

Cambridge University Press

978-0-521-62992-8 - Emotional Development: The Organization of Emotional Life in the Early Years

L. Alan Sroufe

Table of Contents

[More information](#)

Contents

Preface *page xi*

Part I The nature of emotional development

1	A developmental perspective on emotions	3
	Developmental questions	4
	Guiding assumptions	7
	The plan of the book	9
2	Conceptual issues underlying the study of emotion	11
	Defining emotion	11
	Theoretical issues	16
	Conceptual and methodological issues for studying emotional development	26
	Moving toward a synthesis	34
	Conclusion: a developmental perspective on classic issues	36
3	Emotion and the organization of development	38
	The unity of development	39
	The nature and organization of development	41
	Themes in the organization of infant development	43
	Conclusion	51

Part II The unfolding of the emotions

4	An organizational perspective on the emergence of emotions	55
	Emotions as constructs	56
	Ontogenesis of the emotions	57
	“Stages” in the development of affect	66
	Conclusion	75

Cambridge University Press

978-0-521-62992-8 - Emotional Development: The Organization of Emotional Life in the Early Years

L. Alan Sroufe

Table of Contents

[More information](#)

viii	<i>Contents</i>	
5	The development of joy: a prototype for the study of emotion	77
	The ontogenesis of smiling and laughter	78
	The tension modulation hypothesis	91
	Other explanations of infant smiling	96
	Conclusion: principles of development revealed by smiling research	99
6	The development of fear: further illustration of the organizational viewpoint	101
	“Stages” in the development of early fear reactions	102
	The role of meaning in infant aversive reactions	106
	Reactions to strangers	109
	Arousal modulation in aversive situations	113
	Conclusion	116
7	The interdependence of affect and cognition	117
	Coordination in the sequencing of cognitive and affective development	118
	Cognitive underpinnings of emotion and emotional development	120
	The reciprocal influence of affect on cognition	128
	Conclusion	130
8	Meaning, evaluation, and emotion	131
	Determinants of joy or fear in the face of novelty	133
	The role of evaluation	135
	Implications for the role of the caregiver–infant relationship	143
	Conclusion: a general developmental approach to individual differences in emotional development	146
 Part III Emotional development and individual adaptation		
9	The social nature of emotional development	151
	Becoming an emotional being	152
	Early experience and later emotional functioning	155
	The developmental issues framework	157
	Issues for infant and caregiver in infancy	159
	Conclusion: the unity of development	170
10	Attachment: the dyadic regulation of emotion	172
	Attachment as an organizational construct	174
	Assessing individual differences in the quality of attachment	180

Cambridge University Press

978-0-521-62992-8 - Emotional Development: The Organization of Emotional Life in the Early Years

L. Alan Sroufe

Table of Contents

[More information](#)

<i>Contents</i>	ix
Research support for attachment as an organizational construct	185
Conclusion: causality in an organizational perspective	190
11 The emergence of the autonomous self: caregiver-guided self-regulation	192
Normative development in the toddler period	195
The context of toddler emotional development	200
Individual differences in the toddler period	203
Conclusion	212
12 The growth of self-regulation	214
Normative aspects of emotional development in the preschool years	216
Individual differences in the preschool period	218
Conclusion	232
13 Summation	235
References	239
Index	259