ts 230	
	7.3.2 OECD Guidelines	230	
	7.4 Comparison and Integration	231	
8	The Right to Respect for Family Life and the Right to Marr Mariëlle Bruning	y 233	
	8.1 Introduction	233	
	8.2 Europe	234	
	8.2.1 Right to Respect for Family Life: ECHR	234	
	8.2.2 Right to Respect for Family Life: European Union	245	
	8.2.3 Right to Marry: ECHR	249	
	8.2.4 Right to Marry: Council of Europe and		
	Other Relevant European Instruments	253	
	8.2.5 Right to Marry: European Union	253	
	8.3 International	254	
	8.3.1 ICCPR: Right to Family Life, Right to Marriage,		
	Right to Found a Family	254	
	8.3.2 CRC: Right to Family Life for Children	256	
	8.4 Comparison and Integration	257	
9	The Right to Liberty and the Principle of Habeas Corpus  Jan Crijns	259	
	9.1 Introduction	259	
	9.2 Europe	260	
	9.2.1 ECHR	260	
	9.2.2 European Union	272	
	9.3 International Instruments	274	
	9.4 Comparison and Integration	280	
10	Procedural Rights	282	
	Tom Barkhuysen and Michiel van Emmerik		
	10.1 Introduction	282	
	10.2 Furonean Instruments	283	



#### viii Contents

		10.2.1 ECHR	283
		10.2.2 Council of Europe	293
		10.2.3 European Union	294
	10.3	International Instruments	299
	10.4	Comparison and Integration	303
	10.5	Further Special Requirements in Criminal Matters	303
		10.5.1 Prohibition of Retroactive Effect and Lex Mitior	303
		10.5.2 The Ne Bis in Idem Principle	306
		10.5.3 The Right to Appeal in Criminal Cases	308
11	The I	Right to Life and the Prohibition of the Death Penalty	309
	Janne	ke Gerards	
	11.1	Introduction	309
	11.2	European Instruments	310
		11.2.1 ECHR	310
		11.2.2 Council of Europe	331
		11.2.3 European Union	331
	11.3	International Instruments	333
		11.3.1 ICCPR: Article 6 and General Principles	333
		11.3.2 Effective Protection of the Right to Life	335
		11.3.3 The Death Penalty	338
	11.4	Comparison and Integration	338
12	The I	Prohibition of Torture and Inhuman	
	and	Degrading Treatment	340
	Jan-P	eter Loof	
	12.1	Introduction	340
	12.2	European Instruments	341
		12.2.1 ECHR	341
		12.2.2 Council of Europe	363
		12.2.3 European Union	366
	12.3	International Instruments	369
		12.3.1 Articles 7 and 10 ICCPR	369
		12.3.2 Convention against Torture and Other Cruel,	
		Inhuman or Degrading Treatment or Punishment	381
	12.4	Comparison and Integration	387
13	The I	Prohibition of Slavery, Servitude and Forced Labour	389
		nd Barentsen	
	13.1	Introduction	389
	13.2	European Instruments	390



	Contents	ix
13.2.1 ECHR	390	
13.2.2 Council of Europe	400	
13.2.3 European Union	401	
13.3 International Instruments	402	
13.3.1 ILO Conventions, Protocols and	102	
Recommendations	402	
13.3.2 Other International Treaty Provisions	404	
13.4 Comparison and Integration	406	
14 The Right to Property	408	
Tom Barkhuysen and Michiel van Emmerik		
14.1 Introduction	408	
14.2 European Instruments	408	
14.2.1 ECHR	408	
14.2.2 Council of Europe	418	
14.2.3 European Union	418	
14.3 International Instruments	421	
14.4 Comparison and Integration	422	
15 The Right to Education	424	
Janneke Gerards		
15.1 Introduction	424	
15.2 European Instruments	425	
15.2.1 ECHR	425	
15.2.2 Council of Europe	432	
15.2.3 European Union	433	
15.3 International Instruments	437	
15.3.1 ICCPR	437	
15.3.2 ICESCR	437	
15.3.3 CRC	438	
15.3.4 Other UN Treaties	438	
15.3.5 Soft Law	439	
15.4 Comparison and Integration	440	
16 The Right to Freedom of Movement and the Right		
to Leave the Country	442	
Janneke Gerards		
16.1 Introduction	442	
16.2 European Instruments	443	
16.2.1 ECHR	443	
16.2.2 European Union	452	



#### x Contents

	16.3	International Instruments	459
	16.4	Comparison and Integration	462
17	The	Right to Collective Action	464
	Barer	nd Barentsen	
	17.1	Introduction	464
	17.2	European Instruments	465
		17.2.1 ECHR	465
		17.2.2 European Social Charter	466
		17.2.3 European Union	469
	17.3	International Instruments	471
		17.3.1 ILO	471
		17.3.2 ICESCR	472
	17.4	Comparison and Integration	473
18		Right to Social Assistance and Social Security	475
		nd Barentsen	47.5
		Introduction	475
	18.2	European Instruments	477
		18.2.1 Council of Europe	477
	10.2	18.2.2 European Union	481
	18.3	International Instruments	483
		18.3.1 ILO	483
		18.3.2 ICESCR	484
	18.4	18.3.3 CRC Comparison and Integration	485 485
10	The	Dight to Hoalth	487
כו		<b>Right to Health</b> eke Gerards	407
		Introduction	487
	19.2	European Instruments	488
		19.2.1 ECHR	488
		19.2.2 Council of Europe	496
		19.2.3 European Union	500
	19.3	International Instruments	503
	19.4	Comparison and Integration	506
20	The	Right to Environmental Protection	
	and	Sustainable Development	508
	Janne	eke Gerards	
	20.1	Introduction	508



		Contents	хi
	20.2 European Instruments	509	
	20.2.1 ECHR	509	
	20.2.2 Council of Europe	516	
	20.2.3 European Union	516	
	20.3 International Instruments	518	
	20.4 Comparison and Integration	521	
21	The Rights of Vulnerable Persons	522	
	Aart Hendriks	500	
	21.1 Introduction	522	
	21.2 Rights of Women 21.2.1 Introduction	523	
		523	
	21.2.2 European Instruments 21.2.3 International Instruments	524	
		527 528	
	21.3 Rights of the Child		
	21.3.1 European Instruments 21.3.2 International Instruments: CRC	528 530	
		530	
	21.4 Rights of Persons with Disabilities	531	
	21.4.1 European Instruments 21.4.2 International Instruments	536	
	21.4.2 International institutions 21.5 Rights of Other Persons	537	
	21.5.1 Rights of Elderly Persons	537	
	21.5.1 Rights of Ederly Fersons 21.5.2 LGBTI+ Rights	538	
	21.5.2 Edb11+ Rights 21.5.3 Rights of Non-nationals	540	
	21.6 Rights of Groups	543	
	21.6.1 Introduction	543	
	21.6.2 Europe	543	
	21.6.3 International Instruments: ICCPR	545	
	21.0.5 international histialitents, feet R	9 <del>4</del> 9	
	Index	547	



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## **Preface**

Fundamental rights are of extraordinary importance. They allow us to make our own, autonomous choices as to the things we consider important in our lives and they are essential to guaranteeing our human dignity. Moreover, fundamental rights such as the right to vote or the freedom of expression and assembly are indispensable preconditions for a well-functioning democracy.

Fundamental rights have long been recognised and protected in national constitutions. The horrors of the Second World War made very clear, however, that national institutions alone cannot be trusted to offer full protection of fundamental rights. In light of that acute awareness of the vulnerability of national protection of fundamental rights, numerous international and regional systems were developed to allow for external control and supervision and to enhance cooperation and interdependency in the field of fundamental rights. Both on the international level and in Europe, revolutionary new mechanisms were introduced and important monitoring and judicial bodies have been created. In recent decades, also the European Union has become actively involved in the protection of fundamental rights, both in case law and, more recently, through the EU Charter of Fundamental Rights (CFR).

As a result of these developments, the protection of fundamental rights in Europe is extremely complex. Moreover, over time, national, European and international protection of fundamental rights have become increasingly intertwined and interconnected. The coexistence of national, international, EU and ECHR mechanisms raises a large number of questions, ranging from how to guarantee the coherence and consistency of the interpretation of fundamental rights in such a pluralistic system to how European or international judgments or instruments should be implemented in national law. It is clear that both international and European fundamental rights instruments have a great influence on national legislation, case law and policy, not in the least because the scope of fundamental rights has greatly increased and fundamental rights play an increasingly important role in relationships between private parties. This means that European and international fundamental rights law and its complexities are relevant to virtually every area of law, from criminal law to contract law, and from



#### xiv Preface

environmental law to family law. In many European States, national legislation and case law on matters such as the freedom of expression, the right to a fair trial or the right to protection of one's personal data have been modelled on the case law of the European Court of Human Rights (ECtHR) on the European Convention on Human Rights (ECHR), or have been given shape by EU fundamental rights law. Similarly, international human rights treaties have an important impact on national law. One example out of many is the way in which the right to a minimum subsistence level and the right to collective action are strongly coloured by the Conventions that have been concluded within the framework of the International Labour Organisation (ILO).

In the light of this, it is important to understand the dynamics of the protection and regulation of fundamental rights through European and international law. It is also essential to know how the European and international monitoring bodies themselves try to deal with fundamental rights controversies and dilemmas, with the application of fundamental rights in horizontal legal relationships, with conflicts between fundamental rights, etc. At the same time, due to the complexity and fragmentation of the systems, it is not always easy to understand what requirements are set at the different levels of fundamental rights protection and how they relate to each other. Although there are many excellent handbooks and commentaries on fundamental rights instruments available, they usually focus on one single instrument, e.g. the ECHR, the EU Charter or the ICCPR. Thus, they do not always help to provide insight into the differences and similarities between the definition of standards in the various instruments or into their interactions.

The present book aims to fill this gap by providing an integrated and structured overview of the requirements imposed by international and European instruments for the protection of fundamental rights. For more than twenty rights, ranging from the prohibition on torture to the right to freedom of expression and from the right to a clean environment to fundamental rights for special groups, it offers an overview of the legal state of affairs on the European and international levels. Since the book mainly aims at readers with a particular interest in the European legal situation, the focus is on the Council of Europe (most importantly the ECHR) and the EU system. For each fundamental right, however, the most significant international instruments are introduced and explained. The book does not make a distinction between the 'traditional' civil and political rights and the more social or economic fundamental rights: both types of rights are important in practice and the dividing line between them is not always clear.



Preface

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Each chapter of the book concentrates on a particular fundamental right or a group of closely related rights, such as political rights or fair trial rights. For each right, the relevant instruments and case law developed in the Council of Europe are discussed first. The ECHR and the ECtHR's case law are often central to this, but where relevant, attention is also paid to other Council of Europe treaties and instruments. Next, the protection of the relevant right within the framework of the European Union is explained. The EU Charter of Fundamental Rights is considered, as well as the case law of the Court of Justice of the EU (CJEU); where relevant, attention is also paid to primary and secondary EU law. Subsequently, each chapter briefly explains the international protection of the fundamental right, concentrating on the various UN and ILO Conventions. Wherever relevant, the interpretation of these international fundamental rights by means of General Comments or individual views by international treaty bodies, such as the UN Human Rights Committee (HRC), are set out. Each discussion of a fundamental right concludes with a short section in which the protection offered by the various instruments is compared and their interrelationship is explained.

General doctrines of fundamental rights, such as the system of limitations, horizontal effect or positive obligations, are not dealt with in this book. The reader is referred to the various handbooks that are available on this subject, in particular the handbook by Gerards on *General Principles of the European Convention on Human Rights*, 2nd ed. (Cambridge University Press 2023). In so far as the ECHR is concerned, that book can be regarded as a kind of first volume for the present book, in the sense that the present book builds on the concepts and doctrines explained in that handbook.

Furthermore, the focus of this book is on the substantive regulation and application of fundamental rights in different European and international systems. This means that no separate explanation is offered of the institutions whose regulation and administration of justice are discussed; the organisation, procedures and working methods of institutions such as the ECtHR, the CJEU and the HRC are not given specific attention. Some detail on enforcement instruments is only offered if there are particularities to report.

When writing and editing the book, an endeavour has been to make to structure all chapters of this book in a similar manner. However, since the chapters were written by different authors and the fundamental rights discussed are very different in their nature and in the way they are protected, there are sometimes different emphases. Finally, it should be noted that although the state of affairs has been presented as up-to-date as possible, the manuscript was closed on 1 April 2022. Later case law and literature have been included only exceptionally.



## **Abbreviations**

App Application

CAT Convention against Torture and Other Cruel, Inhuman or

Degrading Treatment or Punishment (UN)

CEDAW International Covenant on the Elimination of Discrimination

against Women (UN)

CERD International Covenant on the Elimination of All Forms of

Racial Discrimination (UN)

CESCR Committee on Economic, Social and Cultural Rights

CFI Court of First Instance (E)

CFR Charter of Fundamental Rights of the European Union

CJEU Court of Justice of the European Union

Comm Communication number

CoE Council of Europe

CoM Commission of Ministers (CoE)

CPT Convention for the Prevention of Torture and Inhuman or

Degrading Treatment or Punishment (CoE)

CRC Children's Rights Convention (UN)

CRPD Convention on the Rights of Persons with Disabilities (UN)

dec Admissibility decision (ECtHR)

DH-BIO Steering Committee on Bioethics (CoE)

EC European Commission

ECHR European Convention on Human Rights
EComHR European Committee on Human Rights
ECtHR European Court of Human Rights

ECtHR (GC) Grand Chamber (ECtHR)

ECJ European Court of Justice (EU)

ECSC European Committee on Social and Economic Rights
ECSMA European Convention on Social and Medical Assistance

ECSS European Code of Social Security
EDPB European Data Protection Board (EU)

EP European Parliament (EU)
ESC European Social Charter
ETS European Treaty Series

EU European Union



List of Abbreviations xvii

GC General Court (EU)

GDPR General Data Processing Regulation (EU)

HRC Human Rights Committee (UN)

ICCPR International Covenant on Civil and Political Rights (UN)
ICESCR International Covenant on Economic, Social and Cultural

Rights (UN)

ILO International Labour Organisation

OCSE Organisation for Security and Co-operation in Europe
OECD Organisation for Economic Co-operation and Development
OJ Official Journal of Publications of the European Union
OPCAT Convention against Torture and Other Cruel, Inhuman or

Degrading Treatment or Punishment (UN)

P1 Protocol No 1 ECHR
P4 Protocol No 4 ECHR
P6 Protocol No 6 ECHR
P12 Protocol No 12 ECHR
P13 Protocol No 13 ECHR

PACE Parliamentary Assembly (CoE)
SDGs Sustainable Development Goals (UN)

TEU Treaty on the European Union

TFEU Treaty on the Functioning of the European Union

UDHR Universal Declaration of Human Rights

UN United Nations

UNESCO United Nations Educational, Scientific and Cultural

Organisation

WHO World Health Organization