Are you a bighead?

QUESTIONNAIRES One to five

Comparatives One to five

arrogant, attractive, bighead, charming, complex, conceited, confidence, deeply, get served, perfect, positive, proportion, respected, self-esteem, sensitive

Comparatives (more intelligent, better, etc.)

Make one copy of the questionnaire for each student. Make one copy of the Score card for every two students.

LEAD-IN

Make one copy of the questionnaire for each student. Make one copy of the Score card for every two students.

Put students into groups. Tell them to make a list of adjectives that are often associated with famous people (e.g. ambitious, wealthy, determined, etc.). When students have finished, write their ideas on the board. If necessary, add the word big-headed and tell students to look up its meaning in their dictionary. Point out that bighead is the noun. Then read through the introduction to the questionnaire and make sure students understand the focus.

See the Teacher’s notes on page 13.

Put students into groups. Tell them to think of a famous person who they think is big-headed. Explain they should make a list of their reasons. When students are ready, ask each group to tell the class which famous person they chose and why. Finally, take a class vote on which famous person they think is the most big-headed.

Score card

Add up your score for Questions 1 to 10. Then read the description below that matches your score. Find out if you are a bighead.

10-25 Well, you’re certainly not a bighead! Nobody could accuse you of being arrogant or conceited. In fact, your score is so low you may have the opposite problem. You may feel everyone else is better than you!

26-36 You are not a bighead. You know you may be better at some things than other people, but you also know you’re not perfect at everything. You have a very balanced view of your abilities.

37+ Wow! You think you’re a real star. You expect to be rich, famous and successful one day. In your eyes, you are a celebrity. You probably wear sunglasses indoors. Your friends must be very patient people.
We all like to think we are special. Having a high opinion of yourself is important to your self-esteem and confidence. However, feeling too good about yourself can make you a bighead! How big-headed are you? Read this questionnaire and circle your answers. Then interview your partner.

1 = disagree strongly
2 = disagree
3 = not sure
4 = agree
5 = agree strongly

- I am more intelligent than most people.
- I am better than my friends at almost everything.
- I am more charming and more fun than anyone I know.
- My problems are more important than those of other people.
- I am more attractive than my friends.
- People often show me more respect than is normal.
- More people remember me than forget me.
- I am more sensitive than most people.
- I am more complex than many people understand.
- I am more successful than most people my age.

<table>
<thead>
<tr>
<th>Question</th>
<th>Me</th>
<th>My partner</th>
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<tbody>
<tr>
<td>1. I am more intelligent than most people.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
</tr>
<tr>
<td>2. I am better than my friends at almost everything.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>3. I am more charming and more fun than anyone I know.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>4. My problems are more important than those of other people.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>5. I am more attractive than my friends.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>6. People often show me more respect than is normal.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>7. More people remember me than forget me.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>8. I am more sensitive than most people.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>9. I am more complex than many people understand.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
</tr>
<tr>
<td>10. I am more successful than most people my age.</td>
<td>1 2 3 4 5</td>
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