

Contents

<i>List of illustrations</i>	page	ix
<i>Preface</i>		xi
<i>Glossary of commonly used Buddhist terms</i>		xiv
<i>A note on dates</i>		xvi
<i>Abbreviations</i>		xvi
Introduction		
Terminology		1
Shintō		3
Buddhism		4
Preview		6
Part I The arrival of Buddhism and its effects (c.538–800)		
Chronology		12
1 The introduction of Buddhism		15
1.1 Gifts from Paekche		15
1.2 Patronage at court		19
1.3 The ‘Beetle-wing’ cabinet		23
2 Creating a dynasty		36
2.1 The problem of succession		36
2.2 Native beliefs		38
2.3 The Jingikan		41
2.4 Inventing the past		46
3 Buddhism and the early state		54
3.1 The emergence of a religious organisation		54
3.2 Sūtras to protect the state		64
3.3 The Medicine King and the Pensive Prince		68
4 Monuments at Nara		77
4.1 Kōfukuji		77
4.2 Tōdaiji		78
4.3 The question of ordination		86
4.4 Explaining anomalies		88
4.5 Hachiman		91
		v

Cambridge University Press

978-0-521-85119-0 - The Religious Traditions of Japan, 500–1600

Richard Bowring

Table of Contents

[More information](#)vi *Contents*

4.6	Twice a sovereign	94
4.7	Buddhist scholarship	98
Part II From Saichō to the destruction of Tōdaiji (800–1180)		
	Chronology	110
5	The beginnings of a ‘Japanese’ Buddhism: Tendai	113
5.1	The situation in 800	113
5.2	Saichō	115
5.3	The Tiantai tradition	119
5.4	The <i>Lotus sūtra</i>	125
5.5	The creation of Tendai	129
6	The beginnings of a ‘Japanese’ Buddhism: Shingon	135
6.1	Kūkai to China	135
6.2	Fundamental characteristics of tantric Buddhism	141
6.3	Kūkai returns	146
6.4	The creation of Shingon	148
6.5	The Shingon tradition after the death of Kūkai	151
7	Buddhism and the state in Heian Japan	153
7.1	Tendai politics	153
7.2	Tantrism triumphant	162
7.3	Religious aspects of life at court	168
8	Shrine and state in Heian Japan	179
8.1	Kasuga	179
8.2	Cataloguing the native gods	184
8.3	The Ise and Kamo shrines	191
9	The rise of devotionalism	196
9.1	Turning to face west	196
9.2	Amitābha’s vows	198
9.3	Early Pure Land Buddhism	200
9.4	Covenanting for salvation	204
9.5	Visions of heaven and hell	212
10	In a time of strife	217
10.1	Prophecies of doom fulfilled	217
10.2	Pilgrimages to Kumano	222
10.3	Japanese monks in Song China	226
10.4	The spread of tantric modes of thought	229

Cambridge University Press

978-0-521-85119-0 - The Religious Traditions of Japan, 500–1600

Richard Bowring

Table of Contents

[More information](#)

Contents vii

Part III From the destruction of Tōdaiji to the fall of Go-Daigo (1180–1330)

Chronology	242
11 For and against exclusive practice of the <i>nenbutsu</i>	245
11.1 Hōnen	245
11.2 Myōe	253
11.3 Shinran	262
12 Religious culture of the early ‘middle ages’	267
12.1 Baking the cake	267
12.2 Tōdaiji and Ise	268
12.3 Of deer and monkeys	274
12.4 A dream of swords and sheaths	280
13 Chan Buddhism	287
13.1 The early development of Chan	287
13.2 Chan meditation techniques	293
13.3 Chan after the end of the Tang	295
13.4 Chan in the thirteenth century	301
14 Zen Buddhism	304
14.1 The beginnings of Zen in Japan	304
14.2 Eihei Dōgen	308
14.3 Official patronage	317
15 Reform from within and without	321
15.1 The Saidaiji community	321
15.2 Dancing to salvation	328
15.3 Worshipping the <i>Lotus</i>	332
16 The emergence of Shintō	344
16.1 Japan in 1280	344
16.2 The maṅḍalisation of Japan	345
16.3 Watarai Shintō	351
16.4 New myths of origin	354
16.5 The literal reading of metaphor	358
17 Taking stock	363
17.1 Buddhist historiography	363
17.2 Metropolitan Zen	368
17.3 Zen in the countryside	371

Cambridge University Press

978-0-521-85119-0 - The Religious Traditions of Japan, 500–1600

Richard Bowring

Table of Contents

[More information](#)viii *Contents***Part IV From the fall of Go-Daigo to the death of Nobunaga (1330–1582)**

Chronology	380
18 Two rival courts	381
18.1 Class as a factor	381
18.2 Go-Daigo's legacy	384
18.3 Saving the souls of warriors	391
18.4 The growth of Pure Land congregations	394
18.5 The Lotus sects	397
19 Muromachi Zen	400
19.1 The five mountains	400
19.2 'Those below the grove'	404
19.3 Three men of Zen	409
20 The end of the medieval	419
20.1 Yoshida Shintō	419
20.2 The rise of Honganji	423
20.3 Playing with fire	426
20.4 Jesuits	430
Appendices: Reading Shingon's two maṇḍala	436
The Diamond World maṇḍala	436
The Womb World maṇḍala	441
Maṇḍala in use	445
<i>References</i>	448
<i>Index</i>	462