

# THE ROAD TO NURSING

*Second edition*

Being an effective and well-rounded nurse in Australia is not just about technical skills – it is also about thinking like a nurse. *The Road to Nursing* helps students develop clinical reasoning and critical reflection skills, understand the philosophical and ethical considerations necessary to care for clients and reflect on how to provide care that meets the unique needs of each client.

The three parts – beginning, becoming and being – guide students through their transition to university, formation of a professional identity and progression to professional practice. The revised structure improves the transition between topics and a new chapter explores the ever-changing Australian health landscape, including recent technological innovations. There is expanded coverage of topics including culture and diversity; nursing roles and career pathways; communication and interpersonal skills; and standards, regulation and the law.

Each chapter includes definitions of key terms, reflection questions, perspectives from nurses, end-of-chapter review questions, a research topic and resources that connect students with the real-world practice of nursing.

Written by healthcare experts, *The Road to Nursing* is a fundamental resource for students making the transition into the nursing profession.

**Nick Arnott** is a registered nurse and teaching fellow in health and community services at the University of Tasmania.

**Penny Paliadelis** is a registered nurse and professor with an academic career spanning more than 20 years.

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# THE ROAD TO NURSING

EDITED BY  
NICK ARNOTT  
PENNY PALIADELIS  
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SECOND  
EDITION



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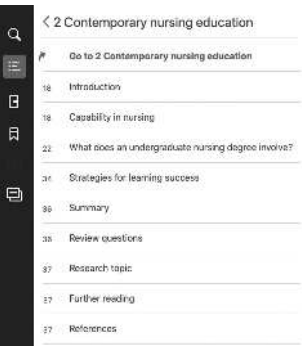
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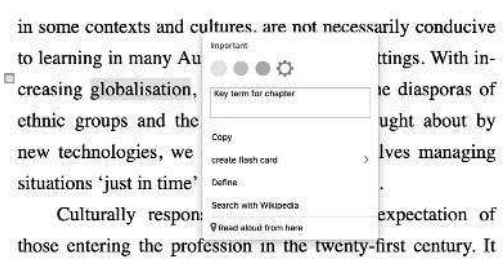


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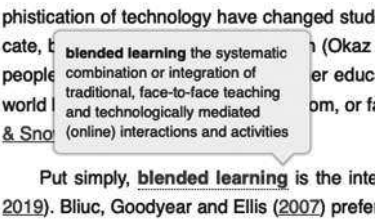
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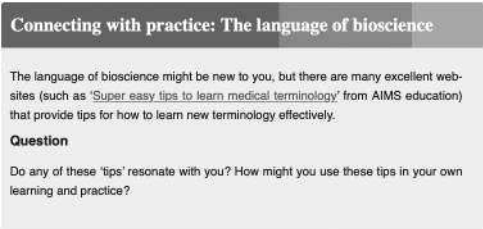
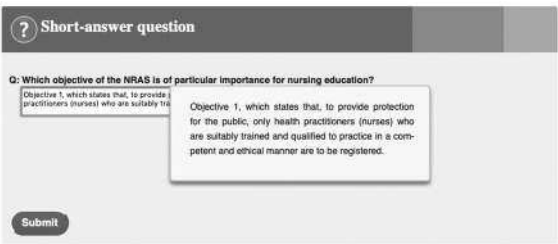


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Open the pop-up box for multiple-choice questions, select the correct answers and click 'Check answer' to assess your results. Note that this box can be moved about the page so you can read the text while choosing your responses.

Short-answer questions

Read the question and key your answer into the box. Submit your answers to view the guided solutions and assess your results.




Connecting with practice

Visit industry-related websites to see and understand real-world examples of the theories and concepts covered in the text. Each resource is accompanied by a question to prompt your learning.

Videos and podcasts

To extend your knowledge on the topics presented in the book, click the icon to access relevant video or podcast content. Each resource is accompanied by a question to prompt your learning.


Video: 'e-portfolios for starters'

 'e-portfolios for starters' (DAVR055)

This video introduces the use of e-portfolios in education and professional practice.

**Question**

What are the benefits of the e-portfolio for Sandra?

 **Review questions**

**Q1: How might capability differ from competence in your learning, practice and assessment? Try to consider some examples.**

Capable in terms of your talent/potential. (How?)  
How your current and fixed measure of competence.  
Quadrant 1: A student who is competent but not capable.

**Submit**

As discussed in this chapter, capability focuses on your talent/potential (forward looking), rather than your current and fixed measure of competence. Instead of focusing on whether you know or can 'do' something (as a specific standard) at a particular point in time, capability is interested in your ability to mobilise various skills and resources, to address the problems or challenges you may encounter. Based on this extended and forward-looking capability lens, it would be possible for an individual to demonstrate their capability to set up and safely manage and monitor an intravenous infusion, for example, even if they were not 'technically competent' in every aspect of the process.

**Submit**

**Q2: What are the common learning and two undergraduate degree program?**

The university aims at undergraduate nursing etc. programs and see demonstrate their capability to be entered future. Discuss this is a technical process.

**Submit**

Review questions

Respond to the review questions at the end of each chapter and use the guided solutions to assess your responses.