

Compartive Vertebrate Endocrinology

The long-awaited third edition of this popular textbook retains the successful format of previous editions, dealing with the nature, actions and roles of hormones among vertebrate animals. Special emphasis is placed on the evolution and origins of hormones and their receptors, on the role of hormones in the physiological coordination of vetebrates, and on dealing with each endocrine process in the context of the organism's physiology, ecology and evolution.

Comparative Vertebrate Endocrinology discusses the intimate physiology of the endocrine system and the pivotal role of hormones in coordinating basic body processes such as nutrition, reproduction, calcium metabolism and osmoregulation, as well as their contributions to animal coloration, molting and development. The species included range from lower chordates through to mammals, including marsupials.

Peter Bentley graduated from the University of Western Australia where his first degree was in Zoology and his PhD in Physiology.

In a distinguished career which has seen the publication of over 200 original research articles and five books, Professor Bentley has held academic positions at University College London, the University of Western Australia, University of Bristol, Duke University, and the Mt Sinai School of Medicine of the City University of New York. Prior to returning to Australia, he was Burroughs Wellcome Distinguished Professor of Pharmacology in the College of Veterinary Medicine, North Carolina State University.





Comparative Vertebrate Endocrinology





Comparative Vertebrate Endocrinology

THIRD EDITION

P.J. BENTLEY





Cambridge **UNIVERSITY PRESS**

University Printing House, Cambridge CB2 8BS, United Kingdom

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9780521629980

© Cambridge University Press 1976, 1982, 1998

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 1976 Reprinted 1980 Second edition 1982 Third edition 1998

A catalogue record for this publication is available from the British Library

Library of Congress Cataloguing in Publication data

Bentley, P.J.

Comparative vertebrate endocrinology / P. J. Bentley. – 3rd ed.

Includes bibliographical references and index.

ISBN 0521620023 (hb). - ISBN 0521629985 (pb)

1. Encorcrinology, Comparative. 2. Vetebrates – Physiology.

I. Title.

QP187.B46 1998

573.4'16-dc21 97-27048 CIP

ISBN 978-0-521-62002-4 Hardback

ISBN 978-0-521-62998-0 Paperback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.



Dedicated to the memory of Hans Heller and Harry Waring, who introduced me to comparative endocrinology





Contents

	Preface to the third edition xiii
	Preface to the second edition xv
	Preface to the first edition xvii
	List of abbreviations xviii
1	Introduction 1
	The transfer of information in animals 1 What is comparative endocrinology? 3 Occurrence of vertebrate hormones in other organisms 4 Molecular evolution and the endocrine system 5 The methods used in comparative endocrinology 7 The uses of comparative endocrinology 8 The diversity of vertebrates as a background for endocrine variation 12 Conclusions 14
2	Comparative morphology of the endocrine tissues 15
	The pituitary gland 16 Comparative morphology of the pituitary 18 The hypothalamus 24 Endocrinology and the evolutionary origins of the pituitary gland 25 The endocrine glands of the pharynx: thyroid, parathyroids, and ultimobranchial bodies 28 The adrenals 34 The endocrine hormones of the gut 44 The gonads 51 The juxtaglomerular apparatus 54 The pineal gland 57 The corpuscles of Stannius 60 The urophysis 61 Unconventional endocrine tissues 62 Conclusions 64
3	The chemical structure, polymorphism, and evolution of hormones 65
	Steroid hormones 67 Hormones that are amino acid derivatives 77
	The peptide hormones of the neurohypophysis 84



X CONTENTS

The neurohormones of the hypothalamus 93

Paracrine and autocrine modulation of the hypothalamo-hypophysial

system 101

The caudal neurosecretory peptides: the urotensins 103

Melanin-concentrating hormone 105

The renin-angiotensin system 106

Parathyroid hormone, calcitonin, and stanniocalcin 109

The hormones of the islets of Langerhans and the gastrointestinal tract 116

Hormones of the opioid prohormone family 137

The gonadotropin-thyrotropin family: luteinizing hormone, follicle-stimulating

hormone, and thyroid-stimulating hormone 144

The transforming growth factor- β superfamily 151

The growth hormone–prolactin family 155

Leptin 164

The natriuretic peptide family 165

The guanylin peptide family 169

Adrenomedullin 170

The evolution of hormones and their receptors: summary 170

Conclusions 175

4 The life history of hormones 177

The formation of hormones 177

The release of hormones from the endocrine glands 189

The concentration of hormones in the blood 205

Transport of hormones in the blood 207

Peripheral activation of hormones 211

Termination of the actions of hormones 212

Mechanisms of hormone action 214

Conclusions 221

5 Hormones and nutrition 223

Endocrines and digestion 224

The transformation of metabolic substrates: the role of hormones 227

Hormones and thermogenesis 238

The storage of nutrients and their utilization during fasting 245

Migration and fasting 252

Hormones and lactation 262

Storage of nutrients in the egg 265

Conclusions 268

6 Hormones and calcium metabolism 269

The discovery of parathyroid hormone and calcitonin 274

Vitamin D and 1α, 25-dihydroxycholecalciferol 277

Mechanisms and interactions of parathyroid hormone, calcitonin, and vitamin

D₃ on calcium metabolism 278

Phyletic differences in the role of hormones in calcium metabolism 288

Conclusions 301



CONTENTS xi

7 Hormones and the integument 303

Hormones and molting 304

Hormones and skin glands 308

Hormones and pigmentation 310

Physiological color change 315

Evolution of color change mechanisms in vertebrates 326

Morphological color change 328

Has there been an evolution of the roles of MSH and MCH? 333

Conclusions 335

8 Hormones and osmoregulation 337

Osmoregulation in terrestrial environments
Osmoregulation in fresh water 339
Osmoregulation in the sea 341
The role of hormones in osmoregulation 345
Conclusions 377

9 Hormones and reproduction 379

The reproductive apparatus of vertebrates 382
Secondary sex characters in vertebrates 383
Periodicity of the breeding season: rhythms in sexual activity 388
Maturation of the gametes—the gonadal cycles 394
Hormones and the evolution of viviparity: a summary 440
The control of metamorphosis in fish and amphibians 443
Sex determination and differentiation 449
Conclusions 454

References 457 Index 515





Preface to the third edition

This edition has been extensively revised and contains nearly 1000 new references and over 60 new or modified figures. This proliferation reflects advances in our knowledge of hormones and their actions, and a persistent interest in the application of this knowledge to the domain of comparative endocrinology. Both of the dedicatees of this book are now deceased. When they first became interested in this subject over 60 years ago they utilized contemporary pharmacology to help to lay the foundations of the discipline. Its recent propagation largely reflects the use of the techniques of molecular biology and the unravelling of the genome to decipher the interrelationships of hormones in both vertebrates and their invertebrate progenitors.

It would not have been possible for me to prepare this edition without the collaboration of The University of Western Australia, particularly the Physiology Department and Professor Trevor Redgrave. All members of the department helped by making me feel welcome there. The Biological Sciences Library is the principal repository of the new information that I have used. Its comprehensive collection and helpful staff provided a pleasant venue for many hours of searching.

Peter Bentley The University of Western Australia December 1997





Preface to the second edition

It is over 6 years since the first edition of this book went to press. Interest in comparative endocrinology has not wanted in that time, as shown by the steady stream of papers and the organization of meetings and symposia on this subject. Several new hormones have been identified and described in the interim. Information about the synthesis of proteins that act as prohormones has provided enlightenment about the existence of more "hormone families" with consequent speculation about their evolution. An increased utilization of radioimmunoassays and immunohistochemistry has promoted many of these advances. There has also been an increased appreciation of commonalities of the endocrine and nervous systems, as described in the discipline of neuroendocrinology. However, because the basic information about the endocrine system has not really changed, it has been unnecessary to alter significantly the conclusions at the end of each chapter.

In view of the great expansion of the literature, the preparation of this edition has been especially challenging. I have generally refrained from substituting new references for old ones, a practice that would ignore the seniority of discoveries and distort the historical perspective of the subject. There are thus many more references in the text. I hope that this does not distract the students for whom this book is primarily intended. They should "read around" the references and use them as a source if necessary. More senior readers may find the expanded bibliography more useful. Finally, I would like to apologize to the many endocrinologists whom it has not been possible to quote but without whose discoveries our knowledge of this subject would be much poorer.

P. J. Bentley New York February 1982





Preface to the first edition

This book has been written primarily for use as a textbook by undergraduate, as well as graduate, students. It is hoped that it may serve as a basis for course work in comparative endocrinology and also as an auxiliary text to aid in the teaching of comparative animal physiology. In order to gain the most from this book, the reader should have a basic knowledge of zoology and animal physiology. I have nevertheless attempted to put the endocrinology that is described into a broader biological framework by relating it to the animal's physiology, ecology, and evolutionary background. This is one of the reasons why I have departed from the more usual format of previous textbooks in this area, which generally deal with each endocrine gland in succession, chapter by chapter. Instead, I have attempted to describe certain broad and basic biological processes, the functioning of which is often coordinated by the secretion from several endocrine glands.

No attempt has been made to describe invertebrate endocrinology, as the rapid growth of this area really justifies a separate textbook. The book by K. G. Highnam and L. Hill (*Comparative Endocrinology of the Invertebrates*, Elsevier: Amsterdam, 1970) deals admirably with this subject.

It has not been possible in a book of this nature to give a complete list of original references. There are far too many of these, and many of the earlier observations are already a part of the "classical literature". Instead, I have attempted to refer the reader to more recent papers and reviews that contain references to the material described and can act as useful "starting points" for the students who wish to study the subject further. In order to keep abreast of developments in the various subject areas described, the current literature should be consulted. The principal journals where papers on these subjects are published are General and Comparative Endocrinology, Journal of Endocrinology, Endocrinology, and Comparative Biochemistry and Physiology. In addition, many papers appear in the standard physiological journals, especially Journal of Physiology and American Journal of Physiology.

P.J.B.

Mount Sinai School of Medicine of The City University of New York

September 1974



Some abbreviations used in endocrinology

ACTH corticotropin (adrenocorticotropic hormone)

ADH antidiuretic hormone
AMH antimullerian hormone
ANP atrial natriuretic peptide (s)
AVP arginine-vasopressin

cyclic AMP cyclic adenosine-3'5'-monophosphate (cAMP)

CaBP calcium-binding protein

CBG corticosteroid (cortisol)-binding globulin

CCK cholecystokinin
cDNA complementary DNA
CG chorionic gonadotropin
CGRP calcitonin gene-related peptide

CRE cyclic AMP response (or regulatory) element cyclic AMP response element binding protein

CRF corticotropin-releasing factor
CRH corticotropin-releasing hormone

CT calcitonin DAG diacylglycerol

DHEA dehydroepiandrosterone
DHT dihydrotestosterone

EDLF endogenous digitalis-like factor

ER estrogen receptor

FSH follicle-stimulating hormone GABA γ-aminobutyric acid

GH growth hormone (somatotropin)

GH-RF (or -RH) growth hormone-releasing factor (or hormone)

GIP gastric inhibitory polypeptide (glucose-dependent insulinotropic poly-

peptide)

GLP-I, GLP-II glucagon-like peptide I, II
GMP guanosine 5'-monophosphate

GnRH gonadotropin-releasing hormone (LHRH)

GR glucocorticoid receptor
GSD genotype sex determination
GTH-I, GTH-II gonadotropic hormone (in fish) I, II
hCG human chorionic gonadotropin



ABBREVIATIONS

hCS human chorionic somatomammotropin (hPL)

hPL human placental lactogen
HRE hormone-response element
5-HT 5-hydroxytryptamine (serotonin)

-IF -inhibiting factor

IGF-I, IGF-II insulin-like growth factor (s) I, II

-IH -inhibiting hormone
IP₃ inositol-1,4,5-trisphosphate

IT isotocin

JAK janus kinase

KT ketotestosterone

LH luteinizing hormone

LVP lysine-vasopressin

MAO monoamine oxidase

MCH melanin-concentrating hormone MIP molluscan insulin-related peptide

mRNA messenger RNA

MR mineralocorticoid receptor

MSH melanocyte-stimulating hormone (melanotropin)

MT mesotocin

NHP nasohypophysial protein

NPY neuropeptide Y (or neuropeptide tryosine)

OT oxytocin

PACAP pituitary adenylate cyclase activating protein

PG prostaglandin

PIP₂ phosphatidylinositol-4,5-bisphosphate

PKA protein kinase A
PKC protein kinase C
PL placental lactogen
PLC phospholipase C

PMSG pregnant mare's serum gonadotropin
PMY peptide MY (methionine–tyrosine)
PNMT phenolethanolamine-N-methyltransferase

POMC proopiomelanocortin
PP pancreatic polypeptide
PR progesterone receptor

PRL prolactin

PTH parathyroid hormone

PTHrP parathyroid hormone-related protein
PYY peptide YY (or peptide tyrosine-tyrosine)

-R receptor (suffix)
RAS renin—angiotensin system
-RF -releasing factor

-RH -releasing hormone -R-IH -release-inhibiting hormone

 rT_3 reverse T_3



XX ABBREVIATIONS

SHBG sex hormone-binding globulin

SRIF somatotropin release-inhibiting factor (somatostatin)

 $\begin{array}{lll} STC & stanniocalcin \\ T_3 & triiodothyronine \\ T_4 & thyroxine \end{array}$

TBG thyroid hormone-binding globulin
TDF testis-determining factor
TGF transforming growth factor
TNF tumor necrosis factor
TR thyroid hormone receptor
TRH thyrotropin-releasing hormone

TSD temperature-dependent sex determination
TSH thyroid-stimulating hormone (thyrotropin)

VIP vasoactive intestinal peptide VNP ventricular natriuretic peptide

VP vasopressin