



OET[®]
OCCUPATIONAL ENGLISH TEST

Trainer

Medicine

Six Practice Tests



WITH RESOURCES
DOWNLOAD

Cambridge University Press & Assessment
978-1-009-16292-0 — OET Trainers Medicine Book with Answers with Audio
Shakina Mohol , Catherine Leyshon , Gurleen Khaira , Nick Kenny , Lewis Richards ,
Eleanor Lindberg , Adrienne Hurley , Jess Worthing
Frontmatter
[More Information](#)



Shaftesbury Road, Cambridge CB2 8EA, United Kingdom
One Liberty Plaza, 20th Floor, New York, NY 10006, USA
477 Williamstown Road, Port Melbourne, VIC 3207, Australia
314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi – 110025, India
103 Penang Road, #05–06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press & Assessment is a department of the University of Cambridge.

We share the University's mission to contribute to society through the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org
Information on this title: www.cambridge.org/9781009162920

© Cambridge University Press & Assessment 2023

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press & Assessment.

First published 2023

20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Printed in xxxx

A catalogue record for this publication is available from the British Library

ISBN 978-1-009-16292-0 OET Trainer for Medicine with answers with audio

Additional resources for this publication at www.cambridge.org/go

Cambridge University Press & Assessment has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

Contents

Acknowledgements	4
Introduction	5
Training and Exam practice	
Test 1	
Reading	10
Writing	35
Listening	40
Speaking	56
Test 2	
Reading	62
Writing	86
Listening	90
Speaking	104
Practice tests	
Test 3	
Reading	108
Writing	122
Listening	124
Speaking	132
Test 4	
Reading	134
Writing	148
Listening	150
Speaking	158
Test 5	
Reading	160
Writing	174
Listening	176
Speaking	184
Test 6	
Reading	186
Writing	200
Listening	202
Speaking	210
Writing marking criteria	212
Speaking marking criteria	214
Writing sample answer sheets	216

Acknowledgements

This Trainer has been developed by Cambridge University Press and Assessment using experienced material writers and trainers, in collaboration with OET and with Cambridge English Language Assessment reviewers and SMEs (Specialist Medical Experts).

We would like to thank Nick Kenny (writer/audio recording coordinator/reviewer), Catherine Leyshon (writer), David Clark (writer), Susan White (writer), Jessica Worthing (writer), Gurleen Khaira (writer), Eleanor Lindberg (writer), Shakina Mohol (writer), Judith Wilson (reviewer), Joanna Kosta (reviewer), Susan Kingsley (reviewer), Nicola Mooney (reviewer), Liz Shrubbsall (reviewer), Angela McCarthy (reviewer), Dr Paul Siklos (SME), Dr Alexander Leguia (SME) and Jane Broadley (SME) for their work on the material.

The writers and publishers acknowledge the following sources of copyright material and are grateful for the permissions granted. While every effort has been made, it has not always been possible to identify the sources of all the material used, or to trace all copyright holders. If any omissions are brought to our notice, we will be happy to include the appropriate acknowledgements on reprinting and in the next update to the digital edition, as applicable.

Please note that the medical texts used for the development of the practice tests, particularly those covering medical practice, policy, guidelines and procedures, are based on published information available at the time of writing. There will be variations in practice from one medical institution to the next, and many documents will be subject to change. Neither Cambridge University Press and Assessment nor the rights holders are responsible for any discrepancies between the information contained here and current medical policy.

Keys: Test = T, Part = P

Text

Reading:

T1PB: Drug Safety Update date volume 7 issue 4, November 2013: A1 licensed under the Open Government Licence v3.0; **T1PC:** BMJ Publishing Group Limited for the text taken from 'Arun Bhaskar: *The inescapable truth: palliative care is not enough—we can and should legislate for assisted dying*'. Copyright © 2022 BMJ Publishing Group Limited. All rights reserved. Reproduced with permission; New Scientist for the adapted text 'The surprising, ancient origins of TB, humanity's most deadly disease' by Rebecca Batley. Copyright © 2021 New Scientist Ltd. All rights reserved. Distributed by Tribune Content Agency; **T2PB:** RCVS for the text taken from 'Euthanasia of animals'. Copyright © 2021 Royal College of Veterinary Surgeons. Reproduced with kind permission; **T2PC:** The Scientist for the text taken from 'Return of the Worms' by Catherine Offord. Copyright © 2021 The Scientist now part of the LabX Media Group. Reproduced by permission of The Scientist; **T3PC:** Guardian News & Media Ltd for the text taken from 'Fibromyalgia may be a condition of the immune system not the brain – study' by Linda Geddes. Copyright © 2022 Guardian News & Media Ltd. Reproduced with permission; **T4PA:** Egton Medical Information Systems Limited for the text taken from 'Blepharitis' by Dr Laurence Knott. Copyright © 2021 Egton Medical Information Systems Limited. All rights reserved. Reproduced under licence from www.Patient.info; **T6PA:** Egton Medical Information Systems Limited for the text taken from 'Pyelonephritis' by Mary Harding. Copyright © 2016 Egton Medical Information Systems Limited. All rights reserved. Reproduced under licence from www.Patient.info; **T4PB:** Nottingham University Hospitals NHS Trust for the text taken from 'Decontamination of Reusable Invasive Medical Devices Policy including Risks Related to Creutzfeldt - Jakob Disease (CJD)' by Carl Yates. Copyright © 2020 Nottingham University Hospitals NHS Trust. All rights reserved; Nottingham University Hospitals NHS Trust for the text taken from 'Isolation Policy' by Infection Prevention and Control Team. Copyright © 2022 Nottingham University Hospitals NHS Trust. All rights reserved; **T4PC:** Taylor & Francis for the text taken from *The treatment of phantom limb pain using immersive virtual reality: Three case studies* by Craig D. Murray, Stephen Pettifer, et al. Copyright © 2007 Taylor & Francis. Permission conveyed through Copyright Clearance Center, Inc; Guardian News & Media Ltd for the text taken from 'Depression is not a one-size-fits-all condition – we need a more nuanced approach to mental health' by Sidney Bloch. Copyright © 2022 Guardian News & Media Ltd. Reproduced by permission; **T5PA:** Clarity Informatics Limited for the text taken from 'Shingles: How should I diagnose shingles?'. Copyright © 2021 The NICE Clinical Knowledge Summaries (CKS). Reproduced by permission of Clarity Informatics Limited; Clarity Informatics Limited for the text taken from 'Antiviral treatment'. Copyright © The NICE Clinical Knowledge Summaries (CKS). Reproduced by permission of Clarity Informatics Limited; Clarity Informatics Limited for the text taken from 'Complications'. Copyright © 2021 The NICE Clinical Knowledge Summaries (CKS). Reproduced by permission of Clarity Informatics Limited; Clarity Informatics Limited for the text taken from

'Pain-management'. Copyright © 2021 The NICE Clinical Knowledge Summaries (CKS). Reproduced by permission of Clarity Informatics Limited; **T5PB:** Text taken from 'Updated NACI recommendation for measles post-exposure prophylaxis' by The Public Health Agency of Canada licensed under the Open Government Licence – Canada; Nottingham University Hospitals NHS Trust for the text taken from 'Guideline for allowing children to visit patients on the Adult Critical Care Unit' by Ruth Pettit, Sister Adult Critical Care. Copyright © 2019 Nottingham University Hospitals NHS Trust. All rights reserved; Text taken from 'Guidelines for the Infection Control Management of Inpatients with Tuberculosis' by Vickie Longstaff, Homerton University Hospital, NHS foundation trust licensed under the Open Government Licence; Text taken from 'Policy and Procedure for the Safe and Effective Use of Bed Safety Sides for Adult and Paediatric Patients', Homerton University Hospital, NHS foundation trust licensed under the Open Government Licence; **T5PC:** BMJ Publishing Group Ltd. & The Health Foundation for the text taken from 'Sleep deprivation and starvation in hospitalised patients: how medical care can harm patients' by Tim Xu, Elizabeth C Wick, Martin A Makary. Copyright © 2016, BMJ Publishing Group Ltd. & The Health Foundation. Permission conveyed through Copyright Clearance Center, Inc; BMJ Publishing Group Ltd. & The Health Foundation for the text taken from 'Heading, concussion, and dementia: how medicine is changing football forever' by Luke Taylor. Copyright © 2021, BMJ Publishing Group Ltd. Permission conveyed through Copyright Clearance Center, Inc; **T6PA:** Egton Medical Information Systems Limited for the text taken from 'Pyelonephritis' by Dr Laurence Knott. Copyright © 2022 Egton Medical Information Systems Limited. All rights reserved. Reproduced under licence from www.Patient.info; **T6PB:** NHS Tayside for the text taken from 'NHS Tayside Policy: Safe use of Entonox for short term pain relief' by Alan Stirling. Copyright © 2022 NHS Tayside. Reproduced with kind permission; NHS Tayside for the text taken from 'NHS Tayside Policy: Just in Case Boxes in Primary Care' by Shirley Kelly. Copyright © 2021 NHS Tayside. Reproduced with kind permission of Shirley Kelly; NHS Tayside for the text taken from 'Summoning Clinical Assistance' by Dr Peter Currie. Copyright © 2021 NHS Tayside. Reproduced with kind permission of Morag MacRae on behalf of the Summoning Clinical Assistance and Adult Missing Patient policy authors; **T6PC:** ABC for the text taken from 'Can 'lifestyle medicine' such as diet, exercise and mindfulness help treat chronic pain?' by Kate Midena. Copyright © 2021 ABC. Reproduced by permission of the Australian Broadcasting Corporation; The President and Fellows of Harvard College for the text taken from 'Predicting Side Effects' by Stephanie Dutchen. Copyright © 2020 The President and Fellows of Harvard College. Reproduced by kind permission.

Listening:

T1PC: EMAP Publishing Limited the text taken from 'Giving patients a voice will help shift outdated perceptions of mental health hospitals' by John-Barry Waldron. Copyright © 2019 EMAP Publishing Limited. Reproduced with permission; EMAP Publishing Limited the text taken from 'Bringing care closer to home for people with idiopathic pulmonary fibrosis. Copyright © 2019 EMAP Publishing Limited. Reproduced with permission; **T2PC:** EMAP Publishing Limited for the text taken from 'Evaluating a children's learning resource to improve handwashing behavior'. Copyright © 2021 EMAP Publishing Limited. Reproduced with kind permission; **T4PB:** EMAP Publishing Limited for the text taken from 'Preventing facial skin damage beneath personal protective equipment'. Copyright © 2020 EMAP Publishing Limited. Reproduced with permission; **T5PB:** EMAP Publishing Limited for the text taken from 'Early mobilisation 3: moving patients from their bed to chair without aids'. Copyright © 2021 EMAP Publishing Limited. Reproduced with permission; **T5PC:** EMAP Publishing Limited for the text taken from 'The benefits and drawbacks of open and restricted visiting hours'. Copyright © 2018 EMAP Publishing Limited. Reproduced with permission; EMAP Publishing Limited for the text taken from 'The principles of maggot therapy and its role in contemporary wound care'. Copyright © 2021 EMAP Publishing Limited. Reproduced with permission; **T6PC:** BMJ Publishing Group Ltd. & British Thoracic Society for the text taken from 'Improving the global diagnosis and management of asthma in children' by Warren Lenney, Andrew Bush, Dominic A Fitzgerald, Monica Fletcher, Anders Ostrem, Soren Pedersen, Stanley J Szefer, Heather J Zar. Copyright © 2018 BMJ Publishing Group Ltd. & British Thoracic Society. Permission conveyed through Copyright Clearance Center, Inc.

Photography

Cover photography by Tom Merton/OJO Images/Getty Images and The Good Brigade/DigitalVision/Getty Images.

Audio

Audio produced and recorded at dSound, London

Typesetting

Designed and typeset by QBS Learning

Introduction

Who is *OET Trainer* for?

This book is suitable for anyone who is preparing to take the OET (Occupational English Test) for healthcare professionals. OET is recognised by healthcare trusts, boards and councils in the UK, the USA, Australia, Ireland, New Zealand, Singapore and Dubai amongst others as proof of a candidate's ability to communicate effectively in a healthcare environment and covers a number of medical professions. This book focuses on the medical speciality of Medicine. It is designed both for self-study or to be used by teachers for preparing students for the exam. All users can access or download a variety of support materials via an access code on the inside front cover for our Cambridge One online platform, such as answer keys, audio files and transcripts, and an eBook, and with audios also available via QR codes accessible on your smartphone, so that you can even study on the go.

What is *OET Trainer*?

OET Trainer for Medicine contains six authentic practice tests for the exam, covering the four papers, or sub-tests, that form the complete exam: Reading, Listening, Speaking and Writing. The first two tests in the Trainer are 'guided tests', which means they include extra training and information to familiarise you with each part of the exam, what it tests and the skills and kinds of language that can help you to complete the exam tasks successfully. Tests 3 to 6 are purely practice tests. All six tests match the exam in format and standard.

In Test 1, each part of each of the papers/sub-tests is introduced separately in the form of a **Training** section and an **Exam Practice** section. The **Training** sections give key information about each part of the exam in the **Task Information**, and have advice and guidance to help you understand what each task is testing, alongside exercises that will build the language and skills directly relevant to each.

An **Exam Practice** section follows each **Training** section. Authentic versions of each task are accompanied by an **Action Plan**, which gives step-by-step guidance on how to approach the task, alongside tips on general exam strategy. For the Reading and Listening exam tasks, there is also **Advice** linked to specific questions, providing hints and clues to guide you through your first exposure to the tasks.

Test 2 follows a similar pattern to Test 1 in that it also consists of **Training** and **Exam Practice** sections to review and further develop important skills, language and exam task familiarity. The **Exam Practice** section follows the same format as Test 1, with the exception of the **Action Plan**, which is simply referenced.

Tests 3 to 6 are complete practice tests without advice or training. They give you the opportunity to put into practice the skills, language and strategies you have acquired while working through Tests 1 and 2.

All tests have an **Explanatory Answer Key** (see next section).

Features of OET Trainer

- An **Explanatory Answer Key** is available for download via the Cambridge One online platform. It is 'explanatory' in the sense that it not only provides you with the correct answers for the tests, but also where relevant, explains why the answers are correct and why other options are not.
- For Writing tasks, the **Explanatory Answer Key** provides **model answers** for you to compare your answers with, with notes on how the model was put together.
- A **Listening transcript** is also provided via Cambridge One for all audio tracks in the Training as well as for the Listening exam tasks themselves.
- Full **Downloadable Audio** is available for all tracks, covering both the Listening exam tasks and Listening and Speaking Training sections. In addition, each audio track has a QR code alongside the activity, permitting you to access individual tracks via your smartphone, allowing you to practice Listening activities wherever you are. Note that if your smartphone does not come with a QR code reader, you will need to download a third-party QR reader app to use this feature.
- An **Interactive eBook version** of the print book is also available via the code in the print book, allowing online access via our Cambridge One platform. All audio tracks are included in the eBook.
- **Marking criteria** for the Speaking and Writing papers (sub-tests) are provided at the end of the print book to help you understand what you are being assessed on in these two sub-tests, and where relevant, are referenced by the Training sections, so that you can see how Training exercises are focussed on helping you score well in each criterion.

How to use the OET Trainer

Test 1 Training

- For each part of each paper (sub-test), you should begin by studying the **Task Information**, which provides an overview of each part and, depending on the task, covers key information, such as the task description, task style, duration and timings, rules to be observed during the exam and even the skills and language that will aid in its completion.
- Throughout Test 1 Training, you will also find information marked **Tip!** These tips relate to both specific aspects of the Training and more generic practical information to help you understand and complete the tasks you will face in the actual exam.
- The exercises in the Training cover skills and language that will help you deal with all the practice tests in this book as well as the actual test itself.
- The answers to all the training exercises are included in the **Explanatory Answer Key**, and just like the answers for the practice tests themselves, are, where required, detailed to the extent that they not only provide the correct answers, but also explanations as to why other answers or approaches are incorrect.

Test 1 Exam Practice

- Start by looking at the **Action Plan**, which gives you a set of recommendations of how best to deal with each exam part or task on the day of the exam itself. Depending on the task/part, you may even get pointers on what to do BEFORE, DURING or AFTER the task.
- Then look at the practice exam task itself. For receptive skill tasks (Reading and Listening) you will find **Advice** sections, which provide hints on what to look/listen for in each question in the task. For productive skills (Writing and Speaking), there are more **Tips!** which point out aspects of the specific task you should be aware of. Such **Tips!** will commonly refer to points covered in the preceding Training sections as well as covering general FAQs (Frequently Asked Questions) that candidates have about the exam.
- As ever, the downloadable **Explanatory Answer Key** will provide not only correct answers, but also explanations as to why they are correct and other options are not, or a model text in the case of the Writing paper (sub-test). Note that for obvious reasons, a model answer is not provided for the Speaking paper. However, Speaking tests do include the examiner's role cards so you can use them to understand/predict the general structure of each role play.

Test 2 Training and Exam Practice

- The Test 2 Training and Exam Practice build on, develop, extend and review what has been covered in Test 1.
- The same features are present such as **Tip!** and **Advice** to guide you through the new exam task being practised, but note that some sections such as **Task Information** and **Action Plan** are not repeated.

Tests 3 to 6 Exam Practice

- In Tests 3, 4, 5 and 6 you should apply the skills, techniques, strategies, and language you have practised in Tests 1 and 2.
- You can do these tests and the papers within them in any order, but you are encouraged to stick to the time recommendations, in order to better recreate exam conditions when practising.
- Note that for OET Listening papers, unlike like many Cambridge exams, you will only hear the audios one time.
- It will be easier to keep to the exam instructions and recreate exam conditions if can find somewhere quiet to work, and if you give yourself enough time to do each paper in its entirety. That said, it is perfectly feasible to take a bite-size approach and break down the papers into individual tasks. Remember that each part of the Listening paper has its own separate audio, accessible via QR code on your smartphone, so you can practise whilst on the go.
- As mentioned, the Speaking paper comes with the role card for both candidate and examiner. Ideally, you would work with another candidate or health specialist to practise the Speaking paper. If working on your own, you can see the examiner's role card, which will help you understand what you might be expected to say during your 'turns'.

Overview of OET exam papers (sub-tests)

Reading 60 minutes

The Reading sub-test consists of three parts and has a total of 42 question items. All three parts take in total 60 minutes to complete. The topics are of generic healthcare interest and are therefore accessible to candidates across all professions.

Part A comes separately from Parts B and C and has two parts: a text booklet with the four texts you have to read and a separate question paper. You have 15 minutes for this part and then your answers will be collected. Part A is an expeditious reading task and has three sets of questions. The first part is always a multiple matching exercise. The second two parts are short answer questions and sentence completion questions. Note that the number of each of these types of questions may vary from test to test, but in total there will be 13 questions.

Parts B and C comes together in one paper, and include both texts and the questions papers. The focus in both parts is on careful reading. You have 45 minutes in total to complete these two parts.

Part	Task Types	No. of questions	Format	Task Information
A	Multiple matching	7 (may vary)	Four short texts on the same healthcare topic. Candidates' ability to quickly and efficiently locate specific information is tested, with candidates asked either to identify which of the texts contains information or to find specific information within the texts.	Page 10
	Short answer questions / Sentence completion	13 (may vary)		
B	Multiple choice	6	Six short healthcare workplace texts (100–150 words). Each text has a single three-option multiple choice question.	Page 18
C	Multiple choice	16	Two longer texts (800 words) on topics of interest to healthcare professionals with eight four-option multiple choice questions on each.	Page 24

Writing 45 minutes

The Writing sub-test takes 45 minutes and is profession-specific. There is one task set for each profession based on a typical workplace situation and the demands of the profession – a nurse does the task for nursing, a dentist does the task for dentistry, and so on.

The Writing paper is assessed against six criteria. For more details of these criteria, please refer to page 212.

Task Type	No. of words	Format	Task Information
Letter	180–200	You write a letter, usually a referral letter, but possibly a letter of transfer or discharge, based on a set of information (case notes and/or other related documentation)	Page 35

Listening approximately 40 minutes

The OET Listening sub-test consists of three parts, and a total of 42 question items. The topics are of generic healthcare interest and accessible to candidates across all professions. The total length of the Listening audio is about 40 minutes, including recorded speech and pauses to allow you time to write your answers. You will hear each recording once and are expected to write your answers while listening. In contrast to the Reading, all three parts of the Listening sub-test are in the same paper.

Part	Task Types	No. of questions	Format	Task Information
A	Sentence completion	24	You hear two extracts from medical consultations of about five minutes and need to complete a set of notes for each extract with a word or short phrase.	Page 40
B	Multiple choice	6	You hear six short extracts set in the healthcare workplace of about one minute in length. Each extract has a single three-option multiple choice question.	Page 45
C	Multiple choice	12	You hear two longer extracts on topics of interest to healthcare professionals in the form of an interview or presentation. Each is around five minutes in length and has six three-option multiple choice questions.	Page 50

Speaking approximately 20 minutes

The Speaking sub-test is delivered individually and takes around 20 minutes in total. This part of OET also uses materials specifically designed for your profession and is role play based. In each role play, you take your professional role (for example, as a nurse or as a pharmacist).

Note that before the role plays begin, there is a short warm-up conversation with the interlocutor about your professional background, which is not assessed. Note also that you have three minutes to prepare for each role play, during which time you can make notes on the role card and ask the interlocutor about anything you are unsure of.

The Speaking paper is assessed against various linguistic and clinical communication criteria. For more details of these criteria, please refer to page 214.

Task Type	Format	Task Information
Role play	You do two role plays of about five minutes in length. You are given role cards for each and the interlocutor has their own cards. For each role play, you deal with a typical workplace situation for your profession with the interlocutor typically playing the role of a patient, carer or parent.	Page 56

Further information

The information in this Trainer is designed to provide an overview of OET. For more detailed information on OET, including booking information, please visit the official OET website (www.occupationalenglishtest.org).