

> Unit 1

Goals and achievements

A Our outlook on life

1 Quick language check

Circle or underline the best word or phrase from each pair in *italics*.

- a George decided to take more responsibility *during* / *for* his own happiness.
- b Alisha *give* / *set* herself the goal of starting a business by the time she was 30.
- c Oskar's New Year's *resolution* / *decision* was to start doing more exercise.
- d If you are really *confident* / *determined* to achieve something, you'll probably succeed.
- e I think that *eating* / *eat* more fruit and vegetables is a good idea.
- f What's the best way of *dealing* / *sorting* with difficult situations?
- g Having a plan for each day helps to give me a real *sense of reason* / *purpose*.
- h Some people are highly *motivated* / *encouraged* by the thought of earning lots of money.
- i Lizzie finally told me why *she was* / *was she* feeling so miserable.
- j It's often incredibly difficult *continuing* / *maintaining* a work–life balance.

CB Sections A1
to A4

2 Vocabulary check

Use the words in the box to complete the text. You may need to change the form of some of the verbs.

volunteer flexibility pursue aspirations honest obstacles
 rewards focus realistic admit process

Children's (a) _____ often change as they get older – one minute they want to be a train driver, the next an astronaut. Khalid, however, knew from a young age that he wanted to become a vet. He realised that it would be a long and difficult (b) _____, and that there would be lots of (c) _____ to overcome. Despite this, he (d) _____ his goal with great determination.

> SUCCESS INTERNATIONAL ENGLISH SKILLS FOR CAMBRIDGE IGCSE™: WORKBOOK

Every day at school, he **(e)** _____ on his studies. At weekends, he **(f)** _____ at a local veterinary surgery. He didn't mind working for free, as he knew the experience offered many valuable **(g)** _____ – essential experience with animals, improved chances of being **(h)** _____ to the best university and some excellent contacts in the veterinary field, to name just a few.

Khalid was successful in gaining entry to his preferred university and graduated two years ago. He's now employed by the same surgery he worked at while at school. So what does Khalid say is the key to success? 'I think **(i)** _____ is very important – being able to change your goals if you need to and adapt to any situation are great skills to have. Also, you have to be totally **(j)** _____ with yourself about what it is you really want and whether or not you can actually achieve it. Your goals have to be **(k)** _____, or you'll never achieve them!'

3 Reading for gist

Read this text about Albert Einstein. Circle the correct word from each pair in *italics*.

CB Section A6

A great thinker

How much do you know about Albert Einstein? If you've heard about him but don't know much about his life and work, then read on!

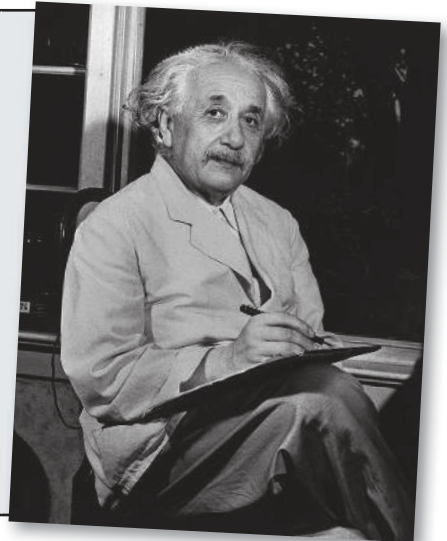
Scientists used to think that matter could not be created nor destroyed. They also believed that the same principles applied to energy. However, in the first few years of the 20th century, the German scientist Albert Einstein came *out / up* with a different idea. He predicted that it should be possible to change mass into energy. Einstein's idea – his Theory of Relativity – was first proved *by / in* 1932. Einstein showed us that a small amount of matter could be changed into a vast amount of energy. This made the development of nuclear energy *available / possible*.

Born in 1879, Einstein was an unusual child; I was fascinated to learn that he didn't speak until he was 3 years old! Early photographs show a serious and intense-looking little boy. When he was 12, he *learnt / taught* himself Euclidean geometry. He hated school, however, and at the age of 15, he used the fact that the family had moved house as an *excuse / explain* for not going to school for a year. He finally graduated in 1900 by studying the lecture notes of a classmate.

Unit 1: Goals and achievements

Einstein grew into a brilliant and *imaginative / imagining* young man who was *passionately / perfectly* interested in science. He was also a very lively correspondent and *did / made* a point of replying to any letters he received from children. His intelligent, friendly face with its untidy mop of silvery hair is well-known, *apart / yet* as a young man he had short, coal-black hair and a serious, thoughtful appearance. The face of the Jedi Master Yoda in the Star Wars films was *copied / inspired* by Einstein's wise expression.

Sadly, Einstein's theories were used to develop nuclear weapons and, ultimately, the atomic bomb. Einstein never *forgave / upset* himself for what his discoveries had led to. Shortly before he died in 1955, he wrote a letter to the newspapers urging scientists to unite to *predict / prevent* the possibility of another nuclear war in the future.



Circle the letter of the correct option to complete these sentences.

- 1 The text about Albert Einstein is aimed at:
 - A scientists who wish to discover more about his work.
 - B general readers who have an interest in science.
 - C students who want to find out more about careers in science.
- 2 The purpose of the text is to:
 - A give a detailed description of Einstein's greatest achievements.
 - B suggest reasons why Einstein became such a great scientist.
 - C provide a summary of Einstein's personality, life and work.

4 Style features

Find one example of each of these features.

- a direct address to the audience

.....

- b writer making connections with the reader (we/us)

.....

- c writer sharing information about himself/herself

.....

CB Section A6

> SUCCESS INTERNATIONAL ENGLISH SKILLS FOR CAMBRIDGE IGCSE™: WORKBOOK

d some informal, conversational language

.....

5 Figurative language

CB Section A10

Replace the figurative language in *italics* with words and expressions from the box.

very sad very noisy very proud disappeared reminders
 based on

- a Irhaa was *bursting with pride* _____ when she talked about the prize she had won.
- b We got a *heart-breaking* _____ letter giving an account of my grandmother's illness.
- c My fear of wasps was *rooted in* _____ the experience of being stung when I was a child.
- d Her anger *melted away* _____ when she saw how sorry the little boy was.
- e There were *echoes* _____ of her own childhood in the novel she wrote about a poor family who emigrated to the USA.
- f There was a *howling* _____ wind all night.

Draw lines to match the figurative expressions to their meanings.

- | | | |
|-------------------------------|--|---|
| g move the goalposts | | have a single goal you really want to achieve |
| h beat yourself up | | be able to accept a range of possibilities |
| i keep an open mind | | achieve far more than those in a similar position |
| j set your heart on something | | criticise yourself, usually unfairly |
| k be a high flyer | | achieve a goal you have set yourself |
| l reach a milestone | | change ambitions, plans or targets |

Unit 1: Goals and achievements

Write sentences of your own using each of the figurative expressions g–l.

.....

.....

.....

.....

.....

.....

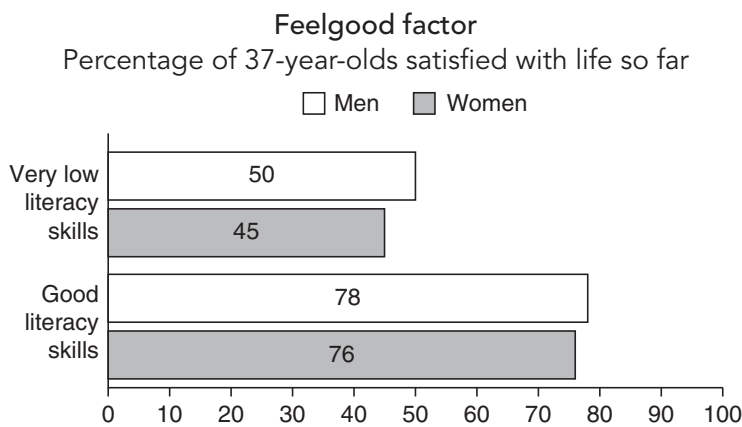
.....

.....

B Facing challenges

1 Comparing information in charts

Study the bar chart showing the connection between literacy and happiness in a European country.



Are statements true or false? Put a tick (✓) if they are true and a cross (✗) if they are false.

- a Less than half the women who had low literacy skills were happy with their lives. _____
- b Men, overall, were more satisfied with their lives than women. _____
- c More than three-quarters of men and women who had a good standard of literacy said they were happy with their lives. _____

> SUCCESS INTERNATIONAL ENGLISH SKILLS FOR CAMBRIDGE IGCSE™: WORKBOOK

2 Pre-listening task

CB Section B3

Complete the definitions using the words and phrases below.

burst into laughter roar with laughter sense of humour
 stony-faced get into trouble crack a smile have a laugh
 laugh along with

- a If you _____, it means you suddenly start laughing.
- b Your _____ is what you do and don't find funny.
- c If you _____, it means your face changes from serious to not serious.
- d If you _____, you laugh in a loud and uncontrolled way, often for a long time.
- e If you _____ with someone, you enjoy your time together in a non-serious way.
- f Someone who is _____ is not showing any emotion and is perhaps in a bad mood.
- g If you _____ someone, you share a joke or a funny moment with them.
- h If you _____, it means you have problems with someone in authority.



3 Listening

CB Section B4

You will hear three people talking about what makes them laugh. Match a sentence below with each of the speakers by writing the number of the speaker in the box. There are two extra sentences you do not need to use. Put a cross (X) in the box next to these sentences.

- A I generally laugh at different things to most of my friends.
- B I sometimes laugh when I'm not supposed to.
- C I don't find most comedy films very funny.
- D My best friend is always trying new things to make me laugh.
- E It's actually pretty easy to make me laugh.

> SUCCESS INTERNATIONAL ENGLISH SKILLS FOR CAMBRIDGE IGCSE™: WORKBOOK

2 Vocabulary check

Read the following sentences and decide whether or not they make sense. Tick (✓) the ones that do and put a cross (X) against the ones that do not. Think carefully about the words in *italics*.

CB Sections C1
and C2

- a My grandfather is such a *bad-tempered* man – he's always in a good mood. _____
- b The radio presenter's *grating* voice was pleasant to listen to. _____
- c *Well-dressed* people have no interest in how they look. _____
- d Gianna has always been *argumentative* – she'd quarrel with herself if she could! _____
- e A *retired* person no longer works for a living. _____
- f Tara took a lot of care over her clothes and make-up, and she always looked *scruffy*. _____
- g The doctor told Wassim he was too *skinny* and should try to put on weight. _____
- h Am I *ambitious*? Definitely. An ordinary life will give me more happiness than making a lot of money or getting a top job. _____

3 Negative prefixes

Make these 16 words into their opposites by writing them after the correct prefix. Use a dictionary if you need to.

CB Section C3

patient legal understand secure responsible literate
 correct regular appear enthusiastic conscious significant
 sympathetic obey behave possible

un.....

il.....

im.....

in.....

Unit 1: Goals and achievements

ir.....

dis.....

mis.....

Now choose four of the words you have made and put them in sentences of your own.

.....

.....

.....

.....

4 Commenting on positive and negative qualities

CB Section C6

In English, it is common to exaggerate people’s positive qualities a little. We also often ‘tone down’ any negative qualities by using tentative language to avoid criticising someone too much.

Look at the photograph, then read the description of the woman that follows, which was written by her friend. Put the words and expressions in the box into the gaps. Try to exaggerate her positive qualities and tone down any negative ones. Note that some words may fit in more than one gap.



> SUCCESS INTERNATIONAL ENGLISH SKILLS FOR CAMBRIDGE IGCSE™: WORKBOOK

always incredibly rather absolutely by far can be so
 a little bit great extremely the best slightly

Nadine's my best friend and is (a) _____ the nicest person I know. She's a nurse and is (b) _____ hard-working. She often works long shifts at the hospital but never complains about it. She's also (c) _____ generous, with both her time and her money, and is willing to help (d) _____ anyone if she can.

Sometimes, though, Nadine can be (e) _____ unreliable if you make an arrangement with her. I've known her to be two hours late, for example, which can be (f) _____ annoying. She (g) _____ (h) _____ difficult to contact too, because she isn't (i) _____ at answering her phone!

It's a (j) _____ privilege to know Nadine and I'm (k) _____ proud to be her friend!

5 Sentence correction

There is an extra word in each of these sentences. Read the sentence carefully and cross out the extra word.

- a I'm really lucky for to know someone as talented as my friend Raphael.
- b Rokia can sometimes seem a little bit of rude, but she's actually just shy.
- c Hassan is one out of the most intelligent people I know.
- d Mathilde is always happy to do that what she can to help others.
- e I don't think I've ever seen Hiroto without a smile on top his face.
- f Kasia and Karolina both them enjoy spending lots of time outdoors.