

Cambridge University Press & Assessment 978-1-009-16436-8 — Music, Senior Centers, and Quality of Life Lisa J. Lehmberg , C. Victor Fung Table of Contents More Information

Contents

List of Figures List of Tables Acknowledgments		<i>page</i> viii	
		ix	
m	knowieugmenis	Х	
PA	RT I A NEW SCENE FOR EXPLORATION		
Ι	Social and Musical Responsiveness	3	
2	State of Music in US Senior Centers	10	
PΑ	RT II AN EXPERIENTIAL VIEW OF MUSIC IN SENIOR (CENTERS	
3	A Close-up Look at Senior Centers	41	
4	Music across Six Senior Centers	65	
5	Older Adults' Perspectives on Music	100	
6	Toward Enhanced Quality of Life through Musical		
	Activities in Senior Centers	121	
PΑ	RT III ENTERING A NEW NORMAL		
7	Musical Opportunities in US Senior Centers Pre- and		
	Mid-Pandemic	139	
8	Lifelong Music Participation and New Considerations	154	
Appendices		162	
References		191	
Index		204	

vii