

Cambridge University Press
978-0-521-71540-9 - Cambridge English for Nursing
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Frontmatter
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**Virginia Allum
and Patricia McGarr**
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Introduction

The aims of *Cambridge English for Nursing* are to improve your communication skills at work and your English language knowledge in key areas of nursing. To give you practice in current healthcare situations, each of the ten units contains:

- discussion of the nursing topic
- listening activities reflecting everyday nursing scenarios
- a focus on communication, for example giving advice sensitively
- a medical focus, for example describing how the heart works
- charting and documentation – medical forms and how to use them
- abbreviations and acronyms used in healthcare
- an online glossary with a pronunciation guide

On the audio you hear people in the kind of healthcare situations that you encounter as a nurse, for example admitting a patient, explaining medical procedures, discussing lifestyle changes, handing over patients, taking part in training sessions, preparing a pre-op patient, and dealing with young patients in pain. In addition, online activities focusing on advances in technology will help you keep up-to-date with the latest medical equipment.

How to use *Cambridge English for Nursing* for self-study

If you are working on your own, you can do the units in any order you like. Choose the topic that you want to look at and work through the unit doing the exercises and checking your answers in the answer key. Note down any mistakes you make, and go back and listen or read again to see what the problem was. It's a good idea to listen to the audio more than once and to read the audioscript afterwards to check that you've understood. For the speaking activities, *think* about what you would say in the situation. You could also try talking about the discussion points with your colleagues; the topics are all relevant for people who work in healthcare. Audioscripts and a comprehensive answer key with solutions to the activities as well as suggested answers for the discussion tasks are at the back of the book. In addition, you can find extra material and further activities for practice online at www.cambridge.org/elt/englishfornursing.

We hope you enjoy using the course. If you have any comments on *Cambridge English for Nursing*, we'd love to hear them. You can email us at englishfornursing@cambridge.org.



Virginia Allum (BA, MA, Cert TESOL, Certificate in Nursing) lives and works in Australia and has extensive experience as a Registered Nurse working in hospitals in Sydney and on the Gold Coast. She also has palliative care experience gained while working as Director of a home nursing service in Sydney. She has taught English for nursing at a vocational training institute in Queensland and also works as a Lecturer and Nurse Facilitator in the diploma of nursing at the Gold Coast Institute of TAFE (Technical and Further Education) in Queensland.

Patricia McGarr (B Ed, Dip TESOL, MA TESOL, MBA) lives in Australia and works at Griffith University. She has wide-ranging international teaching experience, having managed a network of language institutes in Asia, project managed specialised English courses in Kuwait and Oman, and been instrumental in setting up industry-specific language projects in Vietnam and China. She managed the Insearch Language Centre, University of Technology, Sydney – one of the largest English language institutes in Australia – and set up several offshore programs that they delivered in Asia.

	Skills	Medical focus	Charting and documentation
UNIT 1	Taking a patient history Using active listening strategies	The heart Explaining how the heart works	Patient Admission Form Patient Record Observation Chart
Patient admissions page 6	Explaining how the heart works Putting a patient at ease Giving a nursing handover Charting blood pressure and pulse		
UNIT 2	Educating patients about asthma management	The respiratory system	Respiratory rates Patient record Observation chart
Respiratory problems page 14	Giving instructions effectively Using a nebuliser Talking to a child about asthma Putting a young patient at ease Describing respiration Charting respiratory rates		
UNIT 3	Discussing wound management Asking for advice	Wound bed preparation	Wound Assessment Chart
Wound care page 22	Describing wounds Taking part in Continuous Professional Development Using a Wound Assessment Chart		
UNIT 4	Discussing diabetes management Making empathetic responses	The pancreas Explaining hypoglycaemia and diabetes	Diabetic Chart
Diabetes care page 30	Giving advice sensitively Using a Diabetic Chart		
UNIT 5	Explaining pathology tests Asking for clarification	The kidneys Explaining renal failure Explaining urinary catheters	Pathology Report
Medical specimens page 38	Checking understanding Telephone skills: contacting other staff Softening a request Reading a Pathology Report		
UNIT 6	Administering medication Doing a medication check	The metabolism of medication	Prescription Chart
Medications page 46	Working as part of a team Checking medication orders for accuracy Explaining drug interactions Checking the 'five rights' of medication administration Reading a Prescription Chart		

	Skills	Medical focus	Charting and documentation
UNIT 7	Reviewing IV infusions Passing on instructions to colleagues Assessing IV cannulas Telephone skills: taking a message about patient care Checking IV orders Charting fluid intake and output	IV cannulas	IV Prescription Chart Fluid Balance Chart
Intravenous infusions page 54			
UNIT 8	Doing pre-operative checks Giving pre-operative patient education Preparing a patient for surgery Allaying anxiety in a patient Using Pre-operative Checklists	Blood circulation	Pre-operative Checklist
Pre-operative patient assessment page 62			
UNIT 9	Giving a post-operative handover Checking a post-operative patient on the ward Explaining post-operative pain management Dealing with aggressive behaviour Using pain assessment tools	Pain receptors	Universal Pain Assessment Tool
Post-operative patient assessment page 70			
UNIT 10	Attending the ward team meeting Telephone skills: referring a patient Explaining the effects of a stroke Using patient discharge planning forms	Cerebrovascular accidents	Telephone Referral Form Katz ADL Index Discharge Plan
Discharge planning page 78			
Role plays and additional material	page 86		
Audioscript	page 94		
Answer key	page 110		
Acknowledgements	page 120		