

Clinical Skills in Psychiatric Treatment



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ROB POOLE AND ROBERT HIGGO





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This book is dedicated to the late Leo Fender, whose supreme mastery of the art of guitar design was unencumbered by an ability to play the instrument.



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Acknowledgments

The idea for this book came to us on the day that we returned the corrected proofs of our last book to the publisher. That book had taken almost a decade to write, and we realised that we had to change our modus operandi. Ponderous debate gave way to reckless hastiness, and this book has been less than two years in preparation. If we have managed to produce a worthwhile text, it is in large measure due to the selfless support of family, friends and colleagues.

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Rob Poole grew up in South East London. He is a general adult psychiatrist with a strong interest in the psychological, social and cultural aspects of mental illness. After training at St George's Hospital, London and in Oxford, he worked for many years as a consultant psychiatrist in a deprived part of Liverpool, before moving to his current post in rural North Wales. He has extensive experience of leading service development and of establishing new models of team working. He has a strong background in teaching and postgraduate education, and he has dabbled in research.

Robert Higgo

Robert Higgo grew up in Cape Town. He had experience of working in general practice and public health medicine prior to training in psychiatry in Liverpool. This has helped to shape his psychosocial approach to psychiatric practice. He has worked as a general adult psychiatrist in Merseyside and Manchester, and he is presently the consultant psychiatrist for the Liverpool Assertive Outreach Team. His main interests have been in postgraduate medical education and training at all levels, and in reviewing adverse incidents in clinical practice both locally and nationally. He is an enthusiastic supporter of New Ways of Working for Psychiatrists.