

## Index

- Achour, Grine, & Mohd Nor, 2014, 135, 136  
 Adams & Jex, 1999, 132  
 Adaptive perfectionism, 22  
 affect spillover, 84  
 Ahuvia & Friedman, 1998, 67  
 Ahuvia & Wong, 2002, 122  
 Aldea & Rice, 2006, 22  
 Alderfer, 1972, 45  
 Allen & Armstrong, 2006, 134  
 Allen, 2001, 24  
 Allen, Golden, & Shokley, 2015, 87  
 Amabile, 1993, 57  
 Andrews & Withey, 1976, 10, 31, 33  
 androgynous, 40, 41  
 Aristotle, 1  
 Ashby & Rice, 2002, 22  
 Ashforth, Kreiner, & Fugate, 2000, 19, 83, 98, 100, 109, 110  
*authentic happiness*, 158, 159  
 Aycan, 2008, 25  
 Ayman & Antani, 2008, 136
- Backman, 2020, 23  
 Bailey & Kurland, 2002, 87  
 Baldoma Jones, 2020, 89, 95  
 Barsade, 2002, 85  
 basic needs, 3, 43, 45–49, 56, 57, 59, 63  
 Beauregard & Henry, 2009, 39  
 Beehr, Farmer, Glazer, Gudanowski, & Nair, 2003, 24  
 behavior-based compensation, 119, 124, 126  
*Behavior-based conflict*, 131  
 Berger et al., 2019, 89  
 Best, Cummins, and Lo (2000), 116  
 Bhargava (1995), 33  
 Bosnjak et al., 2016, 58  
 Boswell & Olson-Buchanan, 2007, 88  
 bottom-up spillover process of life satisfaction, 10  
*bottom-up spillover theory of life satisfaction*, 11  
*boundary theory*, 19, 83, 100  
 boundary-spanning demand, 106  
 Brief et al., 1993, 116, 117, 130  
 British Telecom, 8  
 Brito & Kassel, 2020, 71  
 Broadbridge, 2000, 2002, 23  
 Brush, 1992, 90  
 BSDM, 71  
*Building self-efficacy*, 134  
 Bulger, Matthews, & Hoffman, 2007, 100  
 Butler, Gasser, & Smart, 2004, 139  
 Byrne, 2005, 8  
 Byron, 2005, xi, 136
- Campbell, 1986, 120  
 Campbell, Converse, & Rodgers, 1976, 10, 31, 33  
 Capic, Li, & Cummins, 2018, 118  
 Carlson et al., 2012, 65  
 Carlson, Ferguson, & Kacmar, 2016, 101, 104, 105, 107  
 Christian, Garza, & Slaughter, 2011, 65  
 Clark, 2000, 83, 100, 106, 109, 110, 118  
 Clark, Nye, & Gecas, 1978, 122  
 Clayton et al., 2015, 135  
 Cliff, 1998, 91  
 Colbert et al., 2016, 88  
 collectivistic cultures, 78, 90, 94  
 Colombo, Cortese, & Ghislieri, 2013, 24  
 communicative segmentation, 107  
 compensation, xii, xiii, 13, 82, 116, 118–126, 156

- compensatory model of life satisfaction, 33, 127  
 core self-evaluations, 90, 93, 94, 97, 149, 151  
 Cotgrove, 1965, 122  
 COVID, 7, 15, 23, 25, 28, 62, 92, 114, 140  
 COVID-19, 7, 15, 23, 25, 28, 62, 92, 114, 140  
*cross-boundary interruptions*, 109, 110, 115  
 Cummins et al., 2018, 118  
 Cummins, 2010, 2017, 118  
 cyberloafing, 133, 137, 141
- dealing with procrastination*, 133, 141  
 deficit, 60, 61, 64, 77, 123  
 DeGroot & Kiker, 2003, 135  
 DeMartino & Barbato, 2003, 90  
 Demerouti, Bakker, & Schaufeli, 2005, 85  
 Den Dulk & Van Doorne-Huiskes, 2007, 41  
 Denworth (2020), 55  
 Derks et al., 2016, 88, 96  
 Diener et al., 1999, 11, 33  
 Diener, 1984, 11, 33  
 Diener, Ng, & Tov, 2008, 67  
 diminishing satisfaction, 4, 66, 68, 70, 75–78  
 Dimmock, Jackson, Podlog and Magaraggia (2012), 75  
 division of labor, 5  
 domain satisfaction, 10  
 Drolet, 2002, 67  
 Drummond et al., 2016, 136  
 Dubin (1958), 99  
 Dunn, Whelton, & Sharpe, 2006, 22  
 Dunne, 2017, 2  
 Duxbury & Higgins 2003, 10  
 Duxbury, Higgins, & Mills, 1992, 87  
 Duxbury, Higgins, & Thomas, 1996, 87
- Eakman, 2016, 33  
 Eby et al. 2005, 1  
 Eddleston & Mulki, 2017, 92  
 Edwards & Rothbard, 2000, 84, 86, 98, 101, 119  
 Ellison (1990), 54  
 engaged life, xii, 158, 159  
 Epstein & Kalleberg, 2004, 132  
 Erdwins et al., 2001, 139  
 Erickson (2003), 73  
 Etkin & Mogilner (2016), 65
- family business*, 90–92, 96, 108–110, 115  
 family interference with work, 24  
 family-to-work conflict, 88, 100, 135, 136, 179  
 Ferguson, Carlson, & Kacmar, 2015, 24, 40, 111  
 Fingerman, Huo, Charles & Umberson, 2020, 73  
 fixed pie, 108, 111, 113, 115  
 flexibility, 8, 18, 20, 23, 28, 84, 87, 89, 91, 92, 108, 112, 115, 145–147, 150  
 flourishing strategies, 48, 49, 53, 54, 60, 64  
 Fogarty, Rapoport, & Rapoport, 1971, 122  
 Frederick et al. (2017), 71  
 Freund & Baltes, 2002, 116, 117  
 Friede & Ryan, 2005, 93  
 Frone et al., 1997, 136  
 Frone, Russell, & Cooper, 1992, 130, 132  
 Frost, Marten, Lahart, & Rosenblate, 1990, 22  
*full spectrum of human development needs*, xiii, 3, 13, 20, 43, 44  
 Furnham, 1991, 122  
 Furtado, Sobral, & Peci, 2016, 21
- Gable et al., 2006, 86  
 Gajendran & Harrison, 2007, 87  
*gender non-binary*, 40, 41  
 gender roles, 5, 6, 18, 25, 28, 40, 125, 136  
 gender segregation, 5  
 gig economy, 86, 87, 89, 90, 96, 97, 161  
 Glavin & Schieman, 2012, 106  
 Glazebrook & Munjas, 1986, 136  
 Golden & Geisler, 2007, 106

- Golden & Jorgensen, 2002, 10  
 Golden, 2012, 88  
 Goldstein & Eichhorn, 1961, 122  
 Goode, 1960, 17  
 Grace et al. 2006, 134  
 Greenhaus & Allen, 2011, 131  
 Greenhaus & Beutell, 1985, 127,  
 130–132, 136  
 Greenhaus & Powell, 2006, 21, 34,  
 90, 142, 144, 145, 147  
 growth needs, xi, xiii, 3, 43–49, 56,  
 57, 59, 63, 64  
 Grzywacz & Carlson, 2007, 84  
 Grzywacz & Marks, 2001, 134
- Haavio-Mannila, 1971, 122  
 Hackman & Oldham, 1974, 1976, 74  
 Hackman et al. 1975, 74  
 Halbesleben, Wheeler, and Rossi  
 (2012), 91  
 Haller & Rosenmayr, 1971, 122  
 Hammer, Kossek, Yragui, Bodner, &  
 Hanson, 2009, 24, 40  
 Hanson & Hammer, 2006, 143  
 Harackiewicz, Sansone, &  
 Manderlink, 1985, 120  
 Hatfield, Cacioppo, & Rapson,  
 1994, 85  
 Heilman & Chen, 2003, 90  
 Heller & Watson, 2005, 86  
 Helson, 1964, 55  
 Herzberg, 1966, 45  
 Herzberg, 1979, 57  
 Hewlett et al., 2005, 8  
 hierarchy of satisfaction, 11  
 Higgins, 1997, 61  
 high contrast, 111, 112, 115  
 Hill et al., 2010, 88  
*homeostatically-protected mood*, 118  
 HPMood, 118  
 Hsieh, 2003, 33  
 Hudson, 2005, 2006, 8  
 Huws, Spencer, & Joyce, 2016, 95
- Ilies, Wilson, & Wagner 2009, 90, 143  
 individualistic countries, 77, 78, 90,  
 94, 97  
 Industrial Revolution, 5  
 integration ideology, 93, 108, 113,  
 115  
 inter-domain strategies, 3
- Johnson, 2003, 139  
 Jostell & Hemlin, 2018, 88  
 Judge et al., 1998, 130, 149  
 Judge et al., 2001, 98, 116, 117  
 Judge et al., 2003, 149  
 Judge, Locke, & Durham, 1997, 93  
 Judge, Van Vianen, & De Pater,  
 2004, 93
- Kabanoff & O'Brien (1982), 118  
 Kahn & Isen, 1993, 65  
 Kahn, 1995, 65  
 Kahn, Wolfe, Quinn, Snoek, &  
 Rosenthal, 1964, 12  
 Kammeyer-Mueller et al., 2009, 94  
 Kasser & Ryan, 1993, 123  
 Kässi & Lehdonvirta, 2018, 95  
 Katz & Kahn, 1978, 12  
 Kelliher, Richardson, & Boiarintseva,  
 2019, 89  
 Kepler & Shane, 2007, 90  
 Kiburz, Allen, and French (2017), 135  
 Kim & Hatfield, 2004, 52  
 Kim & Hollensbe, 2017, 100  
 Kim & Drolet (2003), 78  
 Knecht, Wiese, and Freund (2016),  
 131  
 Kossek & Distelberg, 2009, 24  
 Kossek & Ozeki, 1998, 8  
 Kossek et al., 2012, 100  
 Kossek, Lautsch, & Eaton,  
 2006, 100  
 Kossek, Ozeki, & Kosier, 2001, 135  
 Kossek, Pichler, Bodner, & Hammer,  
 2011, 24  
 Kraiger & Ford, 2007, 149  
 Kreiner, Hollensbe, & Sheep, 2009,  
 101, 105  
 Kurland & Bailey, 1999, 87  
 Kuykendall et al. (2020), 58
- LaBier, 2019, 71  
 Landerholm & Lowenthal (1993), 71  
 Lapierre et al., 2016, 92  
 Lay & Schouwenburg, 1993, 133  
 Leiter & Maslach, 2005, 134  
 Leslie, King, and Clair (2019), 20,  
 93, 112, 113

- Levav & Zhu, 2009, 65  
 Lewicki, 1984, 120  
 life balance, 1  
 life domain, 3, 10  
 Lim & Chen, 2012, 137  
 Lim, Teo, & Loo, 2002, 137  
 Lockwood, 2003, 5  
 Loscocco & Leicht, 1993, 91  
 Loscocco, 1997, 90  
 low flexibility, 108, 111, 112, 115  
 low permeability, 108, 112, 115  
 Lucas, Diener, and Suh (1996), 98
- Macan et al., 1990, 132  
 maintenance strategies, 48, 49, 55  
 maladaptive perfectionism, 22  
 Malone & Issa, 2013, 89  
*managerial positions*, 23  
 Mann & Holdsworth, 2003, 87  
 Maslow, 1962, 57  
 Maslow, 1970, 11, 43, 45  
 materialism, 46, 122  
 Materialistic people, 46  
 Matthews & Barnes-Farrell, 2010, 19  
 Matthews, Swody, & Barnes-Farrell, 2011, 17, 19, 21  
 Matthews, Winkel, & Wayne, 2014, 17  
 Matuska (2012), xi, 45, 47  
 McAlister & Pessmier, 1982, 65  
 McDonald & Bradley, 2005, 8  
 McNall et al. 2011, 93  
 meaningful life, xii, 158, 159  
*meditation*, 133–135, 141  
 Medrano & Trogolo, 2018, 101  
 Michel & Hargis, 2008, 101  
 Michel & Clark (2013), 94  
 Michel & Hargis (2008), 101  
 Miller & Weiss, 1982, 122
- Naithani, 2010, 5  
 Napholz, 2000, 128, 138  
 Neck & Cooper, 2000, 134  
 need for uniqueness, 77  
 Netemeyer, Boles, & McMurrian, 1996, 128  
 Neumann & Strack, 2000, 85  
 Nippert-Eng, 1996, 83, 100, 109, 110
- OECD, 2001, 2007, 41  
 Olson & Boswell, 2006, 100  
 Oppewal, Timmermans, & Louviere, 1997, 73  
*Organizing social support*, 134  
 Ozbilir, Day, & Catano, 2015, 22  
 Ozer, 1995, 139
- Parasuraman & Simmers, 2001, 91  
 Parasuraman et al., 1996, 91  
 Park, Fritz, & Jex, 2011, 104, 106  
 Park, Heppner, & Lee, 2010, 22  
 Parks & Steelman, 2008, 135  
 Percheski, 2008, 1  
*Perfectionism*, 22  
 Perrone & Civiletto (2004), 139  
 perspectives, 145, 150  
 physical segmentation, 105  
 Pierce & Dunham, 1976, 65  
 Piszczek, 2017, 96  
 Piszczek, DeArmond, & Feinauer, 2018, 91  
 pleasant life, xii, 158, 159  
 Pollock et al., 2000, 1  
 Powell & Eddleston, 2013, 91  
*Praying*, 135  
*preference for organization*, 132, 133  
 Pre-industrial societies, 5  
 Preusser et al., 1994, 22  
*principle of diminishing satisfaction*, xiii, 13, 29, 30, 66, 79, 156  
*principle of positive spillover*, xiii, 13, 82, 96, 156  
*principle of satisfaction limits*, xiii, 13, 29–34, 36, 39, 41, 156
- Rain, Lane, & Steiner, 1991, 118  
 Rapoport, Rapoport, & Thiessen, 1974, 122  
 Ratner, Kahn, & Kahneman, 1999, 67  
 reactive compensation, 123  
*regulatory focus theory*, 61  
 resources, xii, xiii, 12, 13, 16–19, 21, 27, 35, 42, 45, 47, 52, 57, 63, 82, 94, 98, 112, 116, 117, 122, 123, 125, 130, 136, 139, 142–147, 150, 156

- Rice et al., 1985, 34  
 Richins & Dawson, 1992, 122  
 Richins & Rudmin, 1994, 122  
 Roberts & Clement, 2007, 122  
 Rojas, 2006, 33, 67  
 Role attachment, 108, 109  
 role conflict, xiii, 12, 16, 82, 83, 127–129, 131, 133, 134, 136–138, 141, 156  
 role confusion, 107, 109  
*role demand*, 12, 16, 19, 27, 108, 115, 127, 130, 138, 141, 143, 145–147, 149–151  
*role enrichment*, xiii, 13, 82, 142–145, 148–151, 157  
*role identity*, 21  
*role overload*, 17  
 role theory, 10, 12  
 Roos et al., 2007, 134  
 Rosenberg, 1979, 120  
 Rothwell & Kolb, 1999, 149
- Sanjeev & Surya, 2016, 57  
 Sayer, 2005, 1  
 Schaufeli & Bakker, 2004, 31  
 Schaufeli et al., 2002, 31  
 Schieman & Glavin, 2008, 106  
 Scollon & Diener, 2006, 98  
 Scott & Stumpf (1984), 120  
 segmentation, xiii, 13, 82, 84, 89, 90, 93, 95, 99–102, 104–115, 156  
 segmentation ideology, 93, 113  
 self-efficacy, 9, 93, 128, 134, 135, 138–141, 144, 148, 149  
 Seligman, 2002, 158  
 Shane & Heckhausen (2016), 121, 124  
 Shanine, Eddleston, & Combs, 2019, 92, 110  
 Shea, Spitz, & Zeller, 1970, 122  
 Sheldon & Niemiec, 2006, 45  
 Sheldon, Cummins, & Kamble, 2010, 45  
 Shepard, 1974, 122  
*shifting tendency*, 121  
 Simon, Kiimmerling & Hasselhorn, 2004, 24  
 Simonson, 1989, 67  
 Simonson, 1990, 67  
 Sirgy & Lee, 2016, xi, 33  
 Sirgy & Wu, 2009, xii, 17, 33, 157  
 Sirgy & Wu (2009), 43, 45  
 Sirgy et al., 1995, 45  
 Sirgy, 1998, 122  
 Sirgy, 2002, xii, 121  
 Sirgy, 2012, 11  
 Sirgy, 2013, 157  
 Sirgy, 2019, 2020, 53, 54  
 Sirgy, Yu, & Chalamon, 2015, 51  
 skills, xiii, 13, 82, 134, 140, 142–146, 150, 156, 157  
 Slaney et al., 2001, 22  
 Slan-Jerusalim & Chen (2009), 140  
 Sonnentag 2012, 98  
 Sonnentag et al., 2008, 101  
 Spector et al. (2005), 24  
 Staines, 1980, 122  
*Strain-based conflict*, 131  
 strength of boundaries, 84, 100  
*supervisory non-supportive behavior*, 24  
*supportive national policies*, 41  
*supportive organizational policies*, 23, 24, 28  
 Swan (2016), 40
- Tait et al., 1989, 116, 117  
 telework, 86, 87, 90, 92, 96  
 Telfer, 1989, 2  
 the principle of boundary flexibility, 19  
 Thompson, Beauvais, & Lyness, 1999, 24  
 Tian, Bearden, & Hunter, 2001, 77, 78  
*Time-based conflict*, 131  
*training of self-regulatory skills*, 134  
 trait procrastinators, 133
- Urs & Schmidt (2018), 94  
 use of Information and Communication Technologies, 88
- value-based compensation, 119, 121, 123, 125  
 van Eerde & Klingsieck, 2018, 134  
 van Emmerik et al., 2015, 17  
 Van Steenbergen, Ellemers, & Mooijaart, 2007, 144  
 Voydanoff, 2004, 142

- Voydanoff, 2005a, 106  
Voydanoff, 2005b, 136  
Voydanoff, 2006, 5
- Walker & Woods, 1976, 122  
Wang, Gao, and Lin (2019), 88  
Watson (2002), 9  
Watson et al., 1988, 130  
Watson, 2000, 130  
Wayne et al., 2017, 17  
Weisman, 2020, 71  
Westman, Brough, & Kalliath, 2009, 17  
Westring & Ryan (2010), 144, 149  
Wiese et al., 2010, 144  
Wight & Raley, 2009, 92  
Wilensky (1960), 99  
Williams, Berdahl, & Vandello, 2016, 1  
work interference with family, 24  
Workaholism, 47
- work-family border theory*, 83, 100  
work-family conflict, 12, 17, 24  
work-life balance, 2  
work-life balance initiatives, 10  
work-life ideology, 90, 93, 97, 108, 111, 112, 115  
*workplace policies or norms that demand boundary flexibility*, 23  
Wright and Larsen, 1993, 46  
Wu (2009), 121
- Xin et al., 2018, 101
- Yang & Chen, 2016, 22  
Yang et al. (2000), 25  
Yeandle et al. (2006), 8
- Zedeck & Mosier, 1990, 123  
Zedeck, 1992, 123  
Zhao et al., 2017, 101