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POCKET GUIDE FOR CUTANEOUS MEDICINE AND SURGERY

The *Pocket Guide for Cutaneous Medicine and Surgery* is written for dermatology residents and clerkship students. It contains up-to-date and easily accessible medical and surgical information.

It is a quick reference on a wide range of dermatologic diseases including concise clinical information on diagnostic features, lab findings and practical management as well as key surgical anatomy and pearls on lasers, basic science and pharmacology. Also included are notable dermatologic/dermpath mnemonics and a comprehensive quick reference of cutaneous disease and syndrome associations.

In all, this book provides a comprehensive collection of dermatology and dermatopathology signs and concise guidance on their significance, associated clinical and laboratory findings, as well as an extensive compilation of board review essentials.

EDITOR-IN-CHIEF

Joshua E. Lane, M.D., is Clinical Assistant Professor, Departments of Internal Medicine (Dermatology) and Surgery at Mercer University School of Medicine.

EDITORIAL BOARD

Jack L. Leshner, Jr., M.D., is Chief and Professor of the Division of Dermatology at the Medical College of Georgia.

Loretta S. Davis, M.D., is Professor of Dermatology at the Medical College of Georgia.

David E. Kent, M.D., is Clinical Assistant Professor of Medicine (Dermatology) at Mercer University School of Medicine.

David J. Cohen, M.D., is Chief of the Division of Dermatology at Mercer University School of Medicine.

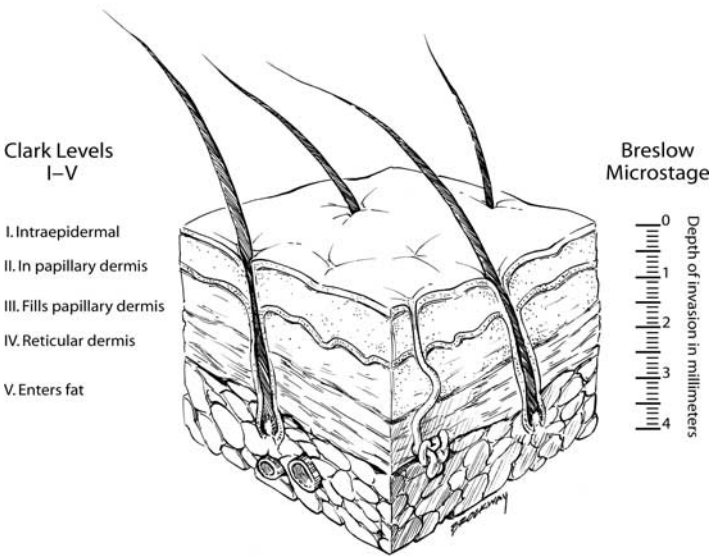
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JOSHUA E. LANE, M.D.

Clinical Assistant Professor
Departments of Internal Medicine (Dermatology) and Surgery
Mercer University School of Medicine

Clinical Instructor
Division of Dermatology
The Medical College of Georgia

EDITORIAL BOARD

JACK L. LESHER, JR., M.D.

Professor and Chief
Division of Dermatology
The Medical College of Georgia

LORETTA S. DAVIS, M.D.

Professor, Division of Dermatology
The Medical College of Georgia

DAVID E. KENT, M.D.

Mercer University School of Medicine
The Medical College of Georgia

Clinical Instructor
Division of Dermatology
The Medical College of Georgia

DAVID J. COHEN, M.D.

Clinical Assistant Professor and Chief
Department of Internal Medicine (Dermatology)
Mercer University School of Medicine



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“Choose a job that you love and you’ll never work a day in your life.” – Confucius

“If your ship doesn’t come in, swim out to it.” – Jonathan Winters

“There are three types of people: those who make things happen, those who watch things happen, and those who wonder what happened.” – Anonymous

“Whether you think you can or think you can’t, you’re right.” – Henry Ford

“Be careful about reading health books. You might die of a misprint.” – Mark Twain

“The art of medicine consists in amusing the patient while nature cures the disease.” – Voltaire

“Surround yourself with the best people you can find, delegate authority, and don’t interfere.” – President Ronald Reagan

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CONTRIBUTORS

Joshua E. Lane, M.D.

Clinical Assistant Professor
Departments of Internal Medicine (Dermatology) and Surgery
Mercer University School of Medicine
Macon, Georgia

Clinical Instructor
Division of Dermatology, Department of Medicine
The Medical College of Georgia
Augusta, Georgia

Jack L. Leshner, Jr., M.D.

Professor and Chief
Division of Dermatology, Department of Medicine
The Medical College of Georgia
Augusta, Georgia

Loretta S. Davis, M.D.

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Mercer University School of Medicine
Macon, Georgia

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Contributors

Clinical Instructor
Division of Dermatology, Department of Medicine
The Medical College of Georgia
Augusta, Georgia

David J. Cohen, M.D.

Clinical Assistant Professor and Chief of Dermatology
Department of Internal Medicine (Dermatology)
Mercer University School of Medicine
Macon, Georgia

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CLINICAL CONTRIBUTORS

I would like to dedicate this book to my wife and family for their continued encouragement and support and also to Dr. Kenneth Gresen, a compassionate mentor who showed me the beauty of medicine but left us too early.

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FOREWORD

The *Pocket Guide for Cutaneous Medicine and Surgery*, written by Joshua E. Lane, M.D., and collaborators from the Medical College of Georgia and Mercer University Schools of Medicine, is a wonderful addition to the dermatology literature. In addition to detailing all the knowledge required of a resident during that period, Dr. Lane took copious notes and gives countless pearls, factoids, and other useful information acquired during his dermatology residency. With guidance from his faculty at the Medical College of Georgia and his practice colleagues at Mercer University, he has created a compendium that should be invaluable to young dermatologists-in-training. There is also a great deal of information contained in this useful handbook that will be of value to practicing dermatologists as well as to trainees and practitioners in primary care disciplines. Dr. Lane has created a book that we had perhaps all wished that we had taken the time and made the effort to create for ourselves. I compliment Dr. Lane and his colleagues on this fine effort.

Joseph L. Jorizzo, MD

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INTRODUCTION

The *Pocket Guide for Cutaneous Medicine and Surgery* is a book that I initially wrote for myself. It is a compilation of what I needed to know as a resident, a Fellow and a young attending, but perhaps could not remember without a little assistance. That was my impetus for writing this book.

Behind every author are a host of supportive mentors who dedicated their time and efforts to his or her education. This project is no exception. The efforts of my mentors from my undergraduate, graduate and postgraduate training are all reflected within this book. Doctors Carter, Gresen, Walker, Stephens, Leshner, Davis, Kent and Cohen guided me from each turning point of life to the next.

This handbook is designed for health care providers with a knowledge base of dermatology. It is meant to guide you while you interact with patients in the clinical setting, whether reminding you which labs to check for methotrexate or which never to avoid before your next surgery. That is why I wrote it and I hope that you find it equally as useful.

Joshua E. Lane, MD