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Daniel S. Joyce, Kevin W. Houser, Stuart N. Peirson,
Jamie M. Zeitzer, Andrew J. Zele
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Elements in Perception

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James T. Enns

The University of British Columbia

MELANOPSIN VISION

*Sensation and Perception Through
Intrinsically Photosensitive Retinal
Ganglion Cells*

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Melanopsin Vision

Sensation and Perception Through Intrinsically Photosensitive Retinal Ganglion Cells

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Abstract: Intrinsically photosensitive retinal ganglion cells (ipRGCs) are the most recently discovered photoreceptor class in the human retina. This Element integrates new knowledge and perspectives from visual neuroscience, psychology, sleep science and architecture to discuss how melanopsin-mediated ipRGC functions can be measured and their circuits manipulated. It reveals contemporary and emerging lighting technologies as powerful tools to set mind, brain and behaviour.

Keywords: intrinsically photosensitive retinal ganglion cell, vision, sleep, circadian rhythms, melanopsin

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