

Contents

Map of the book	2
Introduction	4
IELTS Test summary	6
Unit 1 Growing up	8
Unit 2 Mental and physical development	12
Unit 3 Keeping fit	16
Unit 4 Lifestyles	22
Unit 5 Student life	26
Test One	30
Unit 6 Effective communication	32
Unit 7 On the move	38
Unit 8 Through the ages	42
Unit 9 The natural world	46
Unit 10 Reaching for the skies	52
Test Two	56
Unit 11 Design and innovation	58
Unit 12 Information technology	64
Unit 13 The modern world	68
Unit 14 Urbanisation	72
Unit 15 The green revolution	78
Test Three	82
Unit 16 The energy crisis	84
Unit 17 Talking business	90
Unit 18 The law	94
Unit 19 The media	98
Unit 20 The arts	102
Test Four	108
Unit 21 Language building 1	110
Unit 22 Language building 2	114
Unit 23 Academic Writing Task 1	118
Unit 24 Academic Writing Task 2	122
Unit 25 General Training Writing Tasks 1 and 2	126
Test Five	130
Answer key	132
Recording scripts	157
Wordlist	167
Acknowledgements	173
CD Tracklist	174