

Contents

Preface	xi	Section 2: Child Health	93
Guide to Preparing for the Medical Licensing Assessment Applied Knowledge Test	xii	Child Health Conditions	
Section 1: Cardiovascular	1	38 Abnormal Development / Developmental Delay	94
Cardiovascular Conditions		39 Attention Deficit Hyperactivity Disorder	98
1 Acute Coronary Syndromes	2	40 Autism Spectrum Disorder	100
2 Aneurysms, Ischaemic Limb and Occlusions	5	41 Biliary Atresia	102
3 Aortic Aneurysm	6	42 Cerebral Palsy and Hypoxic-Ischaemic Encephalopathy	104
4 Aortic Dissection	9	43 Croup	107
5 Aortic Valve Disease	11	44 Cystic Fibrosis	109
6 Arrhythmias	14	45 Down Syndrome	112
7 Arterial Thrombosis	18	46 Epiglottitis	114
8 Arterial Ulcers	20	47 Febrile Convulsion	115
9 Cardiac Arrest	22	48 Henoch-Schönlein Purpura	118
10 Cardiac Failure	24	49 Kawasaki Disease	121
11 Deep Vein Thrombosis	26	50 Measles	122
12 Essential or Secondary Hypertension	28	51 Mesenteric Adenitis	123
13 Gangrene	30	52 Mumps	125
14 Infective Endocarditis	32	53 Non-accidental Injury	127
15 Ischaemic Heart Disease	34	54 Pyloric Stenosis	129
16 Mitral Valve Disease	37	55 Rubella	130
17 Myocardial Infarction	40	56 Whooping Cough	132
18 Myocarditis	43	Child Health Presentations	
19 Pericardial Disease	45	57 Behavioural Difficulties in Childhood	133
20 Peripheral Vascular Disease	48	58 Child Abuse	134
21 Right Heart Valve Disease	50	59 Congenital Abnormalities	136
22 Unstable Angina	52	60 Crying Baby	139
23 Varicose Veins	54	61 Dysmorphic Child	141
24 Vasovagal Syncope	56	62 Family History of Possible Genetic Disorder	145
25 Venous Ulcers	57	63 Infant Feeding Problems	147
Cardiovascular Presentations		64 Learning Disability	150
26 Blackouts and Faints	59	65 Neonatal Death or Cot Death	152
27 Cardiorespiratory Arrest	62	66 Prematurity	155
28 Chest Pain	65	67 Pubertal Development	158
29 Cold, Painful, Pale, Pulseless Leg/Foot	67	68 The Sick Child	161
30 Heart Murmurs	69	69 Vaccination	163
31 Hypertension	72	Section 3: Dermatology	165
32 Limb Claudication	74	Dermatology Conditions	
33 Low Blood Pressure	77	70 Acne Vulgaris	166
34 Painful Swollen Leg	81	71 Atopic Dermatitis and Eczema	168
35 Palpitations	84	72 Basal Cell Carcinoma	171
36 Peripheral Oedema and Ankle Swelling	87	73 Cellulitis	174
37 Shock	89	74 Contact Dermatitis	175
		75 Cutaneous Fungal Infection	178

VI Contents

76	Cutaneous Warts	180	Section 5: Endocrine	281
77	Folliculitis	182	Endocrine Conditions	
78	Head Lice	185	122 Addison's Disease	282
79	Impetigo	186	123 Cushing's Syndrome	285
80	Malignant Melanoma	188	124 Dehydration	287
81	Pressure Sores	190	125 Diabetes Insipidus	289
82	Psoriasis	192	126 Diabetes Mellitus Type 1 and 2	292
83	Scabies	195	127 Diabetic Ketoacidosis	295
84	Squamous Cell Carcinoma	197	128 Hypercalcaemia of Malignancy	297
85	Urticaria	200	129 Hyperlipidemia	298
86	Viral Exanthema	202	130 Hyperosmolar Hyperglycaemic State	300
Dermatology Presentations			131 Hyperparathyroidism	303
87	Acute Rash	203	132 Hyperthermia and Hypothermia	304
88	Bites and Stings	209	133 Hypoglycaemia	307
89	Burns	211	134 Hypoparathyroidism	309
90	Chronic Rash	213	135 Hypothyroidism	311
91	Nail Abnormalities	215	136 Obesity	313
92	Petechial Rash	219	137 Pituitary Tumours	315
93	Pruritus	221	138 Thyroid Nodules	318
94	Scarring	223	139 Thyrotoxicosis	320
95	Skin Lesion	225	Endocrine Presentations	
96	Skin or Subcutaneous Lump	230	140 Electrolyte Abnormalities	322
97	Skin Ulcers	232	141 Fatigue	328
Section 4: Ear, Nose and Throat			142 Gynaecomastia	331
237			143 Polydipsia (Thirst)	333
Ear Nose and Throat Conditions			144 Weight Gain	335
98	Acoustic Neuroma	238	145 Weight Loss	337
99	Benign Paroxysmal Positional Vertigo	239	Section 6: Gastrointestinal	341
100	Epistaxis	241	Gastrointestinal Conditions	
101	Infectious Mononucleosis	243	146 Acute Cholangitis	343
102	Ménière's Disease	244	147 Acute Pancreatitis	344
103	Obstructive Sleep Apnoea	246	148 Alcoholic Hepatitis	345
104	Otitis Externa	248	149 Anal Fissure	348
105	Otitis Media	249	150 Appendicitis	349
106	Rhinosinusitis	252	151 Ascites	351
107	Tonsillitis	253	152 Cholecystitis	353
Ear, Nose and Throat Presentations			153 Cirrhosis	355
108	Anosmia	255	154 Coeliac Disease	356
109	Dizziness	256	155 Colorectal Tumours	359
110	Ear and Nasal Discharge	260	156 Constipation	361
111	Hearing Loss	263	157 Diverticular Disease	363
112	Hoarseness and Voice Change	264	158 Gallstones and Biliary Colic	364
113	Nasal Obstruction	266	159 Gastric Cancer	366
114	Painful Ear	268	160 Gastrointestinal Perforation	368
115	Snoring	269	161 Gastro-oesophageal Reflux Disease	371
116	Sore Throat	270	162 Haemorrhoids	372
117	Speech and Language Problems	272	163 Hepatitis	374
118	Stridor	273	164 Hernias	379
119	Swallowing Problems	275	165 Hiatus Hernia	380
120	Tinnitus	277	166 Hyposplenism/Splenectomy	382
121	Vertigo	278		

167	Infectious Colitis	383	General Duties Presentations	
168	Infectious Diarrhoea	386	215	Acute and Chronic Pain Management 493
169	Inflammatory Bowel Disease	388	216	Death and Dying 495
170	Intestinal Ischaemia	390	217	Deteriorating Patient 497
171	Intestinal Obstruction and Ileus	392	218	Driving Advice 499
172	Intussusception	394	219	Elder Abuse 502
173	Irritable Bowel Syndrome	395	220	End of Life Care / Symptoms of Terminal Illness 503
174	Liver Failure	397	221	Falls 505
175	Malabsorption	400	222	Fit Notes 507
176	Malnutrition	402	223	Frailty 509
177	Necrotising Enterocolitis	406	224	Incidental Findings 511
178	Oesophageal Cancer	408	225	Loin Pain 512
179	Pancreatic Cancer	411	226	Mental Capacity Concerns 514
180	Peptic Ulcer Disease and Gastritis	415	227	Misplaced Nasogastric Tube 516
181	Perianal Abscesses and Fistulae	418	228	Poisoning 517
182	Peritonitis	420	229	Post-surgical Care and Complications 520
183	Viral Gastroenteritis	422	230	Somatisation / Medically Unexplained Physical Symptoms 522
184	Viral Hepatitides	424	231	Struggling to Cope at Home 524
185	Vitamin B12 and/or Folate Deficiency	427	232	Wellbeing Checks 526
186	Volvulus	429		
Gastrointestinal Presentations			Section 8: Haematology	529
187	Abdominal Distension	430	Haematology Conditions	
188	Abdominal Mass	432	233	Allergies and Allergic Disorder 530
189	Acute Abdominal Pain	434	234	Anaemia 532
190	Bleeding from Lower GI Tract	436	235	Anaphylaxis 534
191	Bleeding from Upper GI Tract	438	236	Disseminated Intravascular Coagulation 536
192	Change in Bowel Habit	441	237	Haemochromatosis 538
193	Change in Stool Colour	443	238	Haemoglobinopathies 540
194	Chronic Abdominal Pain	444	239	Haemophilia 543
195	Decreased Appetite	447	240	Leukaemia 545
196	Diarrhoea	449	241	Lymphoma 547
197	Faecal Incontinence	451	242	Multiple Myeloma 550
198	Food Intolerance	454	243	Myeloproliferative Disorders 552
199	Jaundice	456	244	Pancytopenia 555
200	Lump in Groin	458	245	Patient on Anti-coagulant Therapy 558
201	Melaena	460	246	Patient on Anti-platelet Therapy 562
202	Nausea	462	247	Polycythaemia 564
203	Organomegaly	464	248	Sickle Cell Disease 567
204	Perianal Symptoms	465	249	Transfusion Reactions 569
205	Rectal Prolapse	468		
206	Vomiting	470	Haematology Presentations	
Section 7: General Duties		473	250	Bruising and Purpura 572
General Duties Conditions			251	Lymphadenopathy 575
207	Acid-Base Abnormality	474	252	Neck Lump 579
208	Adverse Drug Effects	476	253	Pallor 583
209	Delirium	478		
210	Disease Prevention/Screening	480	Section 9: Infectious Disease	585
211	Drug Overdose	483	Infectious Disease Conditions	
212	Metastatic Disease	486	254	Candidiasis 586
213	Multi-organ Dysfunction Syndrome	488	255	Covid-19 588
214	Sepsis	491	256	Herpes Simplex Virus 590
			257	Hospital Acquired Infections 592

VIII Contents

258	Human Immunodeficiency Virus	594	299	Extradural Haemorrhage	688
259	Lyme Disease	597	300	Meningitis	690
260	Malaria	598	301	Migraine	692
261	Necrotising Fasciitis	601	302	Motor Neurone Disease	694
262	Notifiable Diseases	603	303	Multiple Sclerosis	695
263	Surgical Site Infection	606	304	Muscular Dystrophies	697
264	Toxic Shock Syndrome	608	305	Myasthenia Gravis	699
265	Tuberculosis	610	306	Parkinson's Disease	701
266	Varicella Zoster	612	307	Peripheral Nerve Injuries/Palsies	702
Infectious Disease Presentations			308	Radiculopathies	705
267	Fever	614	309	Raised Intracranial Pressure	706
268	Night Sweats	617	310	Spinal Cord Compression	709
269	Travel Health Advice	619	311	Spinal Cord Injury	711
Section 10: Mental Health		621	312	Spinal Fracture	713
Mental Health Conditions			313	Stroke	715
270	Acute Stress Reaction	622	314	Subarachnoid Haemorrhage	717
271	Anxiety Disorder: Generalised, Phobias, Obsessive Compulsive Disorder	623	315	Subdural Haemorrhage	719
272	Anxiety Disorder: Post-Traumatic Stress Disorder	627	316	Tension Headache	721
273	Bipolar Affective Disorder	630	317	Transient Ischaemic Attacks	722
274	Depression	632	318	Trigeminal Neuralgia	724
275	Eating Disorders	634	319	Wernicke's Encephalopathy	726
276	Personality Disorder	636	Neurology Presentations		
277	Schizophrenia	639	320	Abnormal Involuntary Movements	728
278	Self-Harm	641	321	Altered Sensation, Numbness and Tingling	730
279	Somatisation	644	322	Auditory Hallucinations	733
280	Substance Misuse / Use Disorder	646	323	Confusion	734
Mental Health Presentations			324	Decreased / Loss of Consciousness	738
281	Abnormal Eating or Exercising Behaviour	650	325	Diplopia	739
282	Addiction	652	326	Facial Pain	743
283	Behaviour/Personality Change	655	327	Facial Weakness	745
284	Elation / Elated Mood	658	328	Fasciculation	748
285	Fixed Abnormal Beliefs	660	329	Fits/Seizures	749
286	Low Mood / Affective Problems	662	330	Head Injury	752
287	Pressure of Speech	664	331	Headache	753
288	Suicidal Thoughts	665	332	Limb Weakness	754
289	Threats to Harm Others	667	333	Limp	757
Section 11: Neurology		671	334	Memory Loss	759
Neurology Conditions			335	Neuromuscular Weakness	760
290	Bell's Palsy	673	336	Ptosis	762
291	Brain Abscess	674	337	Sleep Problems	765
292	Brain Metastases	676	338	Tremor	767
293	Chronic Fatigue Syndrome	678	339	Unsteadiness	769
294	Dementias	680	340	Visual Hallucinations	772
295	Diabetic Neuropathy	682	Section 12: Obstetrics, Gynaecology and Breast		
296	Encephalitis	683	775		
297	Epilepsy	685	Obstetrics and Gynaecology Conditions		
298	Essential Tremor	687	341	Atrophic Vaginitis	777
			342	Bacterial Vaginosis	779
			343	Cervical Cancer	780

344	Cervical Screening (HPV)	782	387	Difficulty with Breastfeeding	869
345	Cord Prolapse	784	388	Nipple Discharge	872
346	Diabetes in Pregnancy (Gestational and Pre-existing)	786	Section 13: Ophthalmology		875
347	Ectopic Pregnancy	788	Ophthalmology Conditions		
348	Endometrial Cancer	790	389	Acute Glaucoma	876
349	Endometriosis	792	390	Benign Eyelid Disorders	878
350	Fibroids	794	391	Blepharitis	880
351	Human Papilloma Virus Infection	795	392	Cataracts	882
352	Menopause	798	393	Central Retinal Arterial Occlusion	884
353	Obesity and Pregnancy	801	394	Chronic Glaucoma	885
354	Ovarian Cancer	802	395	Conjunctivitis	887
355	Placenta Praevia	804	396	Diabetic Eye Disease	890
356	Placental Abruption	805	397	Infective Keratitis	893
357	Postpartum Haemorrhage	806	398	Iritis	894
358	Pre-eclampsia, Gestational Hypertension	808	399	Macular Degeneration	896
359	Vasa Praevia	810	400	Optic Neuritis	898
360	Venous Thromboembolism in Pregnancy and Puerperium	812	401	Periorbital and Orbital Cellulitis	900
Obstetrics and Gynaecology Presentations			402	Retinal Detachment	902
361	Abnormal Cervical Smear Result	815	403	Scleritis	904
362	Amenorrhoea	816	404	Thyroid Eye Disease	905
363	Bleeding Antepartum	818	405	Uveitis	907
364	Bleeding Postpartum	820	406	Visual Field Defects	910
365	Complications of Labour	821	Ophthalmology Presentations		
366	Hyperemesis	825	407	Acute Change in or Loss of Vision	912
367	Intrauterine Death	826	408	Eye Pain/Discomfort	914
368	Labour	827	409	Eye Trauma	916
369	Menopausal Problems	829	410	Facial/Periorbital Swelling	920
370	Menstrual Problems	832	411	Flashes and Floaters in Visual Fields	922
371	Mental Health Problems in Pregnancy or Postpartum	833	412	Foreign Body in Eye	924
372	Normal Pregnancy and Antenatal Care	836	413	Gradual Change in or Loss of Vision	926
373	Pelvic Mass	838	414	Loss of Red Reflex	928
374	Pelvic Pain	840	415	Red Eye	930
375	Pregnancy Risk Assessment	843	416	Squint	932
376	Reduced / Change in Fetal Movements	848	Section 14: Orthopaedics and Trauma		935
377	Small or Large for Gestational Age	849	Orthopaedics and Trauma Conditions		
378	Vaginal Prolapse	850	417	Compartment Syndrome	936
379	Vulval Itching/Lesion	852	418	Lower Limb Fractures	938
380	Vulval/Vaginal Lump	854	419	Lower Limb Soft Tissue Injury	939
Breast Conditions			420	Osteomyelitis	941
381	Breast Abscess / Mastitis	856	421	Pathological Fracture	945
382	Breast Cancer	857	422	Septic Arthritis	947
383	Breast Cysts	860	423	Upper Limb Fractures	948
384	Fibroadenoma	862	424	Upper Limb Soft Tissue Injury	950
Breast Presentations			Orthopaedics and Trauma Presentations		
385	Breast Lump	864	425	Back Pain	952
386	Breast Tenderness/Pain	867	426	Bone Pain	954
			427	Immobility	956
			428	Lacerations	958

X Contents

429	Massive Haemorrhage	960	Respiratory Presentations	
430	Musculoskeletal Deformities	962	470	Breathlessness 1052
431	Soft Tissue Injury	965	471	Cough 1056
432	Trauma	967	472	Cyanosis 1058
			473	Haemoptysis 1060
Section 15: Renal and Urology		971	474	Pain on Inspiration 1062
Renal and Urology Conditions			475	Pleural Effusion 1064
433	Acute Kidney Injury	972	476	Wheeze 1067
434	Benign Prostatic Hyperplasia	975		
435	Bladder Cancer	978	Section 17: Rheumatology	1071
436	Chronic Kidney Disease	981	Rheumatology Conditions	
437	Diabetic Nephropathy	984	477	Ankylosing Spondylitis 1072
438	Epididymitis and Orchitis	986	478	Bursitis 1074
439	Nephrotic Syndrome	988	479	Crystal Arthropathy 1076
440	Prostate Cancer	991	480	Fibromyalgia 1078
441	Testicular Cancer	993	481	Idiopathic Arthritis 1080
442	Testicular Torsion	995	482	Osteoarthritis 1083
443	Urinary Incontinence	996	483	Osteomalacia 1085
444	Urinary Tract Calculi	998	484	Osteoporosis 1087
445	Urinary Tract Infection	1000	485	Polymyalgia Rheumatica 1090
			486	Reactive Arthritis 1092
Renal and Urology Presentations			487	Rheumatoid Arthritis 1094
446	Abnormal Urinalysis	1002	488	Sarcoidosis 1096
447	Haematuria	1004	489	Systemic Lupus Erythematosus 1098
448	Oliguria	1006		
449	Scrotal/Testicular Pain and/or Lump/Swelling	1008	Rheumatology Presentations	
450	Urinary Symptoms	1011	490	Acute Joint Pain/Swelling 1101
			491	Chronic Joint Pain/Stiffness 1103
Section 16: Respiratory		1015	492	Muscle Pain / Myalgia 1105
Respiratory Conditions			493	Neck Pain/Stiffness 1108
451	Acute Bronchitis	1016		
452	Asbestos-Related Lung Disease	1017	Section 18: Sexual Health	1111
453	Asthma	1019	Sexual Health Conditions	
454	Asthma COPD Overlap Syndrome	1021	494	Chlamydia 1112
455	Bronchiectasis	1022	495	Gonorrhoea 1114
456	Bronchiolitis	1024	496	Pelvic Inflammatory Disease 1116
457	Chronic Obstructive Pulmonary Disease	1025	497	Syphilis 1118
458	Fibrotic Lung Disease	1029	498	Unwanted Pregnancy and Termination of Pregnancy 1120
459	Influenza	1030	499	Trichomonas Vaginalis 1122
460	Lower Respiratory Tract Infection	1032		
461	Lung Cancer	1033	Sexual Health Presentations	
462	Occupational Lung Disease	1036	500	Contraception Request/Advice 1123
463	Pneumonia	1038	501	Erectile Dysfunction 1125
464	Pneumothorax	1040	502	Loss of Libido 1128
465	Pulmonary Embolism	1042	503	Painful Sexual Intercourse 1130
466	Pulmonary Hypertension	1045	504	Subfertility 1132
467	Respiratory Arrest	1047	505	Urethral Discharge and Genital Ulcers/Warts 1135
468	Respiratory Failure	1049	506	Vaginal Discharge 1138
469	Upper Respiratory Tract Infection	1051	Index	1141