

## An Introduction to Gerontology

With the world's population getting increasingly older, there has never been a more pressing need for the study of old age and ageing. *An Introduction to Gerontology* provides a wide-ranging introduction to this important topic. By assuming no prior expert knowledge and avoiding jargon, this book will guide students through all the main subjects in gerontology, covering both traditional areas, such as biological and social ageing, and more contemporary areas, such as technology, the arts and sexuality. *An Introduction to Gerontology* is written by a team of international authors with multidisciplinary backgrounds who draw evidence from a variety of different traditions.

**Ian Stuart-Hamilton** is Professor of Developmental Psychology and Faculty Head of Research and External Activity at the University of Glamorgan. He has been teaching lifespan psychology for over twenty-five years and has written six textbooks including *The Psychology of Ageing*, which was the winner of an award from the British Medical Association and shortlisted for the British Psychological Society's Book of the Year award.

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Frontmatter  
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Ian Stuart-Hamilton



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